

100 Meter Dash 8&Under Division Girls

Top 8 Advance by Time

Nat'l: N 14.35 7/30/2011 Kayla Davis, Quick Striders

Region Meet: # 15.51 2011 Lauren Harris, Wings of Omaha

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Ke'Ayla Madison	05	Central IA Excal	15.88	15.62q	-1.8	2
2 Jasmine Bogard	05	Apollo TC	15.54	15.68q	-1.8	2
3 Jalysa Green	05	Midwest Striders	15.78	16.33q	-1.8	2
4 Jordyn Brewer	05	Apollo TC	16.12	16.62q	-1.8	2
5 Jaliyah Riley	06	Eagles Wings	16.49	16.78q	-1.8	2
6 Mary Hupp	05	Unattached	14.97	16.82q	-1.8	2
7 Brianna Howard	05	Silver Spring Sp	17.14	16.89q	-1.1	1
8 Reese Weimerskirch	05	Minnesota Speed	16.60	16.98q	-1.8	2
9 Kensington TeKrony	05	CornhuskerFlyers	16.75	17.06	-1.1	1
10 Arriana Johnson	05	Central IA Excal	17.26	17.08	-1.1	1
11 Paris Wills	05	N Omaha Bengals	17.52	17.44	-1.1	1 17.434
12 Ashley Ptacek	05	Aberdeen Running	16.70	17.44	-1.8	2 17.435
13 Ainsley Young	05	Iowa Speed T&F	18.27	17.87	-1.1	1
14 Jozey Retzlaff	05	Team Nodak	17.60	19.15	-1.1	1
15 Elise Schneider	05	Team Nodak	19.30	19.81	-1.1	1
16 Nolyn Snyders	08	Park Flyers TC	27.11	25.52	-1.1	1

100 Meter Dash 8&Under Division Girls

Nat'l: N 14.35 7/30/2011 Kayla Davis, Quick Striders

Region Meet: # 15.51 2011 Lauren Harris, Wings of Omaha

Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Jasmine Bogard	05	Apollo TC	15.68	15.07	3.1
2 Ke'Ayla Madison	05	Central IA Excal	15.62	15.21	3.1
3 Jordyn Brewer	05	Apollo TC	16.62	15.70	3.1
4 Jalysa Green	05	Midwest Striders	16.33	15.96	3.1
5 Reese Weimerskirch	05	Minnesota Speed	16.98	16.07	3.1
6 Jaliyah Riley	06	Eagles Wings	16.78	16.24	3.1
7 Brianna Howard	05	Silver Spring Sp	16.89	17.00	3.1
8 Mary Hupp	05	Unattached	16.82	18.13	3.1

200 Meter Dash 8&Under Division Girls

Top 8 Advance by Time

Nat'l: N 29.48 7/30/2011 Dynasty McClenon, Track Houston

Region Meet: # 32.57 2012 Jessica Wynne, North Omaha Youth

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Ke'Ayla Madison	05	Central IA Excal	32.92	# 31.82q	-0.2	3
2 Jasmine Bogard	05	Apollo TC	32.22	32.61q	-0.2	3
3 Zakeirah Johnson	05	Apollo TC	33.80	33.09q	-0.2	3
4 Jordyn Brewer	05	Apollo TC	33.28	33.29q	-0.2	3
5 Jalysa Green	05	Midwest Striders	33.66	33.65q	-0.2	3
6 Mehlayna Straub	05	Southern MN Heat	34.04	33.83q	-0.2	3
7 Arriana Johnson	05	Central IA Excal	35.50	35.10q	-0.3	2
8 Kensington TeKrony	05	CornhuskerFlyers	36.31	35.18q	-0.3	2
9 Mary Hupp	05	Unattached	31.40	35.29	-0.2	3
10 Reese Weimerskirch	05	Minnesota Speed	34.84	35.32	-0.2	3
11 Jaliyah Riley	06	Eagles Wings	36.55	35.80	-0.3	2
12 Aaliyah Farmer	05	Wings of Omaha	36.41	35.94	-0.3	2
13 Brianna Howard	05	Silver Spring Sp	36.31	36.56	-0.3	2
14 Mikaiya Rodgers	06	Wings of Omaha	37.10	37.09	-0.3	2
15 Ainsley Young	05	Iowa Speed T&F	38.40	38.67	-0.3	1
16 Jaieesan James	05	Des Moines YthTC	41.81	40.79	-0.2	4

17 Onya Kretchman 06 Team Nodak 43.30 41.97 -0.3 1

200 Meter Dash 8&Under Division Girls

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Nat'l: N 29.48		7/30/2011	Dynasty McClennon, Track Houston			
Region Meet: # 32.57		2012	Jessica Wynne, North Omaha Youth			
Name	Year	Team	Prelims	Finals	Wind	
=====						
Finals						
1	Ke'Ayla	Madison	05 Central IA Excal	31.82	31.33	4.1
2	Jasmine	Bogard	05 Apollo TC	32.61	32.42	4.1
3	Jordyn	Brewer	05 Apollo TC	33.29	32.44	4.1
4	Zakeirah	Johnson	05 Apollo TC	33.09	32.59	4.1
5	Jalysa	Green	05 Midwest Striders	33.65	33.91	4.1
6	Mehlayna	Straub	05 Southern MN Heat	33.83	33.98	4.1
7	Kensington	TeKrony	05 CornhuskerFlyers	35.18	34.70	4.1
8	Arriana	Johnson	05 Central IA Excal	35.10	35.16	4.1

400 Meter Dash 8&Under Division Girls

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Nat'l: N 1:10.69		6/22/2012	Sydney Holden, LA Jets			
Region Meet: # 1:13.42		2012	Ke'Ayla Madison, Central Iowa Excaliburs			
Name	Year	Team	Seed	Finals	H#	
=====						
1	Ke'Ayla	Madison	05 Central IA Excal	1:13.42	1:13.80	2
2	Zakeirah	Johnson	05 Apollo TC	1:16.99	1:16.18	2
3	Mary	Hupp	05 Unattached	1:16.65	1:20.15	2
4	Jalysa	Green	05 Midwest Striders	1:19.26	1:20.87	2
5	Maya	Zoucha	05 Bellevue Breeze	1:25.48	1:25.92	2
6	Arriana	Johnson	05 Central IA Excal	1:28.34	1:27.01	2
7	Kiara	Baptiste	06 Jaguars N Omaha	1:28.99	1:28.05	2
8	DeKarii	Menyweather	06 N Omaha Bengals	1:26.66	1:28.78	2
9	Cohen	Kooker	05 Westside TC	1:32.09	1:38.42	1
10	Jillian	Hayes	05 Des Moines YthTC	1:43.33	1:44.29	1
--	Kailyn	Poppen	06 Aberdeen Running	1:31.80	DNS	1

800 Meter Run 8&Under Division Girls

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Nat'l: N 2:38.26		7/28/2012	Lucea Wright, 15-Los Angel			
Region Meet: # 3:04.03		2012	Arianna Jackson, Central Iowa Excaliburs			
Name	Year	Team	Seed	Finals		
=====						
1	Kiara	Baptiste	06 Jaguars N Omaha	3:19.12	3:18.90	
2	Cohen	Kooker	05 Westside TC	3:20.95	3:31.11	
3	Jaelyn	Miller	05 Unattached	3:20.40	3:32.25	
4	Jillian	Hayes	05 Des Moines YthTC	4:02.77	3:53.24	
--	Ashley	Ptacek	05 Aberdeen Running	4:03.30	DNF	
--	Addison	Reimer	05 Merton Area RC	3:52.77	SCR	

1500 Meter Run 8&Under Division Girls

=====						
Nat'l: N 5:32.33		7/29/2012	Dashana Morris, 03-Cougar TC			
Region Meet: # 6:50.13		2012	Gabbie Schroeder, Iowa Speed Track Club			
Name	Year	Team	Seed	Finals		
=====						
1	Cohen	Kooker	05 Westside TC	7:16.36	7:07.64	
2	Jaelyn	Miller	05 Unattached	7:21.43	7:42.06	

4x100 Meter Relay 8&Under Division Girls

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Nat'l: N 1:01.01		7/30/2011	Track Houston, Track Houston			
			J. Elrod, M. Hampton, D.Maxey, A. Nwokeji			
Region Meet: # 1:09.68		2011	Boys and Girls Club of Midlands, Boys & Gi			
			S. Parker, P. Williams, A. Moss, J. Wynne			
Team			Seed	Finals		
=====						
1	52-Team Nodak	'A'	1:21.30	1:18.01		
	1)	Jozey Retzlaff 05				
	2)	Onya Kretchman 06				
	3)	Alexis Lovehaug 06				
	4)	Elise Schneider 05				
2	40-40 Des Moines Area Youth TC	'A'	2:40.47	1:26.17		
	1)	Amyah Sandidge 05				
	2)	Kalayah Gully 06				

3) Naedricka Gully 05	4) Jillian Hayes 05		
-- 29-Apollo TC 'A'	1:04.24	DQ	Exchange 3-4
1) Jordyn Brewer 05	2) Zakeirah Johnson 05		
3) Trinadee Moss 05	4) Jasmine Bogard 05		
-- 29-Wings Of Omaha TC 'A'	1:11.14	DQ	Exchange 3-4
1) Hadassah Davies 06	2) Mikaiya Rodgers 06		
3) Aaliyah Farmer 05	4) Koryn Gochanour 06		

4x400 Meter Relay 8&Under Division Girls

Nat'l: N 4:58.22 7/27/2012 15-Los Angeles Jets TC, 15-Los Angel  
 E Brown, K Dixon, S Holden, L Wright  
 Region Meet: # 6:48.66 2012 North Omaha Bengals, North Omaha Bengals  
 J. Bowden, A. Bryant, J. Cross, D. Damper

Team	Seed	Finals
1 29-North Omaha Bengals TC 'A'	6:49.08	7:16.26
1) DeKarii Menyweather 06	2) Paris Wills 05	
3) Nahla Wills 06	4) Savannah Brown-Harris 07	

Long Jump 8&Under Division Girls

Nat'l: N 3.73m 7/28/2012 Azariyah Bryant, 05-Moe-Hills  
 Region Meet: # 3.26m 2012 Mackenzie Carney, All-American Track Club

Name	Year Team	Seed	Finals	Wind
1 Kensington TeKrony	05 CornhuskerFlyers	2.96m	3.57m#	-1.2
3.15m(0.5) 3.11m(+0.0) 2.86m(NWI) 3.57m(-1.2) 2.80m(-0.1) 3.20m(-1.0)				11-08.50
2 Mehlayna Straub	05 Southern MN Heat	2.75m	2.97m	+0.0
2.62m(+0.0) FOUL 2.32m(+0.0) 2.78m(-0.1) 2.73m(-0.6) 2.97m(+0.0)				9-09.00
3 Jaliyah Riley	06 Eagles Wings	2.23m	2.90m	NWI
2.28m(+0.0) 2.63m(+0.0) FOUL 2.90m(NWI) FOUL 2.25m(-0.9)				9-06.25
4 Maya Zoucha	05 Bellevue Breeze	2.55m	2.78m	0.4
2.69m(+0.0) 2.28m(+0.0) 2.78m(0.4) 2.55m(-2.1) 2.67m(0.8) 2.47m(-1.2)				9-01.50
5 Ainsley Young	05 Iowa Speed T&F	2.27m	2.66m	+0.0
2.52m(0.2) 2.35m(0.6) FOUL 2.66m(+0.0) 2.61m(-0.4) 2.44m(-1.1)				8-08.75
6 Hadassah Davies	06 Wings of Omaha	2.34m	2.65m	0.9
FOUL 2.08m(+0.0) 2.65m(0.9) 2.40m(-0.6) 2.33m(-1.6) 2.02m(+0.0)				8-08.50
7 Onya Kretchman	06 Team Nodak	2.56m	2.60m	0.3
2.22m(+0.0) 2.21m(+0.0) 2.60m(0.3) FOUL 2.14m(-1.4) 2.33m(-0.5)				8-06.50
8 Mikaiya Rodgers	06 Wings of Omaha	2.34m	2.52m	+0.0
2.45m(0.5) 2.52m(+0.0) 2.48m(0.9) 2.39m(+0.0) 2.43m(-1.5) 2.36m(-0.5)				8-03.25
9 Jaelyn Miller	05 Unattached	2.41m	2.33m	+0.0
2.33m(+0.0) 2.22m(+0.0) 2.23m(+0.0)				7-07.75
10 Addison Reimer	05 Merton Area RC	2.10m	2.31m	+0.0
2.21m(+0.0) 2.21m(0.4) 2.31m(+0.0)				7-07.00
11 Jozey Retzlaff	05 Team Nodak	2.13m	2.31m	+0.0
2.13m(+0.0) 2.31m(+0.0) 2.05m(+0.0)				7-07.00
12 Elise Schneider	05 Team Nodak	2.24m	1.58m	1.5
1.49m(+0.0) FOUL 1.58m(1.5)				5-02.25
13 Nolyn Snyders	08 Park Flyers TC	1.15m	1.18m	+0.0
1.18m(+0.0) 1.11m(+0.0) 0.83m(+0.0)				3-10.50

Shot Put 2k 8&Under Division Girls

Nat'l: N 7.34m 7/27/2012 Kimora Daniel, 06-Peak Perf  
 Region Meet: # 5.16m 2010 Dimaucia Phanfil, DM Area Youth Club

Name	Year Team	Seed	Finals
1 Ahyanna Williams	05 Jaguars N Omaha	5.29m	5.57m#
5.37m 5.37m 5.57m 4.64m 4.60m 5.01m			18-03.25
2 Mehlayna Straub	05 Southern MN Heat	4.61m	4.42m
3.61m 4.42m 3.69m 4.09m 3.91m 4.31m			14-06.00
3 Mercedes Mace	07 Bellevue Breeze	3.08m	3.23m
2.86m 3.17m 2.80m 3.23m 3.03m 2.81m			10-07.25

Javelin Throw 300g 8&Under Division Girls

Nat'l: N 18.55m 7/25/2012 Kimora Daniel, 06-Peak Perf  
 Region Meet: # 11.80m 2011 Hope Bauer, Mississippi Valley Club

Name	Year Team	Seed	Finals
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1 Mercedes Mace	07 Bellevue Breeze	8.83m	10.22m	33-06
FOUL 10.22m 8.32m 8.18m FOUL 7.54m				
2 Andrea Baker	05 Midwest Striders	6.80m	9.42m	30-11
8.10m 5.39m 9.42m 6.11m 7.59m 7.42m				
3 Addison Reimer	05 Merton Area RC	8.17m	8.94m	29-04
8.07m 8.94m 5.78m 8.28m FOUL 7.49m				
4 Nolyn Snyders	08 Park Flyers TC	4.08m	2.50m	8-02
1.52m 1.91m 1.57m 1.71m 2.50m 2.33m				

100 Meter Dash 9-10 Division Girls

Top 8 Advance by Time

Nat'l: N 12.85 7/29/1990 Angela Williams, Ontario, CA

Region Meet: # 13.83 2011 J'ianna Cager, ICAABreeze

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1 Tyian White	03 Track MN Elite	14.42	14.55q	-1.1	3
2 Jessica Wynne	04 Apollo TC	14.80	15.02q	-1.1	3
3 Ashya Davis	04 Jaguars N Omaha	15.14	15.29q	-1.1	3
4 Coryl Matheny	04 Unattached	15.43	15.31q	-1.2	2 15.301
5 Roisin Willis	04 Stevens Point AR	15.06	15.31q	-1.1	3 15.307
6 Imani Walton	03 Silver Spring Sp	15.35	15.42q	-1.1	3
7 Tamiia Fuller	03 Jaguars N Omaha	14.60	15.44q	-1.1	3
8 Sincere Valentine	03 N Omaha Bengals	15.20	15.51q	-1.1	3
9 Alahna Davis	03 Jaguars N Omaha	15.28	15.65	-1.1	3
10 Desiree Ware	04 Eagles Wings	15.58	15.68	-1.2	2
11 Jordyn Carr	04 Unattached	15.81	15.99	-1.2	2
12 Margo Chipps	03 Unattached	15.99	16.28	-1.2	2
13 Jaclyn Young	04 Unattached	16.05	16.37	-1.2	2
14 Brynn Gose	04 Unattached	15.80	16.45	-1.2	2
15 Julia Shonka	03 Des Moines YthTC	15.98	16.79	-1.2	2
16 Bria Fiebiger	03 Team Nodak	16.10	17.03	-1.2	1
17 Katelyn Harris	03 Aberdeen Running	16.60	17.04	-1.2	1
18 Alana Kabaka	03 Track MN Elite	15.66	17.10	-1.2	2
19 Jessica Boekelheide	04 Aberdeen Running	17.00	17.34	-1.2	1
20 Olivia Ryland	03 Team Nodak	16.40	17.65	-1.2	1
21 Kayla Roundtree	04 Central IA Excal	16.84	18.04	-1.2	1

100 Meter Dash 9-10 Division Girls

Nat'l: N 12.85 7/29/1990 Angela Williams, Ontario, CA

Region Meet: # 13.83 2011 J'ianna Cager, ICAABreeze

Name	Year	Team	Prelims	Finals	Wind
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Finals

1 Tyian White	03 Track MN Elite	14.55	14.25	4.0
2 Jessica Wynne	04 Apollo TC	15.02	14.59	4.0
3 Tamiia Fuller	03 Jaguars N Omaha	15.44	14.62	4.0
4 Coryl Matheny	04 Unattached	15.31	14.67	4.0
5 Ashya Davis	04 Jaguars N Omaha	15.29	14.79	4.0
6 Roisin Willis	04 Stevens Point AR	15.31	14.83	4.0
7 Imani Walton	03 Silver Spring Sp	15.42	14.86	4.0
8 Sincere Valentine	03 N Omaha Bengals	15.51	15.29	4.0

200 Meter Dash 9-10 Division Girls

Top 8 Advance by Time

Nat'l: N 26.50 7/31/2004 Robin Reynolds, Miami, FL

Region Meet: # 28.71 2011 J'ianna Cager, ICAABreeze

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1 Lauren Harris	03 Wings of Omaha	30.63	29.39q	-0.4	3
2 Roisin Willis	04 Stevens Point AR	31.06	30.23q	-0.4	3
3 Amagine Moss	03 Apollo TC	31.02	30.74q	-0.4	3
4 Briyahn Warner	03 Central IA Excal	31.83	31.24q	-0.4	3
5 Charis Lawson	03 Eagles Wings	31.15	32.05q	-0.4	3
6 Sincere Valentine	03 N Omaha Bengals	31.11	32.10q	-0.4	3
7 Tamiia Fuller	03 Jaguars N Omaha	30.96	32.36q	-0.4	3

8	Kadjia Hudson	03	Midwest Striders	31.52	32.47q	-0.4	3
9	Desiree Ware	04	Eagles Wings	33.49	32.82	-0.5	2
10	Syrea Parker	04	Apollo TC	32.79	32.94	-0.7	1
11	Julia Shonka	03	Des Moines YthTC	32.39	33.01	-0.5	2
12	Landyn Henderson	03	Unattached	33.80	33.24	-0.5	2
13	Margo Chipps	03	Unattached	33.92	34.10	-0.5	2
14	Kyra Kusnierek	04	Real T & F	34.93	34.30	-0.5	2
15	Rachel Gannnon	04	Unattached	36.60	34.53	-0.7	1
16	Bree Gose	03	Unattached	34.80	34.76	-0.5	2
17	Katelyn Harris	03	Aberdeen Running	35.10	35.24	-0.5	2
18	Kayla Roundtree	04	Central IA Excal	35.32	35.71	-0.5	2
19	Lily Andrews	03	Team Nodak	41.50	38.23	-0.7	1
20	Sydney Kamin	04	Unattached	45.30	42.85	-0.7	1

#### 200 Meter Dash 9-10 Division Girls

Nat'l: N 26.50 7/31/2004 Robin Reynolds, Miami, FL							
Region Meet: # 28.71 2011 J'ianna Cager, ICAABreeze							
Name	Year	Team	Prelims	Finals	Wind		
Finals							
1	Lauren Harris	03	Wings of Omaha	29.39	29.12	4.2	
2	Briyahn Warner	03	Central IA Excal	31.24	30.54	4.2	
3	Roisin Willis	04	Stevens Point AR	30.23	30.55	4.2	
4	Sincere Valentine	03	N Omaha Bengals	32.10	30.67	4.2	
5	Charis Lawson	03	Eagles Wings	32.05	31.01	4.2	
6	Tamia Fuller	03	Jaguars N Omaha	32.36	31.24	4.2	
7	Kadjia Hudson	03	Midwest Striders	32.47	31.52	4.2	
8	Amagine Moss	03	Apollo TC	30.74	31.68	4.2	

#### 400 Meter Dash 9-10 Division Girls

Nat'l: N 59.81 7/30/1993 Monique Henderson, San Diego, CA							
Region Meet: # 1:06.08 2003 Alyssa Warren, Hospitality House							
Name	Year	Team	Seed	Finals	H#		
1	Roisin Willis	04	Stevens Point AR	1:11.12	1:07.13	3	
2	Briyahn Warner	03	Central IA Excal	1:09.18	1:08.92	3	
3	Jessica Wynne	04	Apollo TC	1:08.51	1:09.36	3	
4	Amagine Moss	03	Apollo TC	1:10.66	1:09.53	3	
5	Coryl Matheny	04	Unattached	1:09.21	1:10.24	3	
6	Catherine Nelson	03	Unattached	1:19.02	1:12.53	2	
7	Charis Lawson	03	Eagles Wings	1:10.71	1:13.72	3	
8	Jayda Becker	03	Minnesota Speed	1:15.65	1:13.76	3	
9	Kadjia Hudson	03	Midwest Striders	1:11.20	1:14.78	3	
10	Syrea Parker	04	Apollo TC	1:16.13	1:16.88	2	
11	Arianna Jackson	04	Central IA Excal	1:15.76	1:16.91	2	
12	Jensyn Zink	03	Team Nodak	1:18.90	1:17.68	2	
13	Landyn Henderson	03	Unattached	1:15.90	1:18.93	2	
14	Kyra Kusnierek	04	Real T & F	1:19.79	1:19.91	2	
15	Shawnissa McGuire	04	N Omaha Bengals	1:22.15	1:20.76	1	
16	Rachel Gannnon	04	Unattached	1:20.50	1:21.03	2	
17	Margo Chipps	03	Unattached	1:19.56	1:21.50	2	
18	Kayla Roundtree	04	Central IA Excal	1:21.77	1:24.67	1	
19	Olivia Ryland	03	Team Nodak	1:29.20	1:27.62	1	
20	Ella Grafstrom	04	Team Nodak	1:31.10	1:30.21	1	
21	Lily Andrews	03	Team Nodak	1:30.70	1:32.82	1	
--	Anna Lien	04	Team Nodak	1:24.20	DNS	1	

#### 800 Meter Run 9-10 Division Girls

Nat'l: N 2:21.00 7/3/2010 Kennedy Simon, Gazelle Trac							
Region Meet: # 2:37.90 2001 Katie Flood, Central Iowa Excalibur							
Name	Year	Team	Seed	Finals	H#		
1	Briyahn Warner	03	Central IA Excal	2:46.14	2:41.73	2	
2	Catherine Nelson	03	Unattached	2:59.50	2:46.78	2	
3	Jayda Becker	03	Minnesota Speed	2:56.78	2:52.49	2	
4	Laurdyn Meyer	03	Cedar Rapids TC	2:51.57	2:52.53	2	
5	Melanie Jacobs	03	Unattached	4:01.10	2:53.22	1	
6	Carlie Schroeder	04	Iowa Speed T&F	2:53.89	2:54.03	2	

7	Arianna Jackson	04	Central IA Excal	2:58.49	2:54.59	2
8	Ndjakalenga Mwenentanda	03	Unattached	3:00.80	2:58.93	2
9	Aleah Miller	04	Unattached	3:01.59	3:06.53	2
10	Jensyn Zink	03	Team Nodak	3:10.40	3:09.26	1
11	Cierra Marks	03	N Omaha Bengals	3:12.43	3:18.89	1
12	Ella Grafstrom	04	Team Nodak	3:30.00	3:25.52	1
13	Elena Dexheimer	04	Team Woodbury	3:24.61	3:42.05	1
--	Jenna Baarson	03	Unattached	3:57.20	SCR	
--	Molly McBride	03	CornhuskerFlyers	3:21.43	SCR	

1500 Meter Run 9-10 Division Girls

Nat'l: N 4:50.97 7/5/2009 Daesha Rogers, Miami-Dade  
 Region Meet: # 5:17.58 2002 Katie Flood, Central Iowa Excalibur

Name	Year	Team	Seed	Finals
1	Melanie Jacobs	03 Unattached	6:47.20	5:31.84
2	Lauren McCollor	03 Unattached	5:56.08	5:40.32
3	Laurdyn Meyer	03 Cedar Rapids TC	5:51.67	5:45.98
4	Carlie Schroeder	04 Iowa Speed T&F	6:10.52	5:59.14
5	Ndjakalenga Mwenentanda	03 Unattached	6:20.90	6:02.00
6	Jensyn Zink	03 Team Nodak	6:29.60	6:07.80
7	Gabbie Schroeder	04 Iowa Speed T&F	6:31.70	6:07.87
8	Jessica Boekelheide	04 Aberdeen Running	6:46.70	6:29.30
9	Molly McBride	03 CornhuskerFlyers	6:39.77	6:48.54
10	Norah Meysenburg	04 Omaha Racers	7:09.10	7:40.57
--	Nora Nosekabel	04 All-American TC	9:00.48	DNS

4x100 Meter Relay 9-10 Division Girls

Nat'l: N 52.91 7/28/2012 04-Miramar Optimist TC, 04-Miramar O  
 J Bell, M Cadet, A Strange, B Williams  
 Region Meet: # 56.52 2005 Track MN, Track MN  
 N. Coffey, E. Anderson, S. Saulsbury, R. Michael

Team	Seed	Finals
1 29-Apollo TC 'A'	1:01.22	1:01.42
1) Lataia Stubblefield 04		
2) Amagine Moss 03		
3) Syrea Parker 04		
4) Jessica Wynne 04		
2 52-Team Nodak 'A'	1:07.30	1:07.95
1) Olivia Ryland 03		
2) Anna Lien 04		
3) Lily Andrews 03		
4) Bria Fiebiger 03		
-- 30-Eagles Wings 'A'	1:09.97	DQ Exchange 3-4
1) Lillianna Senaphanh 04		
2) Zaria Smith 04		
3) Nayeli Williams 04		
4) Charis Lawson 03		

4x400 Meter Relay 9-10 Division Girls

Nat'l: N 4:19.00 7/29/1993 Fast Action TC, Los Angeles, CA  
 Angel Perkins, LaShinda Demus, Quiana Powell, Niss  
 Region Meet: # 4:59.09 2004 Boys & Girls Jaguars, Boys & Girls Jaguars  
 N. Brewer, J. Gregory, D. Turnbo, T. Wright

Team	Seed	Finals
1 29-North Omaha Bengals TC 'A'	5:48.94	5:31.83
1) Sincere Valentine 03		
2) Shawnissa McGuire 04		
3) Aiyani Miller 04		
4) Amya Bryant 04		

High Jump 9-10 Division Girls

Nat'l: N 1.50m 7/25/2012 Victoria Plummer, Unattached  
 Region Meet: # 1.26m 2010 Kennedy Berrekman, Cozad Youth

Name	Year	Team	Seed	Finals
1	Lauren Harris	03 Wings of Omaha	1.20m	1.10m 3-07.25
	1.10 1.15			
	O XXX			
2	Julia Smart	03 Pella Atletieks	0.95m	1.05m 3-05.25
	0.90 0.95 1.00 1.05 1.10			
	O O O O XXX			
3	Elise Bruggeman	04 CornhuskerFlyers	0.90m	0.95m 3-01.25

0.90 0.95 1.00  
 XO O XXX  
 -- Emma Anibal 04 Omaha Racers 0.90m DNS

Long Jump 9-10 Division Girls

=====							
Nat'l: N 4.78m		6/30/2005		Ramona Carryl, Knoxville, TN			
Region Meet: # 4.22m		2007		Tiani Reeves, Gothenburg, NE			
Name	Year	Team	Seed	Finals	Wind		
=====							
1 Jordyn Carr	04	Unattached	3.61m	3.77m	NWI	12-04.50	
3.69m(NWI) 3.67m(NWI) 3.76m(NWI) 3.77m(NWI) 3.66m(NWI) 3.76m(NWI)							
2 Coryl Matheny	04	Unattached	3.70m	3.77m	NWI	12-04.50	
3.58m(NWI) 3.69m(NWI) 3.54m(NWI) 3.65m(NWI) 3.75m(NWI) 3.77m(NWI)							
3 Alahna Davis	03	Jaguars N Omaha	3.44m	3.63m	NWI	11-11.00	
3.63m(NWI) 3.60m(NWI) 3.58m(NWI) 3.53m(NWI) 3.20m(NWI) 3.06m(NWI)							
4 Julia Shonka	03	Des Moines YthTC	3.55m	3.61m	NWI	11-10.25	
3.36m(NWI) 3.61m(NWI) 3.56m(NWI) 3.60m(NWI) 3.37m(NWI) 3.32m(NWI)							
5 Carlie Schroeder	04	Iowa Speed T&F	3.54m	3.46m	NWI	11-04.25	
3.16m(NWI) FOUL 3.40m(NWI) 3.46m(NWI) 3.38m(NWI) FOUL							
6 Rachel Gannnon	04	Unattached	3.53m	3.45m	NWI	11-04.00	
3.45m(NWI) 3.26m(NWI) 3.20m(NWI) 3.31m(NWI) 3.25m(NWI) 3.45m(NWI)							
7 Julia Smart	03	Pella Atletieks	3.29m	3.39m	NWI	11-01.50	
3.27m(NWI) 3.35m(NWI) 3.02m(NWI) 3.39m(NWI) FOUL 3.28m(NWI)							
8 Jayda Becker	03	Minnesota Speed	3.34m	3.34m	NWI	10-11.50	
3.34m(NWI) 3.07m(NWI) 2.98m(NWI) FOUL 3.26m(NWI) 3.34m(NWI)							
9 Jaclyn Young	04	Unattached	3.07m	3.33m	NWI	10-11.25	
3.29m(NWI) 3.22m(NWI) 3.33m(NWI)							
10 Tamia Fuller	03	Jaguars N Omaha	3.42m	3.27m	NWI	10-08.75	
3.15m(NWI) 3.11m(NWI) 3.27m(NWI)							
11 Bria Fiebiger	03	Team Nodak	3.16m	3.15m	NWI	10-04.00	
3.06m(NWI) 3.08m(NWI) 3.15m(NWI)							
12 Ella Grafstrom	04	Team Nodak	2.56m	3.04m	NWI	9-11.75	
FOUL 3.04m(NWI) 3.02m(NWI)							
13 Aleah Miller	04	Unattached	3.02m	3.02m	NWI	9-11.00	
FOUL 2.90m(NWI) 3.02m(NWI)							
14 Gabbie Schroeder	04	Iowa Speed T&F	3.15m	2.98m	NWI	9-09.50	
2.89m(NWI) 2.72m(NWI) 2.98m(NWI)							
15 Isabelle Woody	04	Iowa Speed T&F	3.00m	2.91m	NWI	9-06.75	
2.72m(NWI) 2.91m(NWI) 2.74m(NWI)							
16 Landyn Henderson	03	Unattached	3.00m	2.85m	NWI	9-04.25	
2.85m(NWI) FOUL 2.52m(NWI)							
17 Anna Lien	04	Team Nodak	3.12m	2.82m	NWI	9-03.00	
FOUL 2.82m(NWI) 2.78m(NWI)							
18 Brynn Gose	04	Unattached	3.13m	2.80m	NWI	9-02.25	
2.69m(NWI) 2.80m(NWI) FOUL							
19 Kyra Kusnierek	04	Real T & F	2.96m	2.78m	NWI	9-01.50	
FOUL 2.78m(NWI) 2.74m(NWI)							
20 Kadja Hudson	03	Midwest Striders	3.22m	2.58m	NWI	8-05.75	
FOUL 2.58m(NWI) FOUL							
-- Ashya Davis	04	Jaguars N Omaha	3.65m	FOUL			
FOUL FOUL PASS							

Shot Put 6 lb. 9-10 Division Girls

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Nat'l: N 10.46m		7/28/1995		Amber Curtis, Monroe, WI			
Region Meet: # 9.15m		2007		Kate Birchmier, Bloomfield, IA			
Name	Year	Team	Seed	Finals			
=====							
1 Lauren Harris	03	Wings of Omaha	6.47m	6.97m	22-10.50		
6.40m 6.35m 6.39m 6.74m 6.54m 6.97m							
2 Bree Gose	03	Unattached	6.33m	6.90m	22-07.75		
FOUL 6.76m 6.85m 5.55m 6.85m 6.90m							
3 Arianna Jackson	04	Central IA Excal	5.53m	5.21m	17-01.25		
FOUL 4.50m 5.21m 4.89m 4.57m 4.54m							
4 Julia Smart	03	Pella Atletieks	4.18m	4.79m	15-08.75		
4.79m 3.93m 3.94m 4.12m 4.22m 4.43m							
5 Zaria Smith	04	Eagles Wings	4.07m	4.24m	13-11.00		
4.24m 4.19m 3.85m 3.95m 3.42m 3.87m							
6 Adrianna Roundtree	03	Central IA Excal	1.99m	2.37m	7-09.50		
2.22m 2.07m 2.20m 2.29m 2.14m 2.37m							

Javelin Throw 300g 9-10 Division Girls

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Nat'l: N 37.15m 7/29/2007 Mystasia Alexander, 16 33 LA Jets Gi
Region Meet: # 24.33m 2006 Samantha Waldron, Cornhusker Flyers
Name Year Team Seed Finals
=====
1 Margaret Gorman 04 Cedar Rapids TC 16.21m 16.71m 54-10
  15.15m 16.71m 12.43m 15.57m 12.33m 16.31m
2 Traeh Haynes 03 Jaguars N Omaha 15.64m 15.17m 49-09
  11.39m 9.59m 15.17m 15.08m 11.48m 14.58m
3 Gabbie Schroeder 04 Iowa Speed T&F 12.03m 14.69m 48-02
  12.04m 10.01m 12.67m 14.69m 13.82m 14.56m
4 Isabelle Woody 04 Iowa Speed T&F 9.18m 11.50m 37-09
  8.91m 7.64m 11.50m 9.62m 8.71m 8.16m
5 Zaria Smith 04 Eagles Wings 8.51m 11.15m 36-07
  10.04m 11.15m 7.75m 10.35m 10.33m 7.30m
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Triathlon: #3 200 Meter Dash 9-10 Division Girls Triathlon

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=====
Name Year Team Finals Wind Points
=====
1 Lauren Harris 03 Wings of Omaha 31.17 -1.4 403
2 Kadjia Hudson 03 Midwest Striders 32.71 -1.4 310
3 Arianna Jackson 04 Central IA Excal 33.46 -1.4 268
4 Elise Bruggeman 04 CornhuskerFlyers 37.81 -1.4 81
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Triathlon: #2 High Jump 9-10 Division Girls Triathlon

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=====
Name Year Team Finals Points
=====
1 Lauren Harris 03 Wings of Omaha 1.20m 3-11.25 312
  1.10 1.15 1.20 1.25
  O XO XO XXX
2 Arianna Jackson 04 Central IA Excal 1.00m 3-03.25 141
  0.95 1.00 1.05
  O XO XXX
3 Elise Bruggeman 04 CornhuskerFlyers 0.90m 2-11.50 71
  0.85 0.90 0.95
  XO XO XXX
4 Kadjia Hudson 03 Midwest Striders 0.85m 2-09.50 41
  0.85 0.90
  O XXX
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Triathlon: #1 Shot Put 9-10 Division Girls Triathlon

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=====
Name Year Team Finals Points
=====
1 Lauren Harris 03 Wings of Omaha 6.35m 20-10.00 294
  6.22m 6.04m 6.35m
2 Arianna Jackson 04 Central IA Excal 5.43m 17-09.75 235
  4.64m 5.21m 5.43m
3 Elise Bruggeman 04 CornhuskerFlyers 4.05m 13-03.50 149
  3.24m 3.32m 4.05m
4 Kadjia Hudson 03 Midwest Striders 3.69m 12-01.25 127
  3.69m 3.62m 3.57m
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Triathlon 9-10 Division Girls

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Nat'l: N 1460 7/23/2008 Victoria Powell, Jaguar TC, NJ
Region Meet: # 959 2001 Christine Jezusko, Flying Pigs
              932 JO'S
Name Year Team Seed Finals
=====
1 Lauren Harris 03 Wings of Omaha 1010 1009.00#JO'S
2 Arianna Jackson 04 Central IA Excal 610 644.00
3 Kadjia Hudson 03 Midwest Striders 508 478.00
4 Elise Bruggeman 04 CornhuskerFlyers 312 301.00
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1500 Meter Race Walk 9-10 Division Girls

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Nat'l: N 7:30.80 7/18/1993 Elizabeth Paxton, Cypress, CA  
 Region Meet: # 9:35.17 2005 Shann Welch, Track Iowa

Name	Year Team	Seed	Finals
1 Molly McBride	03 CornhuskerFlyers	11:48.40	11:11.14

100 Meter Dash 11-12 Division Girls

Top 8 Advance by Time

Nat'l: N 12.10 7/31/1992 Angela Williams, Ontario, Ca  
 Region Meet: # 12.86 2011 Aries Phillips, Omaha United

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Faith Robinson	01 Unattached	13.13	13.44q	0.4	2
2 Nickiya Mitchelle	01 Omaha United TC	13.60	13.86q	0.4	2
3 Taynian Walgrave	01 Minnesota Speed	13.85	13.96q	0.4	2
4 Iyana Parker-Hollie	01 Apollo TC	13.69	14.07q	0.4	2
5 Sumayyah Muhammad	01 Jaguars N Omaha	13.76	14.11q	0.4	2
6 Perriasia Jackson	01 Apollo TC	13.86	14.11q	0.4	2
7 Arianna Passeri	01 Real T & F	14.02	14.18q	-1.0	1
8 Jada Morris	01 Central IA Excal	14.43	14.34q	-1.0	1
9 Linda Senaphanh	01 Eagles Wings	13.93	14.35	0.4	2
10 Hannah Dschaak	02 Team Nodak	14.20	14.44	-1.0	1
11 Simone Regnier	01 CornhuskerFlyers	13.86	14.45	0.4	2
12 Cyerra Caldwell	01 Silver Spring Sp	14.65	14.51	-1.0	1
13 Dajah Baptiste	02 Central IA Excal	14.62	14.64	-1.0	1
14 Karley Motschenbacher	02 Team Nodak	14.70	14.81	-1.0	1
15 Jaycee Gundert	02 Unattached	14.95	15.28	-1.0	1
16 Merritt Beil	02 Team Nodak	14.80	15.35	-1.0	1

100 Meter Dash 11-12 Division Girls

Nat'l: N 12.10 7/31/1992 Angela Williams, Ontario, Ca  
 Region Meet: # 12.86 2011 Aries Phillips, Omaha United

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Faith Robinson	01 Unattached	13.44	12.98	3.3
2 Iyana Parker-Hollie	01 Apollo TC	14.07	13.53	3.3
3 Nickiya Mitchelle	01 Omaha United TC	13.86	13.64	3.3
4 Sumayyah Muhammad	01 Jaguars N Omaha	14.11	13.73	3.3
5 Taynian Walgrave	01 Minnesota Speed	13.96	13.78	3.3
6 Perriasia Jackson	01 Apollo TC	14.11	13.79	3.3
7 Arianna Passeri	01 Real T & F	14.18	13.88	3.3
8 Jada Morris	01 Central IA Excal	14.34	14.29	3.3

200 Meter Dash 11-12 Division Girls

Top 8 Advance by Time

Nat'l: N 24.47 8/1/1992 Angela Williams, Ontario, CA  
 Region Meet: # 26.14 2007 Tiersa Harrington, Silver Springs Spartans

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Brooke Jaworski	01 Unattached	26.54	27.43q	-1.5	2
2 Faith Robinson	01 Unattached	27.45	28.23q	-1.5	2
3 Sumayyah Muhammad	01 Jaguars N Omaha	30.76	29.26q	-0.8	1
4 Nickiya Mitchelle	01 Omaha United TC	29.15	29.38q	-1.5	2
5 Shamari Christian	02 Apollo TC	29.41	29.77q	-1.5	2
6 Hannah Dschaak	02 Team Nodak	31.40	29.80q	-0.8	1
7 Linda Senaphanh	01 Eagles Wings	29.95	29.88q	-1.5	2
8 Dajah Baptiste	02 Central IA Excal	30.98	30.04q	-0.8	1
9 Mara Gillem	02 Park Flyers TC	30.92	30.36	-0.8	1
10 Kaia Schneider	01 Team Nodak	32.70	30.68	-0.8	1
11 Cyerra Caldwell	01 Silver Spring Sp	30.31	30.98	-1.5	2
12 Simone Regnier	01 CornhuskerFlyers	29.14	31.01	-1.5	2
13 Lezlie Hauck	01 Unattached	35.20	32.49	-0.8	1
14 Tya Weideman	02 Aberdeen Running	37.50	34.91	-0.8	1
-- Robbie Grace	01 Eagles Wings	29.33	DNS	-1.5	2

## 200 Meter Dash 11-12 Division Girls

Nat'l: N 24.47 8/1/1992 Angela Williams, Ontario, CA					
Region Meet: # 26.14 2007 Tiersa Harrington, Silver Springs Spartans					
Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Brooke Jaworski	01	Unattached	27.43	26.71	2.8
2 Faith Robinson	01	Unattached	28.23	27.47	2.8
3 Shamari Christian	02	Apollo TC	29.77	28.67	2.8
4 Linda Senaphanh	01	Eagles Wings	29.88	29.02	2.8
5 Nickiya Mitchelle	01	Omaha United TC	29.38	29.04	2.8
6 Hannah Dschaak	02	Team Nodak	29.80	29.14	2.8
7 Dajah Baptiste	02	Central IA Excal	30.04	29.20	2.8
8 Sumayyah Muhammad	01	Jaguars N Omaha	29.26	31.12	2.8

## 400 Meter Dash 11-12 Division Girls

Nat'l: N 54.73 7/2/2006 Robin Reynolds, Miami Northwest					
Region Meet: # 1:00.42 2009 Tianna Reeves, Gothenburg, NE					
Name	Year	Team	Seed	Finals	H#
1 Brooke Jaworski	01	Unattached	58.73	1:02.05	3
2 Tessa Laska	01	Team Woodbury	1:05.71	1:06.53	3
3 Mia Bonam	01	Apollo TC	1:07.46	1:09.79	3
4 Jada Morris	01	Central IA Excal	1:08.15	1:10.57	3
5 Desyree' McGhee	02	Omaha United TC	1:09.65	1:10.92	3
6 Adrian Vavala	02	Lincoln Youth TC	1:10.97	1:11.79	2
7 Tiara Thames	02	Silver Spring Sp	1:12.73	1:12.57	2
8 Jenna Bergantine	02	Team Nodak	1:15.10	1:14.00	2
9 Sydney Aber	01	Unattached	1:12.21	1:14.42	2
10 Alona Griffin	02	Apollo TC	1:11.42	1:15.11	2
11 Nickiya Mitchelle	01	Omaha United TC	1:08.69	1:15.79	3
12 McKenna Lovehaug	02	Team Nodak	1:16.70	1:16.39	2
13 Olivia Passeri	02	Real T & F	1:14.54	1:17.25	2
14 Lezlie Hauck	01	Unattached	1:19.50	1:19.06	1
15 Samantha Schreiner	02	Team Nodak	1:23.80	1:21.87	1
16 Tya Weideman	02	Aberdeen Running	1:19.50	1:25.54	1
-- Mara Gillem	02	Park Flyers TC	1:10.86	DNS	2
-- Riawna Hunter	01	Des Moines YthTC	1:04.71	DNS	3
-- Robbie Grace	01	Eagles Wings	1:08.01	DNS	3

## 800 Meter Run 11-12 Division Girls

Nat'l: N 2:13.12 7/26/2008 Raevyn Rogers, 25 Wings					
Region Meet: # 2:27.81 2003 Katie Flood, Central Iowa Excalibur					
Name	Year	Team	Seed	Finals	H#
1 Emily Covert	01	Eagles Wings	2:29.09	2:30.41	2
2 Aaliyah Battle	01	Des Moines YthTC	2:30.60	2:31.15	2
3 Tessa Laska	01	Team Woodbury	2:27.39	2:31.22	2
4 Grace Robinson	02	Unattached	2:49.90	2:44.43	2
5 Elizabeth Rupprecht	01	CornhuskerFlyers	2:40.18	2:45.04	2
6 Desyree' McGhee	02	Omaha United TC	2:48.33	2:45.77	2
7 Abby Volkmer	01	Lincoln Youth TC	2:49.40	2:46.38	2
8 Adrian Vavala	02	Lincoln Youth TC	2:44.22	2:50.24	2
9 Johanna Maska	02	Unattached	2:51.47	2:51.73	1
10 Mia Lee	02	Park Flyers TC	2:55.82	2:52.57	1
11 Bethany Miller	01	Unattached	2:53.03	2:52.96	1
12 Rachel Jaworski	02	Unattached	2:58.74	2:54.79	1
13 Calla Dexheimer	01	Team Woodbury	2:50.74	2:55.46	1
14 McKenna Lovehaug	02	Team Nodak	3:09.90	2:57.30	1
15 Abigail McConeghey	02	Colfax Mingo TC	2:49.12	2:58.05	2
16 Julia Tschosik	02	Team Nodak	3:08.40	3:00.35	1
17 Sydney Aber	01	Unattached	2:53.67	3:07.19	1
18 Marlina Mraz	02	Madison Essharks	3:15.66	3:19.56	1
-- Abby McGuire	01	Park Flyers TC	2:52.88	SCR	

## 1500 Meter Run 11-12 Division Girls

Nat'l: N 4:41.62 7/31/2005 Claudia Francis, Team Evolution

Region Meet: # 5:03.29 2003 Katie Flood, Central Iowa Excalibur

Name	Year	Team	Seed	Finals
1 Emily Covert	01	Eagles Wings	5:05.96	5:17.82
2 Tessa Laska	01	Team Woodbury	5:14.98	5:22.04
3 Mallory Stach	01	Minnesota Speed	5:36.54	5:33.50
4 Abby Volkmer	01	Lincoln Youth TC	5:34.68	5:33.94
5 Reagan Gorman	01	Cedar Rapids TC	5:33.57	5:33.95
6 Adrian Vavala	02	Lincoln Youth TC	5:44.09	5:49.91
7 Calla Dexheimer	01	Team Woodbury	5:54.51	5:53.45
8 Reilly Johnson	01	Real T & F	5:49.20	5:55.79
9 Abigail McConeghey	02	Colfax Mingo TC	5:34.83	6:09.68
10 Julia Tschosik	02	Team Nodak	8:16.30	7:14.19

3000 Meter Run 11-12 Division Girls

Nat'l: N 10:03.54 7/29/1988 Heather Burroughs

Region Meet: # 11:00.45 2009 Bailey Wolf, Distance Demons

Name	Year	Team	Seed	Finals
1 Emily Covert	01	Eagles Wings	10:59.24	10:53.99#
2 Reagan Gorman	01	Cedar Rapids TC	11:46.27	12:06.91
3 Abby Volkmer	01	Lincoln Youth TC	11:51.47	12:11.66
4 Calla Dexheimer	01	Team Woodbury	12:24.46	12:48.67
5 Kyla Keyes	01	Unattached	13:54.70	13:44.13
6 Rebekah Burkhalter	01	Unattached	14:42.50	14:03.35

80 Meter Hurdles 11-12 Division Girls

Top 8 Advance by Time

Nat'l: N 11.85 7/21/2002 Jasmine Isley, Charlotte, NC

Region Meet: # 13.42 2010 Ajae Anderson, Des Moines Area Youth

Name	Year	Team	Seed	Prelims	Wind	H#
------	------	------	------	---------	------	----

Preliminaries

1 Taynian Walgrave	01	Minnesota Speed	13.46	13.49q	-2.4	3
2 Jada Morris	01	Central IA Excal	13.78	14.23q	-2.4	3
3 Claire Strong	01	Lincoln Youth TC	15.03	15.26q	-2.4	3
4 Karley Motschenbacher	02	Team Nodak	15.60	15.78q	-2.4	3
5 Gabrielle Bodin	01	Falcon Track	15.61	15.85q	-2.4	3
6 Tea' Turner	01	Park Flyers TC	17.56	15.94q	-2.1	2
7 Arianna Passeri	01	Real T & F	15.63	16.02q	-2.4	3
8 Gabrielle Straub	01	Southern MN Heat	15.93	16.13q	-2.4	3
9 Alexis Custer	01	CornhuskerFlyers	16.62	16.35	-2.4	3
10 Jaycee Gundert	02	Unattached	17.05	16.42	-2.1	2
11 Kimesha Star	01	Des Moines YthTC	17.62	16.47	-2.1	2
12 Gabrielle Bullard	01	Iowa Speed T&F	16.95	16.96	-2.1	2
13 Reilly Johnson	01	Real T & F	17.08	16.97	-2.1	2
14 Dae' Vonna Strickland	01	Des Moines YthTC	17.31	17.54	-2.1	2
15 Lezlie Hauck	01	Unattached	18.20	17.56	-3.6	1
16 Grace Reimer	01	Merton Area RC	18.82	18.95	-3.6	1
17 Nicasia Thelen	01	Lincoln Youth TC	19.60	19.42	-3.6	1

80 Meter Hurdles 11-12 Division Girls

Nat'l: N 11.85 7/21/2002 Jasmine Isley, Charlotte, NC

Region Meet: # 13.42 2010 Ajae Anderson, Des Moines Area Youth

Name	Year	Team	Prelims	Finals	Wind
------	------	------	---------	--------	------

Finals

1 Taynian Walgrave	01	Minnesota Speed	13.49	13.18	2.4
2 Jada Morris	01	Central IA Excal	14.23	13.79	2.4
3 Claire Strong	01	Lincoln Youth TC	15.26	14.61	2.4
4 Gabrielle Bodin	01	Falcon Track	15.85	14.81	2.4
5 Tea' Turner	01	Park Flyers TC	15.94	15.20	2.4
6 Arianna Passeri	01	Real T & F	16.02	15.25	2.4
7 Karley Motschenbacher	02	Team Nodak	15.78	15.62	2.4
8 Gabrielle Straub	01	Southern MN Heat	16.13	15.74	2.4

4x100 Meter Relay 11-12 Division Girls

Nat'l: N 49.17 7/28/1996 Texas Heat, Fort Worth, TX  
 Chauntae Bayne, Genece Glover, Donette Chambers  
 Region Meet: # 52.37 2007 Silver Springs Spartans, Silver Springs Spar  
 S. Ford, T. Harrington, M. Connor, B. Davis

Team	Seed	Finals
1 29-Apollo TC 'A'	54.32	54.16
1) Iyana Parker-Hollie 01		
2) Mia Bonam 01		
3) Shamari Christian 02		
4) Perriasia Jackson 01		
2 52-Team Nodak 'A'	1:00.10	58.51
1) Karley Motschenbacher 02		
2) Kaia Schneider 01		
3) Jenna Bergantine 02		
4) Merritt Beil 02		
3 30-Park Flyers Track Field Clu 'A'	59.53	1:00.00
1) Madison McIntosh 01		
2) Tea' Turner 01		
3) Mia Lee 02		
4) Calista Johnson-Snyders 02		
4 40-40 Des Moines Area Youth TC 'A'	1:01.46	1:03.51
1) Pattanasia Wilson 02		
2) Dae' Vonna Strickland 01		
3) Kimesha Star 01		
4) Aaliyah Battle 01		

4x400 Meter Relay 11-12 Division Girls

Nat'l: N 3:56.63 5/30/2010 Quiet Fire, Quiet Fire TC  
 L Williams, J Paul, K Richardson, K Richardson  
 Region Meet: # 4:24.35 2007 Boys and Girls Club Jaguars, Boys and Girl  
 J. Ross, D. Turnbo, A. Smith, N. Donovan

Team	Seed	Finals
1 40-40 Des Moines Area Youth TC 'A'	5:43.68	4:58.69
1) Pattanasia Wilson 02		
2) Kimesha Star 01		
3) Dae' Vonna Strickland 01		
4) Aaliyah Battle 01		
2 52-Team Nodak 'A'	6:05.80	5:42.75
1) Julia Tschosik 02		
2) Samantha Schreiner 02		
3) Greta Larson 01		
4) McKenna Lovehaug 02		

High Jump 11-12 Division Girls

Nat'l: N 1.69m 7/24/2008 Stacey Destin, Unattached  
 Region Meet: # 1.47m 2010 Kathleen Medill, Lincoln Jets

Name	Year Team	Seed	Finals
1 Elizabeth Rupprecht	01 CornhuskerFlyers	1.35m	1.45m 4-09.00
1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50			
O O O XO O O XO XXX			
2 Bethany Miller	01 Unattached	1.35m	1.25m 4-01.25
1.10 1.15 1.20 1.25 1.30			
O O O XO XXX			
3 Elena Windels	02 Real T & F	1.20m	1.25m 4-01.25
1.10 1.15 1.20 1.25 1.30			
XO O XO XO XXX			
4 Jennifer Krey	01 Falcon Track	1.25m	1.25m 4-01.25
1.10 1.15 1.20 1.25 1.30			
O O O XXO XXX			
5 Grace Robinson	02 Unattached	1.15m	1.25m 4-01.25
1.10 1.15 1.20 1.25 1.30			
XO O O XXO XXX			
6 Hope Buescher	01 Lincoln Youth TC	1.30m	1.20m 3-11.25
1.10 1.15 1.20 1.25			
O O O XXX			
7 Gabrielle Bodin	01 Falcon Track	1.30m	1.20m 3-11.25
1.10 1.15 1.20 1.25			
O O XO XXX			
8 Grace Reimer	01 Merton Area RC	1.15m	1.15m 3-09.25
1.10 1.15 1.20			
O XO XXX			
9 Marlena Mraz	02 Madison Essharks	1.15m	1.10m 3-07.25
1.10 1.15			
O XXX			
9 Lucy Murrell	02 CornhuskerFlyers	1.05m	1.10m 3-07.25
1.10 1.15			
O XXX			
-- Jenna Gleason	02 Minnesota Speed	0.95m	NH

1.10  
XXX

Long Jump 11-12 Division Girls

Nat'l: N 5.58m 6/20/1998 Gayle Hunter, Lake Charles, LA							
Region Meet: # 4.71m 2001 Kersten Thorgaard, Ames Impact							
Name	Year	Team	Seed	Finals	Wind		
1 Faith Robinson	01	Unattached	4.51m	4.54m	0.8	14-10.75	
4.45m(1.1) 4.54m(0.8) 4.49m(0.9) 4.09m(2.2) 3.98m(+0.0) 4.26m(0.8)							
2 Arianna Passeri	01	Real T & F	3.88m	4.27m	1.4	14-00.25	
FOUL 4.27m(1.4) 4.17m(0.9) 3.87m(1.5) 4.00m(1.5) 3.51m(2.1)							
3 Cayla Williby	01	Licolen Jets	3.98m	4.19m	1.0	13-09.00	
4.19m(1.0) 4.01m(0.6) FOUL 4.19m(1.0) 4.01m(0.6) FOUL							
4 Simone Regnier	01	CornhuskerFlyers	4.11m	4.13m	0.9	13-06.75	
4.08m(1.0) 4.13m(0.9) FOUL 3.80m(1.7) 3.94m(1.8) 4.11m(1.4)							
5 Merritt Beil	02	Team Nodak	3.99m	4.04m	1.5	13-03.25	
4.01m(1.2) 3.92m(0.7) 4.04m(1.5) 3.86m(2.0) 4.00m(2.4) 3.93m(2.5)							
6 Gabrielle Bodin	01	Falcon Track	3.92m	4.02m	1.8	13-02.25	
3.99m(1.3) 3.77m(0.9) 3.87m(1.1) 3.98m(1.6) 3.89m(+0.0) 4.02m(1.8)							
7 Hannah Dschaak	02	Team Nodak	3.59m	4.01m	+0.0	13-02.00	
FOUL 3.99m(+0.0) 4.01m(+0.0) 4.01m(2.0) 3.66m(1.3) FOUL							
8 Ahmonny Tooley	01	Omaha United TC	3.70m	3.98m	1.0	13-00.75	
3.98m(1.0) 3.95m(0.3) 3.98m(+0.0) FOUL FOUL 3.94m(0.3)							
9 Tea' Turner	01	Park Flyers TC	3.72m	3.97m	0.1	13-00.25	
3.97m(0.1) 3.54m(+0.0) FOUL							
10 Gabrielle Straub	01	Southern MN Heat	3.66m	3.96m	+0.0	13-00.00	
3.96m(+0.0) 3.95m(0.5) 3.89m(+0.0)							
11 Morgan McCarthy	01	Omaha Racers	3.67m	3.87m	0.4	12-08.50	
3.87m(0.4) 3.56m(0.3) 3.61m(+0.0)							
12 Julia RedWing	02	Track MN Elite	3.78m	3.67m	+0.0	12-00.50	
3.67m(+0.0) 3.36m(0.2) 3.20m(+0.0)							
13 Grace Robinson	02	Unattached	3.68m	3.49m	+0.0	11-05.50	
3.29m(1.2) 3.28m(0.5) 3.49m(+0.0)							
-- Kaia Schneider	01	Team Nodak	3.83m	DNS	NWI		
-- Claire Strong	01	Lincoln Youth TC	3.91m	DNS	NWI		

Shot Put 6 lb. 11-12 Division Girls

Nat'l: N 13.90m 7/11/1987 Johanna Gambill, Vancouver, WA							
Region Meet: # 12.81m 2008 Kennedy Blahnik, Algoma, WI							
Name	Year	Team	Seed	Finals			
1 ShyAnne Davis	01	Central IA Excal	10.17m	9.74m	31-11.50		
9.61m 9.74m 9.69m 9.56m 9.67m FOUL							
2 Natalie Phebus	01	Unattached	6.32m	8.69m	28-06.25		
7.96m 8.12m 8.15m 8.49m 8.69m 7.86m							
3 Carly Moore	01	Lighting TC	8.16m	8.62m	28-03.50		
8.19m 8.21m 7.88m 8.35m 8.62m 8.53m							
4 Claire Strong	01	Lincoln Youth TC	8.26m	8.45m	27-08.75		
7.44m 8.45m 8.08m 8.00m 8.14m 8.28m							
5 Lexi Vertin	01	HastingsSaintsTC	8.90m	8.36m	27-05.25		
7.37m 7.87m 7.78m 8.19m 8.36m 8.22m							
6 Martha Cheatem	02	Des Moines YthTC	6.87m	8.33m	27-04.00		
7.55m 7.91m 7.82m 7.58m 8.33m 8.02m							
7 Julia RedWing	02	Track MN Elite	6.89m	7.47m	24-06.25		
6.52m 7.18m 7.26m 7.13m 7.47m 6.96m							
8 Sydney Aber	01	Unattached	7.01m	6.84m	22-05.25		
6.73m 6.47m 6.58m 6.77m 6.64m 6.84m							
9 Angel Lewis	01	Des Moines YthTC	5.72m	6.06m	19-10.75		
6.06m 5.52m 5.36m							
10 Jenna Bergantine	02	Team Nodak	5.63m	5.65m	18-06.50		
5.65m FOUL 4.99m							
11 Elena Windels	02	Real T & F	5.15m	5.45m	17-10.75		
FOUL FOUL 5.45m							
12 Jerrika Sandidge	02	Des Moines YthTC	5.72m	5.08m	16-08.00		
5.06m 4.86m 5.08m							
13 Erika Birkett	02	Johnston TC	4.21m	4.09m	13-05.00		
4.09m 4.00m 3.94m							
-- Anna Rodriguez	02	HastingsSaintsTC	6.45m	DNS			

-- Makenzie Mace	01 Bellevue Breeze	6.82m	DNS
-- Sevayah Johnson	01 S MadisonPanther	5.96m	DNS
-- Madison Reed	01 Track MN Elite	7.99m	DNS

Discus Throw 1kg 11-12 Division Girls

Nat'l: N 37.46m 7/24/1997 Amber Curtis, Monroe, WI						
Region Meet: # 32.31m 2008 Kennedy Blahnik, Algoma, WI						
Name	Year	Team	Seed	Finals		
1 ShyAnne Davis	01	Central IA Excal	24.97m	23.08m	75-09	
FOUL 20.63m 21.69m 23.08m 18.79m 20.09m						
2 Lexi Vertin	01	HastingsSaintsTC	18.66m	21.07m	69-01	
20.14m 19.03m 19.40m 20.03m 20.07m 21.07m						
3 Carly Moore	01	Lighting TC	18.65m	19.82m	65-00	
16.83m 17.85m 19.07m 19.12m 19.82m 19.55m						
4 Julia RedWing	02	Track MN Elite	15.42m	18.12m	59-05	
18.12m 16.39m 17.77m 15.80m 17.50m 16.71m						
5 Natalie Phebus	01	Unattached	15.87m	16.25m	53-04	
14.54m 13.37m 14.98m 15.80m 16.25m FOUL						
6 Kailyn Thelen	02	Lincoln Youth TC	9.14m	10.64m	34-11	
9.00m 10.08m 9.26m 10.64m 8.17m 9.38m						
-- Martha Cheatem	02	Des Moines YthTC	13.33m	DNS		
-- Madison Reed	01	Track MN Elite	14.83m	DNS		
-- Anna Rodriguez	02	HastingsSaintsTC	12.19m	DNS		

Javelin Throw 300g 11-12 Division Girls

Nat'l: N 45.84m 6/28/2005 Hannah Carson, AZ Cheetahs						
Region Meet: # 35.12m 2010 Katelyn Gochenour, Cornhusker Flyers						
Name	Year	Team	Seed	Finals		
1 Lexi Vertin	01	HastingsSaintsTC	23.57m	22.45m	73-08	
22.45m FOUL 20.60m 19.11m 21.19m FOUL						
2 Gabrielle Bullard	01	Iowa Speed T&F	17.05m	22.24m	72-11	
16.47m 21.13m 20.89m 22.24m 18.80m 21.98m						
3 Makenzie Mace	01	Bellevue Breeze	22.04m	22.03m	72-03	
17.65m 19.24m 22.03m 20.52m 20.36m 17.97m						
4 Carly Moore	01	Lighting TC	16.02m	19.13m	62-09	
13.96m 19.13m 16.16m 17.17m 16.33m 14.52m						
5 Linda Senaphanh	01	Eagles Wings	21.62m	17.88m	58-08	
13.34m FOUL 15.00m 17.88m 16.14m 11.87m						
6 Nicasia Thelen	01	Lincoln Youth TC	16.25m	17.80m	58-05	
17.80m 14.42m 17.34m 15.81m 15.78m 17.23m						
7 Kailyn Thelen	02	Lincoln Youth TC	16.25m	15.21m	49-11	
11.31m 12.39m 15.21m 13.16m 14.11m 13.33m						
8 Natalie Phebus	01	Unattached	13.21m	11.22m	36-10	
8.04m 11.22m 10.20m 11.05m 10.48m 9.49m						
-- Sevayah Johnson	01	S MadisonPanther	9.81m	DNS		
-- Greta Larson	01	Team Nodak	9.68m	DNS		

Outdoor Pentathlon: #5 800 Meter Run 11-12 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Points
1 Grace Robinson	02	Unattached	2:46.81	497
2 Elizabeth Rupprecht	01	CornhuskerFlyers	2:47.77	487
3 Dajah Baptiste	02	Central IA Excal	2:53.19	431
4 Reilly Johnson	01	Real T & F	2:54.32	420

Outdoor Pentathlon: #1 80 Meter Hurdles 11-12 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points
1 Elizabeth Rupprecht	01	CornhuskerFlyers	16.07	2.4	575
2 Grace Robinson	02	Unattached	17.28	2.4	440
3 Reilly Johnson	01	Real T & F	17.83	2.4	384
4 Dajah Baptiste	02	Central IA Excal	17.90	2.4	376

Outdoor Pentathlon: #3 High Jump 11-12 Division Girls Outdoor Pentathlon

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Name	Year Team	Finals	Points
1 Elizabeth Rupprecht	01 CornhuskerFlyers	1.40m 4-07.00	512
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
O O O O O O O XXX			
2 Reilly Johnson	01 Real T & F	1.15m 3-09.25	266
1.10 1.15 1.20			
O O XXX			
2 Dajah Baptiste	02 Central IA Excal	1.15m 3-09.25	266
1.10 1.15 1.20			
O O XXX			
4 Grace Robinson	02 Unattached	1.10m 3-07.25	222
1.10 1.15			
O XXX			

Outdoor Pentathlon: #4 Long Jump 11-12 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Elizabeth Rupprecht	01 CornhuskerFlyers	4.00m	2.8 13-01.50	308
3.66m(3.7) 3.92m(4.1) 4.00m(2.8)				
2 Grace Robinson	02 Unattached	3.69m	4.1 12-01.25	239
3.50m(4.7) 3.53m(4.2) 3.69m(4.1)				
3 Dajah Baptiste	02 Central IA Excal	3.42m	4.4 11-02.75	184
3.12m(4.5) 3.36m(3.8) 3.42m(4.4)				
4 Reilly Johnson	01 Real T & F	3.31m	3.2 10-10.50	163
3.31m(3.2) 2.69m(3.6) 3.17m(3.5)				

Outdoor Pentathlon: #2 Shot Put 11-12 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Elizabeth Rupprecht	01 CornhuskerFlyers	7.27m 23-10.25	352
6.30m 6.54m 7.27m			
2 Reilly Johnson	01 Real T & F	6.14m 20-01.75	280
5.92m 6.12m 6.14m			
3 Grace Robinson	02 Unattached	5.79m 19-00.00	258
5.79m 5.03m 5.29m			
4 Dajah Baptiste	02 Central IA Excal	5.31m 17-05.25	228
4.21m 5.20m 5.31m			

Outdoor Pentathlon 11-12 Division Girls

Nat'l: N 3412 7/23/2008 Stacey Destin, Boynton Beach, FL  
 Region Meet: # 2681 2002 Lindsay Lettow, Westside Track Club  
 2339 JO'S

Name	Year Team	Seed	Finals
1 Elizabeth Rupprecht	01 CornhuskerFlyers	2290	2234.00
2 Grace Robinson	02 Unattached	1849	1656.00
3 Reilly Johnson	01 Real T & F	1453	1513.00
4 Dajah Baptiste	02 Central IA Excal	1450	1485.00

100 Meter Dash 13-14 Division Girls

Top 8 Advance by Time

Nat'l: N 11.59 7/29/2012 Kaylin Whitney, 04-Star Athl  
 Region Meet: # 12.37 2010 Jalyynn Roberts-Lewis, Track IA

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Jia Lewis	99 Eagles Wings	12.54	12.70q 0.3	2	
2 Aries Phillips	99 Omaha United TC	12.70	12.73q 0.3	2	
3 Jada Lewis	99 Eagles Wings	12.77	12.85q 0.3	2	
4 Kailynn Blanchard	99 Track MN Elite	12.85	12.99q 0.3	2	
5 Miche Wilson	00 Apollo TC	13.16	13.20q 0.3	2	
6 Rose Gaye	99 Team Nodak	13.00	13.25q 0.3	2	
7 Alexis Riley	99 Apollo TC	13.55	13.38q +0.0	1	13.372
8 Annika Pingel	99 Pella Atletieks	13.51	13.38q +0.0	1	13.377
9 Destiny McElrath	99 La Crosse TC	13.34	13.49 0.3	2	
10 Jenna Schwartz	99 Team Woodbury	13.53	13.54 +0.0	1	

11 Chaniya Alioth	99 Apollo TC	13.14	13.70	0.3	2
12 Caelyn Christiancy	00 Lincoln Youth TC	13.72	13.82	-0.5	3
13 Chauntel Fleming	99 Eagles Wings	13.53	13.85	-0.5	3
14 Makenzie Nichols	99 Unattached	14.50	14.28	+0.0	1
15 Leah Jimmerson	00 Westside TC	14.56	14.65	-0.5	3
16 Sierra Kamin	99 Unattached	14.60	14.72	+0.0	1
17 Alexis Hoffner	00 Team Nodak	14.70	15.12	+0.0	1
18 Mya Hendry	00 Unattached	14.70	15.13	+0.0	1

100 Meter Dash 13-14 Division Girls

Nat'l: N 11.59 7/29/2012 Kaylin Whitney, 04-Star Athl  
 Region Meet: # 12.37 2010 Jalyynn Roberts-Lewis, Track IA

Name	Year	Team	Prelims	Finals	Wind
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Finals

1 Jia Lewis	99 Eagles Wings	12.70	12.34	2.8	
2 Jada Lewis	99 Eagles Wings	12.85	12.51	2.8	
3 Kailynn Blanchard	99 Track MN Elite	12.99	12.71	2.8	
4 Aries Phillips	99 Omaha United TC	12.73	12.75	2.8	
5 Miche Wilson	00 Apollo TC	13.20	12.89	2.8	
6 Annika Pingel	99 Pella Atletieks	13.38	13.11	2.8	13.106
7 Rose Gaye	99 Team Nodak	13.25	13.11	2.8	13.110
8 Alexis Riley	99 Apollo TC	13.38	13.22	2.8	

200 Meter Dash 13-14 Division Girls

Top 8 Advance by Time  
 Nat'l: N 23.41 7/28/2012 Kaylin Whitney, 04-Star Athl  
 Region Meet: # 25.14 2007 Chidera Obasih, Milwaukee Mustangs

Name	Year	Team	Seed	Prelims	Wind	H#
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Preliminaries

1 T'Nia Riley	00 Track MN Elite	25.43	25.86q	-1.2	3
2 Jia Lewis	99 Eagles Wings	26.01	25.90q	-1.2	3
3 Jada Lewis	99 Eagles Wings	26.40	26.29q	-1.2	3
4 Aries Phillips	99 Omaha United TC	26.46	26.76q	-1.2	3
5 Kailynn Blanchard	99 Track MN Elite	26.95	26.88q	-1.2	3
6 Rose Gaye	99 Team Nodak	28.20	27.13q	-1.0	2
7 Annika Pingel	99 Pella Atletieks	27.17	27.25q	-1.2	3
8 Chaniya Alioth	99 Apollo TC	26.51	27.39q	-1.2	3
9 Jenna Schwartz	99 Team Woodbury	28.05	27.47	-1.0	2
10 Destiny McElrath	99 La Crosse TC	27.51	27.68	-1.0	2
11 Miche Wilson	00 Apollo TC	27.48	27.94	-1.2	3
12 Nadia Williams	99 Midwest Striders	28.18	28.71	-1.0	2
13 Lauren Jacobsen	99 Unattached	28.79	28.89	-1.0	2
14 Roseline Gaye	99 Team Nodak	29.50	28.91	-1.0	2
15 Evonna Hunt	00 Silver Spring Sp	29.39	28.91	-1.0	2
16 Makenzie Nichols	99 Unattached	29.62	29.38	-1.0	1
17 Megan Hirsch	99 Unattached	31.90	31.12	-1.0	1
18 Alexis Hoffner	00 Team Nodak	32.70	31.44	-1.0	1
19 Sierra Kamin	99 Unattached	32.20	31.49	-1.0	1
-- Whitney Scott	99 Team Sodak	28.90	DNS	-1.0	2

200 Meter Dash 13-14 Division Girls

Nat'l: N 23.41 7/28/2012 Kaylin Whitney, 04-Star Athl  
 Region Meet: # 25.14 2007 Chidera Obasih, Milwaukee Mustangs

Name	Year	Team	Prelims	Finals	Wind
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Finals

1 T'Nia Riley	00 Track MN Elite	25.86	24.93	3.5	
2 Jia Lewis	99 Eagles Wings	25.90	25.12	3.5	
3 Jada Lewis	99 Eagles Wings	26.29	25.83	3.5	
4 Aries Phillips	99 Omaha United TC	26.76	26.27	3.5	
5 Kailynn Blanchard	99 Track MN Elite	26.88	26.36	3.5	
6 Annika Pingel	99 Pella Atletieks	27.25	26.85	3.5	
7 Rose Gaye	99 Team Nodak	27.13	27.18	3.5	
8 Chaniya Alioth	99 Apollo TC	27.39	27.35	3.5	

400 Meter Dash 13-14 Division Girls



Nat'l: N 53.10 7/8/2007 Robin Reynolds, Lisle, IL							
Region Meet: # 58.33 2011 Maddie Gourley, Eagan, MN							
Name	Year	Team	Seed	Finals	H#		
1	Natalie	Windels	99	Real T & F	1:00.27	1:01.67	2
2	Alexis	Riley	99	Apollo TC	1:04.07	1:03.59	2
3	Allyson	Weiss	00	East Ridge AA	1:05.31	1:03.75	2
4	Jenna	Schwartz	99	Team Woodbury	1:03.64	1:03.89	2
5	Dariauna	Lewis	00	Jaguars N Omaha	1:06.29	1:04.55	1
6	Lauren	Jacobsen	99	Unattached	1:04.40	1:05.30	2
7	Caelyn	Christiancy	00	Lincoln Youth TC	1:04.77	1:05.84	2
8	Scarlett	Hill	99	Bellevue Breeze	1:05.37	1:06.44	2
9	Abigail	Shaffer	00	Park Flyers TC	1:09.03	1:06.66	1
10	JaiVianna	Jones	99	Apollo TC	1:06.90	1:07.53	1
11	Meredith	Targonski	99	Unattached	1:04.81	1:08.19	2
12	Corbin	Olson	00	Unattached	1:06.74	1:09.07	1
13	Daysha	Robinson	00	Track MN Elite	1:08.20	1:11.75	1
14	Mya	Hendry	00	Unattached	1:12.10	1:13.75	1
--	Megan	Hirsch	99	Unattached	1:11.90	DNS	1

800 Meter Run 13-14 Division Girls

Nat'l: N 2:06.90 7/4/2009 Raevyn Rogers, The Wings Tr						
Region Meet: # 2:13.19 2006 Ellen Dougherty, Central Iowa Excalibur						
Name	Year	Team	Seed	Finals		
1	Macy	Heinz	99	Unattached	2:26.50	2:20.70
2	Catherine	Freeman	99	Central IA Excal	2:27.33	2:28.75
3	Maggie	Pollard	00	Unattached	2:38.15	2:31.65
4	Meredith	Targonski	99	Unattached	2:34.77	2:33.47
5	Lauren	Jacobsen	99	Unattached	2:37.76	2:34.78
6	Danielle	Rinn	99	Westside TC	2:34.81	2:35.58
7	Scarlett	Hill	99	Bellevue Breeze	2:40.96	2:40.48
8	Teresa	Howard	99	Real T & F	2:35.67	2:42.28
9	JeAnna	Miller	99	Unattached	2:48.82	2:42.75
10	Cassidy	Moon	99	Unattached	3:06.90	2:45.66
11	Brianna	Hoffman	99	Iowa Pride	2:48.44	2:49.51
--	Jaidon	Hollingsworth	99	Apollo TC	2:41.84	SCR
--	Brooklyn	Larimore	99	Bellevue Breeze	2:36.03	SCR

1500 Meter Run 13-14 Division Girls

Nat'l: N 4:28.61 7/29/2005 Jordan Hassay, San Luis Distance						
Region Meet: # 4:45.85 2006 Katie Flood, Central Iowa Excalibur						
Name	Year	Team	Seed	Finals		
1	Laura	Nelson	99	Unattached	5:20.30	5:06.62
2	Catherine	Freeman	99	Central IA Excal	5:09.16	5:12.50
3	Danielle	Rinn	99	Westside TC	5:15.14	5:22.35
4	Corbin	Olson	00	Unattached	5:18.64	5:25.82
5	Maggie	Pollard	00	Unattached	5:35.46	5:26.82
6	Abigail	Shaffer	00	Park Flyers TC	5:23.10	5:43.88
7	Brianna	Hoffman	99	Iowa Pride	5:46.31	5:53.09
8	Dani	Follett-Dion	00	Real T & F	5:59.23	5:53.24
--	Ellie	Murphy	99	Unattached	6:03.06	DNS

3000 Meter Run 13-14 Division Girls

Nat'l: N 9:35.12 7/30/2005 Jordan Hasay, San Luis Dstnce						
Region Meet: # 10:22.15 2006 Katie Flood, Central Iowa Excalibur						
Name	Year	Team	Seed	Finals		
1	Laura	Nelson	99	Unattached	11:10.00	10:54.00
--	Jordan	Thorstad	00	Bellevue Breeze	13:11.11	DNS

100 Meter Hurdles 13-14 Division Girls

Top 8 Advance by Time

Nat'l: N 13.85 7/27/2008 Trinity Wilson, 38 EOYDC					
Region Meet: # 14.77 2007 Alexandria Gochenour, Cornhusker Flyers					

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Natalie	Windels	99	Real T & F	15.64	15.90q -2.4 2
2	Maria	Versaguis	99	Team Woodbury	15.78	16.33q -2.4 2
3	Caelyn	Christiancy	00	Lincoln Youth TC	15.98	16.75q -2.4 2
4	Kaia	Beil	00	Team Nodak	17.00	16.76q -2.4 2
5	Autumn	Jontz	99	Apollo TC	17.21	17.58q -2.4 2
6	Sahara	Moore	99	Team Nodak	17.40	18.20q -2.4 2
7	Josie	Medill	00	Liccoln Jets	17.77	18.78q -2.4 2
8	Miriam	Mraz	99	Madison Essharks	19.06	19.09q -1.3 1
9	Brooke	Bergen	99	Team Nodak	18.80	19.13 -1.3 1
10	Amari	Graham	99	Eagles Wings	19.29	19.76 -1.3 1
11	Mya	Mace	99	Bellevue Breeze	19.21	20.44 -1.3 1
12	Elizabeth	Teynor	99	Park Flyers TC	22.11	20.83 -1.3 1
13	Anna	Dusaire	00	Park Flyers TC	21.18	21.12 -1.3 1
14	Michelle	Reyes	99	Eagles Wings	21.71	21.26 -1.3 1
15	Lauren	Limke	00	Team Nodak	18.70	21.64 -2.4 2

100 Meter Hurdles 13-14 Division Girls

Name	Year	Team	Prelims	Finals	Wind
Nat'l: N 13.85 7/27/2008 Trinity Wilson, 38 EOYDC					
Region Meet: # 14.77 2007 Alexandria Gochenour, Cornhusker Flyers					
Prelims					
Finals					
1	Natalie	Windels	99	Real T & F	15.90 15.28 1.7
2	Maria	Versaguis	99	Team Woodbury	16.33 15.46 1.7
3	Caelyn	Christiancy	00	Lincoln Youth TC	16.75 15.57 1.7
4	Kaia	Beil	00	Team Nodak	16.76 15.67 1.7
5	Sahara	Moore	99	Team Nodak	18.20 17.31 1.7
6	Autumn	Jontz	99	Apollo TC	17.58 17.36 1.7
7	Josie	Medill	00	Liccoln Jets	18.78 17.49 1.7
8	Miriam	Mraz	99	Madison Essharks	19.09 18.11 1.7

200 Meter Hurdles 13-14 Division Girls

Name	Year	Team	Seed	Finals	Wind	H#
Nat'l: N 26.63 7/31/1994 Char Foster, Clearwater, FL						
Region Meet: # 28.25 2007 Alexandria Gochenour, Cornhusker Flyers						
Prelims						
Finals						
1	Natalie	Windels	99	Real T & F	29.44	29.09 -1.4 2
2	Caelyn	Christiancy	00	Lincoln Youth TC	30.29	30.28 -1.4 2
3	Kaia	Beil	00	Team Nodak	33.30	30.53 -1.4 2
4	Maria	Versaguis	99	Team Woodbury	30.74	30.55 -1.4 2
5	Autumn	Jontz	99	Apollo TC	30.88	30.59 -1.4 2
6	Allyson	Weiss	00	East Ridge AA	31.06	31.29 -1.4 2
7	Nadia	Williams	99	Midwest Striders	31.01	31.79 -1.4 2
8	Lauren	Limke	00	Team Nodak	36.70	33.21 -1.2 1
9	Sahara	Moore	99	Team Nodak	34.10	33.44 -1.4 2
10	Alya	Kretchman	00	Team Nodak	34.80	33.66 -1.2 1
11	Brooke	Bergen	99	Team Nodak	36.80	34.08 -1.2 1
12	Mya	Mace	99	Bellevue Breeze	34.80	34.89 -1.2 1
13	Amari	Graham	99	Eagles Wings	39.36	35.12 -1.2 1
14	Michelle	Reyes	99	Eagles Wings	36.20	37.43 -1.2 1
15	Antoinatt	Jackson	99	Eagles Wings	45.59	43.06 -1.2 1
--	Dejanna	Brown	99	Des Moines YthTC	33.30	SCR
--	Mariah	Willey	99	CornhuskerFlyers	29.26	SCR

4x100 Meter Relay 13-14 Division Girls

Team	Seed	Finals
Nat'l: N 46.58 6/29/2003 Quiet Fire, Mission Viejo, CA		
Region Meet: # 49.14 2007 Milwaukee Mustangs, Milwaukee Mustangs		
T. Whittley, D. Bryant, C. Obasih, J. Franklin		
Prelims		
Finals		
1	30-Eagles Wings 'A'	51.80 51.77
	1) Michelle Reyes 99	2) Jia Lewis 99
	3) Chauntel Fleming 99	4) Jada Lewis 99
2	30-Track Minnesota Elite 'A'	51.17 51.95
	1) Averi Bowling 00	2) Kailynn Blanchard 99

3) Daysha Robinson 00	4) T'Nia Riley 00		
3 52-Team Nodak 'A'		55.80	53.00
1) Kaia Beil 00	2) Alya Kretchman 00		
3) Katelyn Carlson 99	4) Rose Gaye 99		
4 30-Park Flyers Track Field Clu 'A'		1:07.98	56.54
1) Elizabeth Teynor 99	2) Abigail Shaffer 00		
3) Anna Dusaire 00	4) Elisabeth Dalki 99		
-- 52-Team Nodak 'B'		56.90	DQ Exchange 1-2
1) Sarah LeDoux 00	2) Alexis Hoffner 00		
3) Lauren Limke 00	4) Brooke Bergen 99		
-- 29-Apollo TC 'A'		51.01	DQ Exchange 3-4
1) Miche Wilson 00	2) Alexis Riley 99		
3) Malilyah Williams-Phillips 00	4) Chaniya Alioth 99		
-- 40-40 Des Moines Area Youth TC 'A'		58.39	DQ Exchange 3-4
1) Rayven Brooks 99	2) Dejanna Brown 99		
3) Leana Brown 00	4) Anjelica Dunlap 99		

4x400 Meter Relay 13-14 Division Girls

Nat'l: N 3:43.05 7/31/2011 Rate of Motion, Inglewood, CA  
A. Abram, S. Douglas, V. Fagan, A. Fuller  
Region Meet: # 4:09.87 2004 Cedar Valley, Cedar Valley  
B. Dinsdale, B. Dinsdale, B. Fagerlind, M. Pleggen

Team	Seed	Finals
1 29-Apollo TC 'A'	4:24.00	4:23.64
1) Chaniya Alioth 99	2) Malilyah Williams-Phillips 00	
3) Autumn Jontz 99	4) Alexis Riley 99	
2 29-Apollo TC 'B'	4:28.39	4:32.41
1) JaiVianna Jones 99	2) Riley Dailey 00	
3) Miche Wilson 00	4) Jaidon Hollingsworth 99	
3 30-Eagles Wings 'A'	5:11.93	4:33.28
1) Amari Graham 99	2) Chauntel Fleming 99	
3) Jia Lewis 99	4) Bryana Thomas-Butler 00	
4 30-Real Track Field 'A'	4:35.57	4:36.86
1) Molly Cooke 99	2) Dani Follett-Dion 00	
3) Teresa Howard 99	4) Natalie Windels 99	
5 30-Park Flyers Track Field Clu 'A'		4:42.03
1) Katherine Brinkman 00	2) Anna Dusaire 00	
3) Elizabeth Teynor 99	4) Abigail Shaffer 00	

4x800 Meter Relay 13-14 Division Girls

Nat'l: N 9:15.68 7/29/2003 United Stars TC, Philadelphia, PA  
LaVaugh Jones, Kameesha Worthington, Benita Taylor  
Region Meet: # 9:42.96 2006 Central Iowa Excalibur, Central Iowa Excal  
E. Dougherty, M. Hubbell. K. Flood, J. Jansen

Team	Seed	Finals
-- 29-Bellevue Recreation Youth T 'A'	11:06.78	SCR
1) Scarlett Hill 99	2) Brooklyn Larimore 99	
3) Morghan Mace 00	4) Mya Mace 99	

High Jump 13-14 Division Girls

Nat'l: N 1.74m 6/8/1986 Christy Mills, Tarzana, CA  
Region Meet: # 1.65m 2009 Kira Larson, Team NoDak

Name	Year Team	Seed	Finals
1 JeAnna Miller	99 Unattached	1.55m	1.60m 5-03.00
1.35 1.40 1.45 1.50 1.55 1.60 1.63			
o o o o o	XO XXX		
2 Kennedy Berreckman	00 Cozad Youth TC	1.50m	1.50m 4-11.00
1.30 1.35 1.40 1.45 1.50 1.55			
o o o o o	XXX		
3 Josie Medill	00 Licoln Jets	1.50m	1.40m 4-07.00
1.30 1.35 1.40 1.45			
o o o XXX			
4 Lauren Limke	00 Team Nodak	1.37m	1.40m 4-07.00
1.25 1.30 1.35 1.40 1.45			
o o o XO XXX			

5	Morgan Stern	00	CornhuskerFlyers	1.50m	1.40m	4-07.00
	1.25 1.30 1.35 1.40 1.45					
	O O O XXO XXX					
6	Miriam Mraz	99	Madison Essharks	1.40m	1.35m	4-05.00
	1.20 1.25 1.30 1.35 1.40					
	O PPP O O XXX					
7	Sierra Kamin	99	Unattached	1.22m	1.20m	3-11.25
	1.20 1.25					
	XO XXX					
--	Averi Bowling	00	Track MN Elite	1.15m	NH	
	1.20					
	XXX					
--	Mariah Willey	99	CornhuskerFlyers	1.40m	DNS	

Pole Vault 13-14 Division Girls

Nat'l: N 3.50m 7/28/2011 Meagan Gray, Lone Star PV						
Region Meet: # 2.95m 2004 Natalie Manders, Apple Valley, MN						
Name	Year	Team	Seed	Finals		
1 Whitney Scott	99	Team Sodak	2.44m	2.90m	9-06.25	
		2.30 2.45 2.60 2.75 2.90 2.97				
		O O XO O O XXX				
2 Jacee Pfeifer	99	Unattached	2.59m	2.75m	9-00.25	
		2.15 2.30 2.45 2.60 2.75 2.90				
		O O O XO O XXX				
3 Onalee Siegfried	99	AP Vaulters	2.35m	2.45m	8-00.50	
		1.70 1.85 2.00 2.15 2.30 2.45 2.60				
		O O O O O XXO XXX				
4 Stephany Morrow	99	SouthernMN Vault	2.28m	2.30m	7-06.50	
		1.85 2.00 2.15 2.30 2.45				
		O O O O XXX				
5 Reagan Rozell	99	Unattached	2.29m	2.30m	7-06.50	
		1.55 1.70 1.85 2.00 2.15 2.30 2.45				
		O O O XO O O XXX				
6 Elisabeth Dalki	99	Park Flyers TC	2.13m	2.30m	7-06.50	
		1.70 1.85 2.00 2.15 2.30 2.45				
		O O O XXO O XXX				
7 Taylor Terronez	99	Team Sodak	1.98m	2.30m	7-06.50	
		1.55 1.70 1.85 2.00 2.15 2.30 2.45				
		O O O O O XO XXX				
8 Cassidy Moon	99	Unattached	2.13m	2.30m	7-06.50	
		1.55 1.70 1.85 2.00 2.15 2.30 2.45				
		O O O O XO XO XXX				
9 Alya Kretchman	00	Team Nodak	1.98m	2.15m	7-00.50	
		1.70 1.85 2.00 2.15 2.30				
		O O XXO XO XXX				
--	Andrea Nelson	99	Unattached	2.43m	DNS	
--	Megan Hirsch	99	Unattached	1.98m	DNS	

Long Jump 13-14 Division Girls

Nat'l: N 6.07m 6/20/1998 Tracee Thomas, Las Vegas, NV							
Region Meet: # 5.39m 2003 Kersten Thorgaard, Ames Impact							
Name	Year	Team	Seed	Finals	Wind		
1 Aries Phillips	99	Omaha United TC	4.71m	4.96m	NWI	16-03.25	
		FOUL 4.96m(NWI) 4.85m(NWI) FOUL FOUL FOUL					
2 Katelyn Carlson	99	Team Nodak	3.15m	4.70m	NWI	15-05.00	
		4.25m(NWI) 4.11m(NWI) 4.35m(NWI) 4.33m(NWI) FOUL 4.70m(NWI)					
3 JeAnna Miller	99	Unattached	4.28m	4.63m	NWI	15-02.25	
		3.85m(NWI) 4.13m(NWI) 4.31m(NWI) 4.44m(NWI) 4.46m(NWI) 4.63m(NWI)					
4 Maria Versaguis	99	Team Woodbury	4.53m	4.60m	NWI	15-01.25	
		4.51m(NWI) 4.42m(NWI) 4.57m(NWI) 4.52m(NWI) FOUL 4.60m(NWI)					
5 Destiny McElrath	99	La Crosse TC	4.49m	4.55m	NWI	14-11.25	
		4.20m(NWI) 4.41m(NWI) FOUL 3.62m(NWI) 4.27m(NWI) 4.55m(NWI)					
6 Ali Grinde	99	Team Woodbury	4.21m	4.41m	NWI	14-05.75	
		FOUL 4.37m(NWI) 4.17m(NWI) 4.31m(NWI) 4.34m(NWI) 4.41m(NWI)					
7 Miriam Mraz	99	Madison Essharks	4.48m	4.39m	NWI	14-05.00	
		3.89m(NWI) 4.28m(NWI) FOUL 4.28m(NWI) 4.39m(NWI) FOUL					
8 Kylie Carpenter	99	Unattached	4.51m	4.18m	NWI	13-08.75	

	3.80m(NWI)	FOUL	4.18m(NWI)	3.93m(NWI)	3.93m(NWI)	4.08m(NWI)			
9	Lauren Jacobsen		99	Unattached		4.05m	4.12m	NWI	13-06.25
	FOUL	4.12m(NWI)	FOUL						
10	Morgan Stern		00	CornhuskerFlyers		4.22m	4.01m	NWI	13-02.00
	3.70m(NWI)	4.01m(NWI)	3.93m(NWI)						
11	Adrianna Hase		99	Aberdeen Running		4.26m	3.91m	NWI	12-10.00
	3.56m(NWI)	3.91m(NWI)	3.83m(NWI)						
12	Megan Hirsch		99	Unattached		3.92m	3.67m	NWI	12-00.50
	FOUL	3.67m(NWI)	3.24m(NWI)						
13	Madelynn Langridge		00	Iowa Speed T&F		3.48m	3.39m	NWI	11-01.50
	FOUL	3.28m(NWI)	3.39m(NWI)						
14	Sierra Kamin		99	Unattached		3.21m	3.26m	NWI	10-08.50
	3.26m(NWI)	3.20m(NWI)	2.68m(NWI)						
--	Laesha Brewer		99	Unattached		4.68m	DNS	NWI	
--	Mariah Willey		99	CornhuskerFlyers		4.83m	DNS	NWI	
--	Sarah LeDoux		00	Team Nodak		3.82m	DNS	NWI	

Triple Jump 13-14 Division Girls

Nat'l: N 11.92m 4/24/1999 Nicole Duhart, Riverside, CA									
Region Meet: # 10.45m 2005 Anna Weigandt, Gretna, NE									
Name	Year	Team	Seed	Finals	Wind				
1	Allyson Weiss	00 East Ridge AA	9.83m	10.86m#	1.8	35-07.75			
	9.97m(1.3)	9.84m(1.9)	9.64m(1.0)	9.88m(1.9)	10.86m(1.8)	10.31m(2.0)			
2	Maria Versaguis	99 Team Woodbury	9.63m	10.12m	1.8	33-02.50			
	10.12m(1.8)	FOUL	FOUL	9.88m(2.2)	FOUL				
3	Katelyn Carlson	99 Team Nodak	7.77m	9.79m	2.1	32-01.50			
	9.33m(3.4)	8.99m(1.8)	9.79m(2.1)	9.49m(1.1)	9.52m(2.6)	9.36m(2.6)			
4	Nadia Williams	99 Midwest Striders	9.29m	9.64m	3.4	31-07.50			
	FOUL	9.59m(2.0)	FOUL	9.32m(1.1)	9.64m(3.4)	9.26m(2.7)			
5	JeAnna Miller	99 Unattached	9.28m	9.46m	2.6	31-00.50			
	9.24m(1.1)	9.46m(2.6)	9.46m(2.8)	9.21m(1.5)	9.23m(2.5)	9.09m(1.1)			
6	Morgan Stern	00 CornhuskerFlyers	9.73m	9.44m	2.6	30-11.75			
	7.92m(2.3)	FOUL	9.06m(1.8)	9.10m(2.4)	9.13m(2.2)	9.44m(2.6)			
7	Alya Kretchman	00 Team Nodak	8.71m	9.28m	2.7	30-05.50			
	8.69m(3.0)	8.89m(2.2)	9.28m(2.7)	8.92m(1.4)	FOUL	8.97m(2.0)			
8	Josie Medill	00 Lincoln Jets	9.23m	9.12m	1.8	29-11.25			
	9.12m(1.8)	FOUL	FOUL	8.50m(2.5)	8.29m(2.0)	8.46m(2.1)			
9	Adrianna Hase	99 Aberdeen Running	8.78m	9.03m	3.1	29-07.50			
	9.03m(3.1)	8.93m(1.7)	9.03m(2.8)						
10	Anna Dusaire	00 Park Flyers TC	7.76m	8.39m	2.4	27-06.50			
	8.39m(2.4)	7.81m(1.8)	7.92m(2.2)						
11	Katherine Brinkman	00 Park Flyers TC	7.60m	8.27m	1.9	27-01.75			
	8.27m(1.9)	7.52m(2.4)	7.71m(3.2)						
--	Sulagna Sensarma	99 Wings of Omaha	6.99m	DNS	NWI				
--	Sarah LeDoux	00 Team Nodak	7.51m	DNS	NWI				

Shot Put 6 lb. 13-14 Division Girls

Nat'l: N 15.88m 7/31/2010 Kennedy Blahnik, Unattached									
Region Meet: # 15.06m 2010 Kennedy Blahnik, Algoma, WI									
Name	Year	Team	Seed	Finals					
1	Addison Henry	99 Unattached	11.09m	10.73m	35-02.50				
	10.41m	10.24m	10.73m	FOUL	10.68m	10.21m			
2	Kennedy Gochenour	99 CornhuskerFlyers	10.62m	10.18m	33-04.75				
	9.22m	10.18m	FOUL	9.87m	FOUL	10.02m			
3	Jacey Retzlaff	99 Team Nodak	8.39m	9.34m	30-07.75				
	8.58m	8.81m	9.22m	8.40m	8.88m	9.34m			
4	Jada Lewis	99 Eagles Wings	8.80m	8.95m	29-04.50				
	8.92m	7.91m	8.36m	8.67m	8.57m	8.95m			
5	Aleah Sandidge	99 Des Moines YthTC	8.72m	8.87m	29-01.25				
	8.87m	8.18m	8.47m	8.66m	8.34m	7.50m			
6	Morghan Mace	00 Bellevue Breeze	8.26m	8.61m	28-03.00				
	7.91m	8.59m	8.61m	8.57m	FOUL	7.97m			
7	Anna Roaldson	00 Unattached	7.60m	7.87m	25-10.00				
	7.87m	7.26m	7.55m	6.69m	7.15m	6.42m			
8	Tylesha Jackson	99 Jaguars N Omaha	7.55m	7.73m	25-04.50				
	7.09m	7.47m	7.73m	7.13m	6.74m	7.24m			
9	Amari Graham	99 Eagles Wings	8.01m	7.41m	24-03.75				

7.23m	7.41m	6.24m				
10 Anjelica Dunlap			99 Des Moines YthTC	6.88m	6.79m	22-03.50
6.79m	6.60m	6.65m				
11 Breanna Luedtke			00 Aberdeen Running	6.56m	6.52m	21-04.75
5.87m	6.25m	6.52m				
12 Alexis Webb			00 East Ridge AA	6.98m	6.49m	21-03.50
6.49m	6.46m	6.42m				
13 Tatum Sesow			00 Lincoln Youth TC	6.50m	6.49m	21-03.50
6.49m	5.68m	5.89m				
14 DaKotah Crotty			00 Unattached	5.24m	6.03m	19-09.50
5.79m	6.03m	5.90m				
-- Faith Leiseth			00 Unattached	9.89m	DNS	
-- Taylor Nosekabel			00 All-American TC	6.66m	DNS	

Discus Throw 1kg 13-14 Division Girls

Nat'l: N 46.32m 6/23/1990 Suzy Powell, Modesto, CA						
Region Meet: # 39.13m 2012 Natalie Manders, Apple Valley, MN						
Name	Year	Team	Seed	Finals		
1 Kennedy Gochenour	99	CornhuskerFlyers	31.06m	34.79m	114-02	
FOUL	29.54m	FOUL	32.92m	31.48m	34.79m	
2 Addison Henry	99	Unattached	30.68m	33.11m	108-07	
30.13m	31.06m	29.54m	33.11m	31.38m	FOUL	
3 Anna Roaldson	00	Unattached	21.67m	25.59m	83-11	
23.16m	18.95m	23.72m	23.74m	25.59m	24.82m	
4 Jacey Retzlaff	99	Team Nodak	17.70m	23.64m	77-07	
17.21m	FOUL	FOUL	FOUL	23.64m	20.81m	
5 Tatum Sesow	00	Lincoln Youth TC	13.61m	15.23m	50-00	
13.92m	14.60m	FOUL	15.23m	11.92m	13.98m	
-- Faith Leiseth	00	Unattached	18.30m	DNS		
-- Taylor Nosekabel	00	All-American TC	19.03m	DNS		

Javelin Throw 600g 13-14 Division Girls

Nat'l: N 52.90m 7/26/2007 Hannah Carson, 10 48 Arizona Ch						
Region Meet: # 39.23m 2011 Katelyn Gochenour, Cornhusker Flyers						
Name	Year	Team	Seed	Finals		
1 Morghan Mace	00	Bellevue Breeze	27.68m	28.78m	94-05	
27.65m	26.50m	26.78m	28.78m	27.54m	28.47m	
2 Kennedy Gochenour	99	CornhuskerFlyers	32.05m	27.39m	89-10	
26.44m	27.20m	PASS	27.39m	PASS	PASS	
3 Mya Mace	99	Bellevue Breeze	19.93m	20.16m	66-02	
18.62m	FOUL	18.60m	20.16m	18.50m	18.46m	
4 Breanna Luedtke	00	Aberdeen Running	14.70m	15.21m	49-11	
15.21m	FOUL	14.28m	13.02m	14.10m	12.48m	
-- Keondra Whisenhunt	00	Bellevue Breeze	17.04m	DNS		

Outdoor Pentathlon: #5 800 Meter Run 13-14 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Points
1 Natalie Windels	99	Real T & F	2:30.15	691
2 Nadia Williams	99	Midwest Striders	2:58.38	380
3 Mya Mace	99	Bellevue Breeze	3:06.56	307
-- Mariah Willey	99	CornhuskerFlyers	DNS	

Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Wind	Points
1 Natalie Windels	99	Real T & F	16.32	0.4	676
2 Mya Mace	99	Bellevue Breeze	18.81	0.4	408
3 Nadia Williams	99	Midwest Striders	19.18	0.4	374
-- Mariah Willey	99	CornhuskerFlyers	DNS	0.4	

Outdoor Pentathlon: #3 High Jump 13-14 Division Girls Outdoor Pentathlon

Name	Year	Team	Finals	Points
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1	Natalie Windels	99 Real T & F	1.40m	4-07.00	512
	1.15 1.20 1.25 1.30 1.35 1.40 1.45				
	O O O O O XO XXX				
2	Nadia Williams	99 Midwest Striders	1.35m	4-05.00	460
	1.10 1.15 1.20 1.25 1.30 1.35 1.40				
	O O O XXO XO XO XXX				
3	Mya Mace	99 Bellevue Breeze	1.30m	4-03.25	409
	1.10 1.15 1.20 1.25 1.30 1.35				
	O O O O XO XXX				
--	Mariah Willey	99 CornhuskerFlyers	DNS		

Outdoor Pentathlon: #4 Long Jump 13-14 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points	
1 Nadia Williams	99 Midwest Striders	4.25m	+0.0	13-11.50	367
	FOUL 4.17m(1.4) 4.25m(+0.0)				
1 Natalie Windels	99 Real T & F	4.25m	0.2	13-11.50	367
	4.02m(1.1) 4.06m(+0.0) 4.25m(0.2)				
3 Mya Mace	99 Bellevue Breeze	3.63m	2.2	11-11.00	227
	3.24m(+0.0) 2.97m(0.1) 3.63m(2.2)				
--	Mariah Willey	99 CornhuskerFlyers	DNS	NWI	

Outdoor Pentathlon: #2 Shot Put 13-14 Division Girls Outdoor Pentathlon

Name	Year Team	Finals	Points	
1 Natalie Windels	99 Real T & F	8.50m	27-10.75	432
	8.35m 8.41m 8.50m			
2 Mya Mace	99 Bellevue Breeze	8.49m	27-10.25	431
	8.18m 8.14m 8.49m			
3 Nadia Williams	99 Midwest Striders	7.76m	25-05.50	384
	7.76m 7.32m 7.11m			
--	Mariah Willey	99 CornhuskerFlyers	DNS	

Outdoor Pentathlon 13-14 Division Girls

Nat'l: N 3534 7/30/2010 Alexa Harman-Thomas, Sacramento, CA  
 Region Meet: # 3411 2007 Alexandira Gochenour, Cornhusker Flyers  
 2692 JO'S

Name	Year Team	Seed	Finals
1 Natalie Windels	99 Real T & F	2590	2678.00
2 Nadia Williams	99 Midwest Striders	1455	1965.00
3 Mya Mace	99 Bellevue Breeze	1292	1782.00

100 Meter Dash 15-16 Division Girls

Top 8 Advance by Time

Nat'l: N 11.34 7/28/1995 Angela Williams, Ontario, CA  
 Region Meet: # 11.88 2009 Dezerea Bryant, Milwaukee Mustangs

Name	Year Team	Seed	Prelims	Wind	H#	
Preliminaries						
1 Cortney Dowling	98 Unattached	15.60	12.50q	+0.0	1	
2 Maddie Gourley	97 Track MN Elite	12.52	12.52q	0.2	2	
3 Meagan Blair	98 Eagles Wings	12.74	12.71q	0.2	2	
4 McKayla Stowell	97 Southern MN Heat	12.74	12.83q	0.2	2	
5 Caitlyn Cotton	98 Bellevue Breeze	12.87	12.88q	0.2	2	
6 Auna Pomrening	97 Silver Spring Sp	12.91	13.12q	0.2	2	
7 Briana Berninghaus	97 Southern MN Heat	13.15	13.21q	+0.0	1	
8 Anna Heusinkveld	97 Unattached	12.45	13.29q	0.2	2	
9 Tiahna Burian	98 Team Nodak	13.10	13.47	0.2	2	
10 Deneshia Brown	97 Des Moines YthTC	14.15	13.92	+0.0	1	
11 Haley Bruggeman	97 Unattached	13.10	14.06	0.2	2	
12 Shirecca Wilson	98 Des Moines YthTC	14.81	14.82	+0.0	1	
--	Aviana Anderson	97 Des Moines YthTC	14.94	DNS	+0.0	1

100 Meter Dash 15-16 Division Girls

Nat'l: N 11.34 7/28/1995 Angela Williams, Ontario, CA

Region Meet: # 11.88 2009 Dezerea Bryant, Milwaukee Mustangs  
 Name Year Team Prelims Finals Wind

Finals

1	Maddie Gourley	97	Track MN Elite	12.52	12.09	2.5
2	Cortney Dowling	98	Unattached	12.50	12.37	2.5
3	Meagan Blair	98	Eagles Wings	12.71	12.43	2.5
4	McKayla Stowell	97	Southern MN Heat	12.83	12.53	2.5
5	Caitlyn Cotton	98	Bellevue Breeze	12.88	12.65	2.5
6	Auna Pomering	97	Silver Spring Sp	13.12	12.89	2.5
7	Briana Berninghaus	97	Southern MN Heat	13.21	12.97	2.5
8	Anna Heusinkveld	97	Unattached	13.29	13.04	2.5

200 Meter Dash 15-16 Division Girls

Top 8 Advance by Time

Nat'l: N 23.06 7/31/2004 Bianca Knight, Ridgeland, MS

Region Meet: # 24.06 2009 Dezerea Bryant, Milwaukee Mustangs  
 Name Year Team Seed Prelims Wind H#

Preliminaries

1	Maddie Gourley	97	Track MN Elite	25.08	25.36q	-1.5	3	
2	Cortney Dowling	98	Unattached	36.40	25.80q	-1.8	1	
3	Gabi Gaines	97	Iowa Core Elite	25.85	26.21q	-1.5	3	
4	Caitlyn Cotton	98	Bellevue Breeze	26.07	26.28q	-1.5	3	
5	Jenna Gatz	97	Southern MN Heat	27.24	26.61q	-1.0	2	
6	Meagan Blair	98	Eagles Wings	26.59	26.73q	-1.5	3	
7	McKayla Stowell	97	Southern MN Heat	26.64	26.95q	-1.5	3	
8	Briana Berninghaus	97	Southern MN Heat	27.08	27.09q	-1.5	3	
9	Madison Russman	98	Unattached	27.60	27.13	-1.0	2	
10	Valerie Larson	97	Madison Essharks	26.78	27.27	-1.5	3	
11	Helen Thames	97	Silver Spring Sp	27.20	27.50	-1.0	2	
12	Katrina Nesbit	98	Bellevue Breeze	27.52	27.51	-1.0	2	
13	Tiahna Burian	98	Team Nodak	28.10	27.95	-1.0	2	
14	Marissa Pope	98	Bellevue Breeze	27.85	28.13	-1.0	2	28.125
15	Anna Heusinkveld	97	Unattached	26.80	28.13	-1.5	3	28.129
16	Deneshia Brown	97	Des Moines YthTC	29.35	28.96	-1.8	1	
17	Haley Bruggeman	97	Unattached	36.50	29.89	-1.8	1	
--	Oksana Covey	97	Iowa Core Elite	27.24	DNS	-1.0	2	
--	Ajea Anderson	98	Des Moines YthTC	27.82	DNS	-1.0	2	

200 Meter Dash 15-16 Division Girls

Nat'l: N 23.06 7/31/2004 Bianca Knight, Ridgeland, MS

Region Meet: # 24.06 2009 Dezerea Bryant, Milwaukee Mustangs  
 Name Year Team Prelims Finals Wind

Finals

1	Maddie Gourley	97	Track MN Elite	25.36	24.49	5.6	
2	Cortney Dowling	98	Unattached	25.80	25.23	5.6	
3	Caitlyn Cotton	98	Bellevue Breeze	26.28	25.49	5.6	
4	Meagan Blair	98	Eagles Wings	26.73	25.63	5.6	25.622
5	Gabi Gaines	97	Iowa Core Elite	26.21	25.63	5.6	25.627
6	Jenna Gatz	97	Southern MN Heat	26.61	26.17	5.6	
7	Briana Berninghaus	97	Southern MN Heat	27.09	26.21	5.6	
8	McKayla Stowell	97	Southern MN Heat	26.95	26.49	5.6	

400 Meter Dash 15-16 Division Girls

Nat'l: N 52.11 7/29/2001 Stephanie Smith, Macon, GA

Region Meet: # 56.05 2008 Jasmyne King, Rapid City, SD  
 Name Year Team Seed Finals H#

1	Cortney Dowling	98	Unattached	1:10.70	58.64	1
2	Maddie Gourley	97	Track MN Elite	1:00.12	59.20	2
3	Gabi Gaines	97	Iowa Core Elite	1:00.92	1:00.26	2
4	Jenna Gatz	97	Southern MN Heat	1:01.15	1:00.39	2
5	Helen Thames	97	Silver Spring Sp	59.49	1:00.63	2
6	Valerie Larson	97	Madison Essharks	1:00.54	1:01.13	2
7	Katrina Nesbit	98	Bellevue Breeze	1:01.71	1:01.88	2
8	Marissa Pope	98	Bellevue Breeze	1:05.08	1:04.67	1



9	Shacara Pierce	97	N Omaha Bengals	1:04.20	1:07.80	2
--	Rachel Haviland	97	Eagles Wings	1:13.02	DNS	1

### 800 Meter Run 15-16 Division Girls

Nat'l: N 2:04.83 7/26/2008 Phillis Francis, 06-Team Evolutio						
Region Meet: # 2:13.89 2009 Kristie Mullen, Cornhusker Flyers						
Name	Year	Team	Seed	Finals		
1	Janessa Meuleners	97 Southern MN Heat	2:35.07	2:31.60		
2	Chloe Bartels	98 Unattached	2:38.80	2:33.01		
3	Taylor Hogan	97 CornhuskerFlyers	2:33.58	2:38.39		
4	Veronica Hill	97 Bellevue Breeze	2:37.47	2:40.68		
5	Sarah Polak	97 Unattached	3:31.40	2:52.08		
6	Keziah Lawson	98 Eagles Wings	3:06.66	3:01.89		
--	Annie Pollard	98 Unattached	2:44.68	DNS		

### 1500 Meter Run 15-16 Division Girls

Nat'l: N 4:25.57 7/24/1984 Suzy Favor, Stevens Point, WI						
Region Meet: # 4:37.40 2011 Paige Peschel, Westfield, WI						
Name	Year	Team	Seed	Finals		
1	Chloe Bartels	98 Unattached	5:34.00	5:14.58		
2	Annie Pollard	98 Unattached	5:23.16	5:25.67		
3	Sarah Polak	97 Unattached	5:41.10	5:44.13		
--	Rachel Haviland	97 Eagles Wings	6:10.11	DNS		

### 3000 Meter Run 15-16 Division Girls

Nat'l: N 9:37.09 7/30/2005 Caitlin Lane, unattached-1						
Region Meet: # 10:11.89 2009 Nicole Criner, Excalibur, IA						
Name	Year	Team	Seed	Finals		
1	Janessa Meuleners	97 Southern MN Heat	11:10.38	11:16.37		
2	Chloe Bartels	98 Unattached	11:53.30	11:20.38		
3	Annie Pollard	98 Unattached	12:03.88	11:56.59		
4	Sarah Polak	97 Unattached	12:12.30	12:09.49		

### 100 Meter Hurdles 15-16 Division Girls

#### Top 8 Advance by Time

Nat'l: N 13.80 7/29/2012 Quenee Dale, 05-Michigan						
Region Meet: # 14.99 2012 Shaina Burns, Prior Lake, MN						
Name	Year	Team	Seed	Prelims	Wind	H#

#### Preliminaries

1	Michaela Preachuk	97 Unattached	15.26	15.88q	-1.1	2
2	Mikaela Grant	97 Unattached	16.95	16.54q	-1.1	2
3	Haley Bruggeman	97 Unattached	16.20	16.85q	-1.1	2
4	Sydney Otto	98 Unattached	16.39	17.39q	-1.1	2
5	Carolyn Nye	97 Track MN Elite	18.23	17.59q	0.5	1
6	Chelsey Christensen	98 Unattached	17.70	17.94q	-1.1	2
7	Victoria Ihry	97 Team Nodak	17.10	18.31q	-1.1	2
8	Deneshia Brown	97 Des Moines YthTC	18.22	18.34q	-1.1	2
9	Jaazmin Hairston-Chainey	98 Silver Spring Sp	19.00	18.87	0.5	1
10	Mellissa Clarke	98 Park Flyers TC	18.72	18.94	0.5	1
11	Marissa Montalvo	97 Apollo TC	18.79	19.41	0.5	1
12	Kathleen Medill	98 Lincoln Jets	17.92	19.55	-1.1	2
--	Madden Sharrett	97 Lincoln Youth TC	27.98	DNS	0.5	1

### 100 Meter Hurdles 15-16 Division Girls

Nat'l: N 13.80 7/29/2012 Quenee Dale, 05-Michigan						
Region Meet: # 14.99 2012 Shaina Burns, Prior Lake, MN						
Name	Year	Team	Prelims	Finals	Wind	
Finals						
1	Michaela Preachuk	97 Unattached	15.88	15.33	3.6	
2	Haley Bruggeman	97 Unattached	16.85	15.94	3.6	
3	Mikaela Grant	97 Unattached	16.54	16.24	3.6	

4	Sydney Otto	98	Unattached	17.39	16.79	3.6
5	Chelsey Christensen	98	Unattached	17.94	17.60	3.6
6	Victoria Ihry	97	Team Nodak	18.31	17.77	3.6
7	Deneshia Brown	97	Des Moines YthTC	18.34	18.33	3.6
8	Carolyn Nye	97	Track MN Elite	17.59	19.94	3.6

400 Meter Hurdles 15-16 Division Girls

Nat'l: N 57.87 7/1/2005 Ebony Collins, Quiet Fire  
 Region Meet: # 1:03.84 2012 Shaina Burns, Prior Lake, MN

Name	Year	Team	Seed	Finals
1	Haley Bruggeman	97 Unattached	1:15.90	1:09.73
2	Mikaela Grant	97 Unattached	1:13.09	1:11.24
3	Victoria Ihry	97 Team Nodak	1:15.80	1:14.03
4	Marissa Montalvo	97 Apollo TC	1:14.08	1:15.24
5	Mellissa Clarke	98 Park Flyers TC	1:23.41	1:22.39

4x100 Meter Relay 15-16 Division Girls

Nat'l: N 45.45 7/30/2006 Quiet Fire, Greensboro, NC  
 Region Meet: # 47.65 2009 Milwaukee Mustangs, Milwaukee Mustangs  
 D. Bryant, T. Whittley, D. Barbian, D. Camble

Team	Seed	Finals
1 30-Southern Minnesota Heat TC 'A'	49.80	50.20
1) Briana Berninghaus 97		
2) Jenna Gatz 97		
3) Tatyanna Donkhong 97		
4) McKayla Stowell 97		
2 20-Silver Spring Spartans 'A'	49.91	51.22
1) Amanda Ford 97		
2) Helen Thames 97		
3) Auna Pomrening 97		
4) Jaazmin Hairston-Chainey 98		
3 29-Bellevue Recreation Youth T 'A'	51.50	51.36
1) Marissa Pope 98		
2) Alysha Foote 98		
3) Katrina Nesbit 98		
4) Caitlyn Cotton 98		
4 30-Eagles Wings 'A'	52.89	52.37
1) Lashauna Porter 98		
2) Meagan Blair 98		
3) Nia Garrett 98		
4) Chanelle Waters 98		
-- 40-40 Iowa Core Elite TC 'A'	52.34	DNS
1) Oksana Covey 97		
2) Gabi Gaines 97		
3) Micala Johnson 97		
4) Gabby White 97		
-- 40-40 Des Moines Area Youth TC 'A'	55.76	DNS
1) Ajea Anderson 98		
2) Aviana Anderson 97		
3) Deneshia Brown 97		
4) Shirecca Wilson 98		

4x400 Meter Relay 15-16 Division Girls

Nat'l: N 3:38.37 7/30/2000 United Stars, Philadelphia, PA  
 Christina Smith, Tiffany Abney, Tiffany Bradley,  
 Region Meet: # 4:05.71 2009 Boys & Girls Club Jaguars, Boys & Girls Cl  
 K. Montgomery, K. Avant, N. Cooperwood, N. Brewer

Team	Seed	Finals
1 29-Bellevue Recreation Youth T 'A'	4:17.59	4:22.70
1) Marissa Pope 98		
2) Veronica Hill 97		
3) Katrina Nesbit 98		
4) Caitlyn Cotton 98		
2 30-Eagles Wings 'A'		4:42.80
1) Chanelle Waters 98		
2) Lashauna Porter 98		
3) Keziah Lawson 98		
4) Nia Garrett 98		

High Jump 15-16 Division Girls

Nat'l: N 1.82m 7/29/2007 Shanay Briscoe, 25 Northwest Fly  
 Region Meet: # 1.70m 2005 Sarah Pierson, Cornhusker Flyers

Name	Year	Team	Seed	Finals
1 Kathleen Medill	98	Liccoln Jets	1.65m	1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65				
o o o o XO XXX				
2 Sydney Otto	98	Unattached	1.50m	1.55m 5-01.00
1.35 1.40 1.45 1.50 1.55 1.60				
o o o XO o XXX				

3	Mikaela Grant	97	Unattached	1.45m	1.50m	4-11.00
	1.35 1.40 1.45 1.50 1.55					
	O O O O XXX					
4	Bailey Cowling	98	Unattached	1.40m	1.30m	4-03.25
	1.30 1.35					
	XO XXX					

Pole Vault 15-16 Division Girls

Nat'l: N 4.01m 7/11/2008 Morgan LeLeax, New Heights GYM, LA						
Region Meet: # 3.66m 2010 Brittany Stangl, Team SoDak						
Name	Year	Team	Seed	Finals		
1 Alexis Kiefer	97	Unattached	3.18m	3.40m	11-01.75	
	2.90 3.05 3.20 3.40 3.50					
	O XO XXO O XXX					
2 Shaelyn Opichka	98	AP Vaulters	3.10m	3.05m	10-00.00	
	2.75 2.90 3.05 3.20					
	O O XO XXX					
3 Carolyn Nye	97	Track MN Elite	3.18m	3.05m	10-00.00	
	2.60 2.75 2.90 3.05 3.20					
	O O O XXO XXX					
3 Autumn Pitz	97	Aberdeen Running	2.44m	3.05m	10-00.00	
	2.60 2.75 2.90 3.05 3.20					
	O O O XXO XXX					
5 Paige Notch	97	Unattached	2.73m	2.60m	8-06.25	
	2.45 2.60 2.75					
	O O XXX					
6 Jessica Gross	97	Waverly-SouthSSJ	2.12m	1.85m	6-00.75	
	1.85 2.00					
	O XXX					
-- Allison Stadheim	98	Team Sodak	2.00m	NH		
	2.60					
	XXX					
-- Cheyenne Pinney	98	Unattached	2.29m	DNS		

Long Jump 15-16 Division Girls

Nat'l: N 6.16m 7/10/1999 Jill Bell, Cheyenne, WA							
Region Meet: # 5.60m 2012 Gabrielle Beauvais, Madison East							
Name	Year	Team	Seed	Finals	Wind		
1 Michaela Baker	98	Track MN Elite	4.71m	5.41m	NWI	17-09.00	
	5.03m(NWI) 4.74m(NWI) 5.06m(NWI) 5.18m(NWI) 5.41m(NWI) 5.09m(NWI)						
2 Valerie Larson	97	Madison Essharks	4.92m	5.14m	NWI	16-10.50	
	4.40m(NWI) 4.83m(NWI) 5.14m(NWI) 4.64m(NWI) FOUL 4.59m(NWI)						
3 Sydney Otto	98	Unattached	5.06m	4.90m	NWI	16-01.00	
	4.76m(NWI) 4.84m(NWI) 4.86m(NWI) 4.50m(NWI) 4.63m(NWI) 4.90m(NWI)						
4 McKayla Stowell	97	Southern MN Heat	4.52m	4.81m	NWI	15-09.50	
	4.71m(NWI) 4.81m(NWI) 4.72m(NWI) 4.48m(NWI) 4.49m(NWI) 4.44m(NWI)						
5 Annie Wagner	97	Team Woodbury	4.64m	4.73m	NWI	15-06.25	
	4.73m(NWI) FOUL FOUL FOUL FOUL FOUL						
5 Meagan Blair	98	Eagles Wings	4.67m	4.73m	NWI	15-06.25	
	4.73m(NWI) FOUL FOUL FOUL FOUL FOUL						
7 Mikaela Grant	97	Unattached	4.89m	4.68m	NWI	15-04.25	
	4.68m(NWI) 4.30m(NWI) 4.47m(NWI) 4.59m(NWI) FOUL 4.54m(NWI)						
8 Tiahna Burian	98	Team Nodak	4.72m	4.60m	NWI	15-01.25	
	4.60m(NWI) 4.52m(NWI) 4.53m(NWI) 4.50m(NWI) 4.53m(NWI) 4.27m(NWI)						
9 Kylee Bergantine	98	Team Nodak	4.36m	4.48m	NWI	14-08.50	
	4.41m(NWI) 4.07m(NWI) 4.10m(NWI) 4.14m(NWI) 4.48m(NWI) 4.23m(NWI)						
10 Chanelle Waters	98	Eagles Wings	4.42m	4.34m	NWI	14-03.00	
	FOUL FOUL 4.34m(NWI)						
11 Alysha Foote	98	Bellevue Breeze	4.17m	4.28m	NWI	14-00.50	
	4.28m(NWI) FOUL FOUL						
12 Chelsey Christensen	98	Unattached	4.28m	4.23m	NWI	13-10.50	
	4.23m(NWI) 4.03m(NWI) 4.09m(NWI)						
13 Lashauna Porter	98	Eagles Wings	4.11m	4.22m	NWI	13-10.25	
	4.22m(NWI) 3.84m(NWI) 3.63m(NWI)						

## Triple Jump 15-16 Division Girls

Nat'l: N 12.94m 7/30/2009		Ciarra Brewer, Mission Valley TC	
Region Meet: # 11.56m 2012		Colette Christensen, Rapid City, SD	
Name	Year Team	Seed	Finals Wind
1 Sydney Otto	98 Unattached	10.53m	10.75m 3.6 35-03.25
10.17m(2.9) 9.85m(2.7)	10.19m(3.3) 9.87m(2.8)	10.58m(4.5)	10.75m(3.6)
2 Michaela Baker	98 Track MN Elite	10.15m	10.73m 1.9 35-02.50
10.17m(2.5) 10.25m(2.6)	10.59m(3.4) 10.54m(2.9)	10.35m(2.8)	10.73m(1.9)
3 Annie Wagner	97 Team Woodbury	10.20m	10.38m 2.9 34-00.75
10.12m(1.8) 10.38m(2.9)	10.02m(2.8) 10.17m(2.1)	10.25m(3.5)	FOUL
4 Chelsey Christensen	98 Unattached	10.69m	9.76m 2.5 32-00.25
9.76m(2.5) 9.74m(1.4)	9.67m(2.4) 9.29m(3.8)	9.48m(3.0)	9.51m(2.0)
5 Kylee Bergantine	98 Team Nodak	8.90m	9.19m 2.6 30-02.00
9.04m(2.8) 9.13m(3.1)	9.04m(3.3) 9.19m(2.6)	8.41m(2.1)	8.91m(3.7)
6 Alysha Foote	98 Bellevue Breeze	9.76m	8.76m 3.0 28-09.00
FOUL FOUL	8.76m(3.0) FOUL FOUL	8.74m(1.9)	

## Shot Put 4kg 15-16 Division Girls

Nat'l: N 15.20m 7/21/2001		Michelle Carter, Ovilla, TX	
Region Meet: # 13.86m 2011		Kennedy Blahnik, Algoma, WI	
Name	Year Team	Seed	Finals
1 Kathleen Taylor	98 Unattached	11.23m	11.37m 37-03.75
FOUL 10.45m 11.37m	10.49m 11.22m 10.33m		
2 Bailey Retzlaff	97 Team Nodak	11.30m	11.22m 36-09.75
FOUL 11.22m 10.86m	9.65m 9.55m 10.89m		
3 Shelby Brown	97 Lincoln Youth TC	10.73m	11.08m 36-04.25
10.92m 10.62m 10.18m	10.69m 10.71m 11.08m		
4 Natalie Manders	98 Unattached	10.04m	11.05m 36-03.00
11.05m 10.29m FOUL	10.79m 11.02m 10.91m		
5 Eleni Knapp	98 Unattached	10.59m	11.03m 36-02.25
9.84m 10.28m 10.33m	10.66m 11.03m 11.01m		
6 Keely Walker	98 Team S2aq	11.18m	11.00m 36-01.25
10.04m 10.36m 10.42m	11.00m FOUL FOUL		
7 Kauri Hochhalter	98 Team Nodak	9.95m	9.97m 32-08.50
9.94m 9.21m 9.97m	9.94m 9.64m 9.68m		
8 Darby Roehl	98 Unattached	9.79m	9.85m 32-03.75
9.63m 9.67m 9.85m	9.17m FOUL 9.47m		
9 Cameron Downey	98 Track MN Elite	9.44m	8.62m 28-03.50
8.30m 8.62m 8.36m			
10 Becky Virgl	98 Unattached	8.63m	8.36m 27-05.25
8.36m 8.05m 7.98m			
11 Mariama Gillespie	98 Track MN Elite	8.50m	8.27m 27-01.75
8.27m 8.27m 8.08m			
12 Abigail Villafana	98 Park Flyers TC	7.73m	7.76m 25-05.50
7.76m 7.30m FOUL			
13 Jonae Sutton	97 Eagles Wings	8.23m	7.67m 25-02.00
7.45m 7.25m 7.67m			
-- Samantha Noennig	98 Madison Throws	10.87m	DNS
-- Teryn Koch	98 Omaha Racers	9.16m	DNS
-- Synovia Knox	97 S Madison Panther	7.61m	DNS
-- Emilee Shostrom	97 Lincoln Jets	9.95m	DNS
-- Akealy Moton	98 Team S2aq	11.60m	DNS

## Discus Throw 1kg 15-16 Division Girls

Nat'l: N 50.12m 5/12/1997		Elizabeth Debartolo, Aurora, IL	
Region Meet: # 47.48m 2011		Kennedy Blahnik, Algoma, WI	
Name	Year Team	Seed	Finals
1 Shelby Brown	97 Lincoln Youth TC	36.16m	41.50m 136-02
35.94m FOUL 40.33m	36.54m 39.12m 41.50m		
2 Natalie Manders	98 Unattached	39.76m	41.28m 135-05
41.28m 39.64m FOUL	37.40m 38.68m FOUL		
3 Kathleen Taylor	98 Unattached	30.51m	35.08m 115-01
31.07m 30.03m 29.13m	FOUL 35.08m FOUL		
4 Keely Walker	98 Team S2aq	32.31m	34.33m 112-07
34.33m 32.30m 34.21m	32.22m FOUL FOUL		

5	Becky Virgl	98 Unattached	31.14m	34.31m	112-07
	29.94m 34.31m FOUL	29.47m 30.51m 31.45m			
6	Bailey Retzlaff	97 Team Nodak	30.22m	34.14m	112-00
	32.01m FOUL 33.27m	34.14m 32.33m 31.14m			
7	Eleni Knapp	98 Unattached	34.56m	34.08m	111-10
	33.33m FOUL FOUL FOUL	FOUL 34.08m			
8	Darby Roehl	98 Unattached	29.86m	30.93m	101-06
	30.93m 22.56m 29.83m	FOUL 29.97m 29.14m			
9	Cameron Downey	98 Track MN Elite	33.28m	30.50m	100-01
	30.50m 27.70m 30.45m				
10	Bailey Hoffner	98 Team Nodak	25.87m	28.03m	91-11
	28.03m 25.06m 22.52m				
11	Mariama Gillespie	98 Track MN Elite	25.85m	26.70m	87-07
	26.11m 26.19m 26.70m				
12	Kauri Hochhalter	98 Team Nodak	35.54m	26.19m	85-11
	FOUL 26.19m 25.21m				
13	Abigail Villafana	98 Park Flyers TC	24.25m	24.16m	79-03
	23.41m 24.16m 23.70m				
14	Jonae Sutton	97 Eagles Wings	19.60m	16.76m	55-00
	14.32m 15.92m 16.76m				
--	Samantha Noennig	98 Madison Throws	36.95m	DNS	
--	Synovia Knox	97 S MadisonPanther	27.44m	DNS	
--	Emilee Shostrom	97 Lincoln Jets	30.60m	DNS	
--	Kiana Phelps	97 Unattached	41.00m	DNS	

#### Hammer Throw 15-16 Division Girls

Nat'l: N 47.75m 6/29/2010 Ashlen Veatch, unattached					
Region Meet: # 38.46m 2010 Sidnie Wilder, Rice Lake, WI					
Name	Year	Team	Seed	Finals	
1	Becky Virgl	98 Unattached		36.06m	118-04
	FOUL 28.36m 32.43m	FOUL 29.86m 36.06m			
2	Cameron Downey	98 Track MN Elite	19.13m	26.55m	87-01
	19.92m 25.88m FOUL	23.62m 26.55m FOUL			
3	Keely Walker	98 Team S2aq	22.85m	23.40m	76-09
	23.40m 21.95m 19.87m	22.19m 18.20m FOUL			
4	Abigail Villafana	98 Park Flyers TC	19.48m	17.41m	57-01
	15.15m 15.31m 14.93m	0.04m 17.41m 14.63m			
5	Jonae Sutton	97 Eagles Wings	16.54m	17.13m	56-02
	10.28m 16.17m 15.91m	16.31m 17.13m 16.79m			
--	Samantha Noennig	98 Madison Throws	35.48m	DNS	

#### Javelin Throw 600g 15-16 Division Girls

Nat'l: N 52.30m 7/31/2011 Avione Allgood, Vegas Valley					
Region Meet: # 37.06m 2012 Kayla Hochhalter, Team SoDak, SD					
Name	Year	Team	Seed	Finals	
1	Kauri Hochhalter	98 Team Nodak	32.13m	32.91m	108-00
	30.85m 32.91m 32.27m	FOUL 31.27m 29.06m			
2	Bailey Retzlaff	97 Team Nodak	30.19m	27.43m	90-00
	FOUL 23.15m 26.52m	22.90m 24.89m 27.43m			
3	Bailey Hoffner	98 Team Nodak	26.68m	27.13m	89-00
	26.21m 27.13m 25.87m	24.52m 24.93m 26.03m			
4	Mariama Gillespie	98 Track MN Elite	24.78m	26.87m	88-02
	26.19m FOUL 25.51m	26.47m 26.87m 23.40m			
5	Becky Virgl	98 Unattached	22.73m	25.27m	82-11
	22.33m 23.42m 22.82m	25.27m 22.69m 25.07m			
6	Abigail Villafana	98 Park Flyers TC	21.55m	24.24m	79-06
	13.97m 17.46m FOUL	21.72m 22.98m 24.24m			
--	Emilee Shostrom	97 Lincoln Jets	28.93m	DNS	
--	Cameron Downey	98 Track MN Elite	19.64m	DNS	
--	Akealy Moton	98 Team S2aq	33.47m	DNS	
--	Synovia Knox	97 S MadisonPanther	19.10m	DNS	
--	Katelyn Gochenour	98 CornhuskerFlyers		X47.75m#	156-08
	44.78m 47.61m 43.21m	43.80m 44.84m 47.75m			

#### Heptathlon: #4 200 Meter Dash 15-16 Division Girls Heptathlon

Name	Year	Team	Finals	Wind	Points
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1	Mikaela Grant	97 Unattached	28.30	-4.5	607
2	Chelsey Christensen	98 Unattached	29.84	-4.5	493
3	Carolyn Nye	97 Track MN Elite	29.97	-4.5	484
4	Maddie Mingo	98 Omaha Racers	30.51	-4.5	447
5	Madden Sharrett	97 Lincoln Youth TC	34.95	-4.5	193

Heptathlon: #7 800 Meter Run 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Points
1	Chelsey Christensen	98 Unattached	2:47.21 493
2	Mikaela Grant	97 Unattached	2:53.16 431
3	Carolyn Nye	97 Track MN Elite	3:05.74 314
4	Maddie Mingo	98 Omaha Racers	3:17.64 219
--	Madden Sharrett	97 Lincoln Youth TC	DNF

Heptathlon: #1 100 Meter Hurdles 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1	Mikaela Grant	97 Unattached	16.36	5.0	2 671
2	Carolyn Nye	97 Track MN Elite	16.91	4.2	1 607
3	Chelsey Christensen	98 Unattached	17.61	5.0	2 529
4	Maddie Mingo	98 Omaha Racers	18.99	5.0	2 391
5	Madden Sharrett	97 Lincoln Youth TC	19.45	4.2	1 349

Heptathlon: #2 High Jump 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Wind	H#	Points
1	Maddie Mingo	98 Omaha Racers	1.45m	4-09.00	566
	1.30 1.35 1.40 1.45 1.50				
	o o o o XXX				
1	Mikaela Grant	97 Unattached	1.45m	4-09.00	566
	1.35 1.40 1.45 1.50				
	o o XO XXX				
3	Chelsey Christensen	98 Unattached	1.40m	4-07.00	512
	1.25 1.30 1.35 1.40 1.45				
	o o o o XXX				
4	Madden Sharrett	97 Lincoln Youth TC	1.25m	4-01.25	359
	1.25 1.30				
	XXO XXX				
--	Carolyn Nye	97 Track MN Elite	NH		
	1.25				
	XXX				

Heptathlon: #5 Long Jump 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Wind	Points
1	Mikaela Grant	97 Unattached	4.41m +0.0	14-05.75 406
	4.33m(+0.0) 4.41m(+0.0) 4.34m(+0.0)			
2	Chelsey Christensen	98 Unattached	4.08m +0.0	13-04.75 326
	3.96m(+0.0) 4.02m(0.6) 4.08m(+0.0)			
3	Carolyn Nye	97 Track MN Elite	3.97m +0.0	13-00.25 301
	3.94m(0.4) 3.97m(+0.0) 3.82m(+0.0)			
4	Maddie Mingo	98 Omaha Racers	3.74m +0.0	12-03.25 250
	FOUL 3.74m(+0.0) FOUL			
4	Madden Sharrett	97 Lincoln Youth TC	3.74m 0.9	12-03.25 250
	FOUL 3.74m(0.9) FOUL			

Heptathlon: #3 Shot Put 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Points
1	Carolyn Nye	97 Track MN Elite	7.63m 25-00.50 375
	7.11m FOUL 7.63m		
2	Maddie Mingo	98 Omaha Racers	7.07m 23-02.50 340
	6.84m 6.86m 7.07m		
3	Mikaela Grant	97 Unattached	6.92m 22-08.50 330

6.92m	6.85m	FOUL				
4 Chelsey Christensen			98 Unattached	6.25m	20-06.25	287
5.59m	5.84m	6.25m				
5 Madden Sharrett			97 Lincoln Youth TC	5.68m	18-07.75	251
5.24m	5.68m	5.67m				

Heptathlon: #6 Javelin Throw 15-16 Division Girls Heptathlon

Name	Year Team	Finals	Points
1 Mikaela Grant	97 Unattached	23.73m	77-10 358
23.21m 23.73m 23.27m			
2 Carolyn Nye	97 Track MN Elite	17.77m	58-04 248
16.22m 17.77m 16.91m			
3 Maddie Mingo	98 Omaha Racers	17.38m	57-00 240
16.08m 17.38m 14.10m			
4 Chelsey Christensen	98 Unattached	16.44m	53-11 223
14.32m 12.96m 16.44m			
5 Madden Sharrett	97 Lincoln Youth TC	13.59m	44-07 171
13.59m FOUL FOUL			

Heptathlon 15-16 Division Girls

Name	Year Team	Seed	Finals
1 Mikaela Grant	97 Unattached	2484	3369.00
2 Chelsey Christensen	98 Unattached	2732	2863.00
3 Maddie Mingo	98 Omaha Racers	2347	2453.00
4 Carolyn Nye	97 Track MN Elite	1694	2329.00
5 Madden Sharrett	97 Lincoln Youth TC	2207	1573.00

3000 Meter Race Walk 15-16 Division Girls

Name	Year Team	Seed	Finals
1 Taylor Hogan	97 CornhuskerFlyers		22:23.17

100 Meter Dash 17-18 Division Women

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Danielle Riggins	96 Silver Spring Sp	11.96	12.21q	0.8	2
2 Megan Linder	95 Unattached	12.54	12.37q	0.8	2
3 Amanda Levin	96 Team Nodak	12.60	12.49q	0.8	2
4 Carolina Bowe	96 Track MN Elite	12.78	12.72q	0.8	2
5 Emma Kasap	96 Iowa Core Elite	13.03	12.73q	0.8	2
6 Camray Brenner	96 CornhuskerFlyers	12.90	12.89q	0.8	2
7 Michaela Cunningham	96 Iowa Core Elite	13.45	12.95q	0.6	1
8 Halley Morgan	96 Cedar Rapids TC	13.43	13.24q	0.8	2
9 Sierra Stotz	95 Aberdeen Running	13.10	13.55	0.8	2
10 Imara Hixon	96 Track MN Elite	13.90	13.78	0.6	1
11 Sarah Birkett	95 Johnston TC	15.17	15.23	0.6	1
-- Emily Sunderland	96 CornhuskerFlyers		DNS	0.6	1

100 Meter Dash 17-18 Division Women

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Danielle Riggins	96 Silver Spring Sp	12.21	12.00	3.5

2	Megan Linder	95	Unattached	12.37	12.16	3.5
3	Amanda Levin	96	Team Nodak	12.49	12.29	3.5
4	Carolina Bowe	96	Track MN Elite	12.72	12.42	3.5
5	Emma Kasap	96	Iowa Core Elite	12.73	12.59	3.5
6	Camray Brenner	96	CornhuskerFlyers	12.89	12.71	3.5
7	Michaela Cunningham	96	Iowa Core Elite	12.95	12.84	3.5
8	Halley Morgan	96	Cedar Rapids TC	13.24	13.25	3.5

200 Meter Dash 17-18 Division Women

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 Top 8 Advance by Time

Nat'l: N 23.24 7/26/2007 Victoria Jordan, 26 Dallas Gold T

Region Meet: # 23.77 2010 Dezerea Bryant, Milwaukee Mustangs

Name	Year	Team	Seed	Prelims	Wind	H#
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 Preliminaries

1	Danielle Riggins	96	Silver Spring Sp	23.92	25.01q	-1.6	2
2	Jessica Campbell	95	Iowa Core Elite	24.97	25.42q	-1.6	2
3	Megan Linder	95	Unattached	24.98	25.55q	-1.6	1
4	Amanda Levin	96	Team Nodak	26.60	25.98q	-1.6	2
5	Camray Brenner	96	CornhuskerFlyers	25.99	26.21q	-1.6	2
6	Carolina Bowe	96	Track MN Elite	26.94	26.46q	-1.6	2
7	Emma Kasap	96	Iowa Core Elite	25.92	26.52q	-1.6	2
8	Mary Young	96	Iowa Core Elite	26.60	26.69q	-1.6	2
9	Shaina Owens	96	Apollo TC	27.05	27.30	-1.6	1
10	Michaela Cunningham	96	Iowa Core Elite	26.97	27.50	-1.6	1
11	Halley Morgan	96	Cedar Rapids TC	26.89	27.83	-1.6	2
12	Chandalea Jones	96	N Omaha Bengals	27.48	27.91	-1.6	1
13	Imara Hixon	96	Track MN Elite	28.71	28.36	-1.6	1

200 Meter Dash 17-18 Division Women

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 Nat'l: N 23.24 7/26/2007 Victoria Jordan, 26 Dallas Gold T

Region Meet: # 23.77 2010 Dezerea Bryant, Milwaukee Mustangs

Name	Year	Team	Prelims	Finals	Wind
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 Finals

1	Danielle Riggins	96	Silver Spring Sp	25.01	24.21	2.9
2	Jessica Campbell	95	Iowa Core Elite	25.42	24.54	2.9
3	Megan Linder	95	Unattached	25.55	24.71	2.9
4	Amanda Levin	96	Team Nodak	25.98	25.35	2.9
5	Camray Brenner	96	CornhuskerFlyers	26.21	25.64	2.9
6	Emma Kasap	96	Iowa Core Elite	26.52	25.81	2.9
7	Mary Young	96	Iowa Core Elite	26.69	25.99	2.9
8	Carolina Bowe	96	Track MN Elite	26.46	26.26	2.9

400 Meter Dash 17-18 Division Women

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 Nat'l: N 51.31 7/27/2000 Monique Henderson, Buffalo, NY

Region Meet: # 56.11 2005 Sarah Lyons, Bellevue Recreation

Name	Year	Team	Seed	Finals	H#
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1	Megan Linder	95	Unattached	57.00	57.75	2
2	Camray Brenner	96	CornhuskerFlyers	58.32	58.11	2
3	Desiree Sanders	96	Apollo TC	58.41	58.60	2
4	Amanda Levin	96	Team Nodak	1:01.60	59.49	2
5	Jessica Campbell	95	Iowa Core Elite	1:00.49	1:00.38	2
6	Siena Patty	96	Park Flyers TC		1:03.20	1
7	Carolina Bowe	96	Track MN Elite	1:07.53	1:06.04	1
8	Sarah Birkett	95	Johnston TC	1:11.50	1:13.28	1
--	Chandalea Jones	96	N Omaha Bengals	1:03.98	DNF	2

800 Meter Run 17-18 Division Women

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 Nat'l: N 2:05.27 7/24/2005 Sarah Bowman, Indianapolis, IN

Region Meet: # 2:12.70 2010 Ellen Dougherty, Menville, IA

Name	Year	Team	Seed	Finals
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1	Katie Bostrom	96	Team Nodak	3:09.20	2:32.63
2	Kaitlyn Volk	96	Aberdeen Running	2:43.70	2:40.96
--	Kylie Gokie	95	Unattached	2:38.12	SCR



## 1500 Meter Run 17-18 Division Women

Name	Year	Team	Seed	Finals
Nat'l: N 4:26.39 8/2/1981 Cecilia Hopp, Cos Cob, CT				
Region Meet: # 4:42.54 2006 Cassandra Sokol, Unattached, IA				
1 Allison Culver	96	Cedar Rapids TC	5:11.46	5:09.36
2 Kaitlyn Volk	96	Aberdeen Running	5:26.00	5:24.79
3 Katie Bostrom	96	Team Nodak	5:30.00	5:29.48

## 3000 Meter Run 17-18 Division Women

Name	Year	Team	Seed	Finals
Nat'l: N 9:37.24 7/30/1998 Dana Boyle, Seattle, WA				
Region Meet: # 10:06.38 2011 Maria Hauger, Shakopee, MN				
1 Shannon Gorman	96	Cedar Rapids TC	10:43.97	10:44.86
2 Allison Culver	96	Cedar Rapids TC	11:42.64	11:00.86
3 Kaitlyn Volk	96	Aberdeen Running	11:36.20	11:36.81
4 Katie Bostrom	96	Team Nodak	14:27.10	12:00.55

## 100 Meter Hurdles 17-18 Division Women

## Top 8 Advance by Time

Name	Year	Team	Seed	Prelims	Wind
Nat'l: N 13.35 7/29/2006 April Williams, unattached					
Region Meet: # 14.23 2011 Laque Moen-Davis, Midwest Striders					
Preliminaries					
1 Danielle Riggins	96	Silver Spring Sp	14.43	14.32q	-1.4
2 Mary Young	96	Iowa Core Elite	15.14	14.72q	-1.4
3 Ashley Thompson	94	Aberdeen Running	16.30	15.57q	-1.4
4 Natalee Todd	95	Team Nodak	15.30	16.41q	-1.4
5 Colette Christensen	96	Unattached	17.70	17.26q	-1.4
6 Vanessa Johnson	95	Team S2aq	17.60	17.54q	-1.4
-- Chandalea Jones	96	N Omaha Bengals	17.99	DNS	-1.4

## 100 Meter Hurdles 17-18 Division Women

Name	Year	Team	Prelims	Finals	Wind
Nat'l: N 13.35 7/29/2006 April Williams, unattached					
Region Meet: # 14.23 2011 Laque Moen-Davis, Midwest Striders					
Finals					
1 Danielle Riggins	96	Silver Spring Sp	14.32	14.32	-1.4
2 Mary Young	96	Iowa Core Elite	14.72	14.72	-1.4
3 Ashley Thompson	94	Aberdeen Running	15.57	15.57	-1.4
4 Natalee Todd	95	Team Nodak	16.41	16.41	-1.4
5 Colette Christensen	96	Unattached	17.26	17.26	-1.4
6 Vanessa Johnson	95	Team S2aq	17.54	17.54	-1.4

## 400 Meter Hurdles 17-18 Division Women

Name	Year	Team	Seed	Finals
Nat'l: N 57.67 7/27/2008 Turquoise Thompson, 33 Together Elit				
Region Meet: # 1:03.91 2003 Erin Fogarty, Cornhusker Flyers				
1 Ashley Thompson	94	Aberdeen Running	1:05.00	1:07.56
2 Chandalea Jones	96	N Omaha Bengals	1:09.03	1:12.13
3 Paige Hackman	96	CornhuskerFlyers	1:18.61	1:15.79
-- Malaysia Ford	96	Silver Spring Sp	1:18.91	SCR

## 2000 Meter Steeplechase 17-18 Division Women

Name	Year	Team	Seed	Finals
Nat'l: N 6:54.37 7/22/2008 Alyssa Allison, 22 Team Missouri				
Region Meet: # 7:28.73 2010 Melissa Parks, Norfolk Track Club				
1 Shannon Gorman	96	Cedar Rapids TC	7:49.97	7:23.39#
2 Anna Maurer	95	Team Woodbury	7:48.56	7:33.57

3 Katie Bostrom 96 Team Nodak 9:14.70 8:28.02  
 4 Paige Hackman 96 CornhuskerFlyers 9:24.22 9:23.54

4x100 Meter Relay 17-18 Division Women

Nat'l: N 44.43 7/28/2007 12 26 Dallas Gold TC, 26 Dallas Gold T  
 L Stewart, A Pegram, B Carr, V Jordan  
 Region Meet: # 46.46 2010 Milwaukee Mustangs, Milwaukee Mustangs  
 Athletes not listed

Team	Seed	Finals
1 40-40 Iowa Core Elite TC 'A'	49.01	48.97
1) Michaela Cunningham 96	2) Emma Kasap 96	
3) Mary Young 96	4) Jessica Campbell 95	
2 52-Team Nodak 'A'	51.20	51.54
1) Christina Bruenjes 95	2) Natalee Todd 95	
3) Bailey Reiner 96	4) Emma Schalow 96	
3 52-Aberdeen Area Running Club 'A'	51.10	51.57
1) Kristie Mettler 95	2) Ashley Thompson 94	
3) Jessica Weber 95	4) Sierra Stotz 95	
-- 30-Track Minnesota Elite 'A'	54.32	DNS
1) Elise Anderson 96	2) Carolina Bowe 96	
3) Niara Hill 96	4) Imara Hixon 96	

4x400 Meter Relay 17-18 Division Women

Nat'l: N 3:35.51 7/29/2001 "United Stars "A", Philadelphia, PA  
 Evelyn Dwyer, Dominique Darden, Danielle Rogers, Tiff  
 Region Meet: # 3:55.63 2008 Mississippi Valley, Mississippi Valley  
 S. Cameron, G. Johnson, B. Runge, AG Bradford

Team	Seed	Finals
1 40-40 Iowa Core Elite TC 'A'	4:02.48	4:10.71
1) Jessica Campbell 95	2) Michaela Cunningham 96	
3) Mary Young 96	4) Emma Kasap 96	

4x800 Meter Relay 17-18 Division Women

Nat'l: N 8:50.72 7/25/2007 02 08 United Stars, 02 08 United Sta  
 S Gee, I Iheoma, C Price, B Taylor  
 Region Meet: # 9:58.26 2008 Iowa United, Iowa United  
 B. Fagerlind, S. Henke, M. Cashman, D. Flood

Team	Seed	Finals
1 52-Aberdeen Area Running Club 'A'	12:48.10	10:38.44
1) Kelsey Sutera 96	2) Tara Ronke 94	
3) Liz Kubal 96	4) Whitlee Larson 96	

High Jump 17-18 Division Women

Nat'l: N 1.85m 7/25/1996 Adrienne Sims, Fayetteville, NC  
 Region Meet: # 1.75m 2005 Tressa Beckel, Waseca, MN

Name	Year Team	Seed	Finals
1 Colette Christensen	96 Unattached	1.58m	1.65m 5-05.00
1.50 1.55 1.60 1.65 1.71			
O O O XXO XXX			
2 Nailah Hill	95 Track MN Elite	1.45m	1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65			
O O O XO XO XXX			
3 Kaija Crowe	95 Fuzion Athletics	1.55m	1.60m 5-03.00
1.50 1.55 1.60 1.65			
O XXO XO XXX			
4 Vanessa Johnson	95 Team S2aq	1.60m	1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65			
O O O O XXO XXX			
-- Heather Showers	95 CornhuskerFlyers	1.50m	DNS

Pole Vault 17-18 Division Women

Nat'l: N 4.21m 7/25/2008 Natalie Willer, Cornhusker Flyers, NE

Region Meet: # 4.07m 2012

Bonnie Draxler, AP Vaulters

Name	Year	Team	Seed	Finals
1 Klara Lyon	96	Unattached	3.35m	3.25m 10-08.00
2.80 2.95 3.10 3.25 3.40				
O O O XO XXX				
2 Kamelia Schneider	95	Unattached	3.00m	2.80m 9-02.25
2.50 2.65 2.80 2.95				
O O XO XXX				
3 Paris Ekman	95	Team Nodak	3.05m	2.65m 8-08.25
2.65 2.95				
O XXX				
-- Bonnie Draxler	95	AP Vaulters	4.15m	DNS

Long Jump 17-18 Division Women

Nat'l: N 6.36m 7/23/1994 Angela Henry, Omaha, NE

Region Meet: # 6.03m 2002

Priya Hoze, Ailver Springs Spartans

Name	Year	Team	Seed	Finals	Wind
1 Tierra Williams	95	Tachyon Athletik	5.60m	5.85m 1.5 19-02.50	
5.85m(1.5) 5.61m(1.1) 5.67m(0.9) 5.55m(1.9) 5.48m(2.5) 5.85m(2.9)					
2 Morgan Johnson	96	Unattached	5.28m	5.66m 0.9 18-07.00	
4.97m(1.0) 5.14m(1.1) 5.34m(1.7) 5.57m(1.3) 5.66m(0.9) FOUL					
3 Emma Schalow	96	Team Nodak	4.75m	5.47m NWI 17-11.50	
5.35m(NWI) 5.27m(NWI) 5.33m(NWI) 5.47m(NWI) 5.35m(NWI) 5.07m(NWI)					
4 Alexis Gannon	95	Unattached	5.50m	5.40m 1.7 17-08.75	
5.40m(1.7) 5.30m(NWI) 5.34m(1.3) FOUL 5.39m(1.2) FOUL					
5 Christina Bruenjes	95	Team Nodak		5.20m 3.6 17-00.75	
5.00m(NWI) 4.66m(1.3) 4.86m(1.5) 4.85m(2.0) 5.02m(1.5) 5.20m(3.6)					
6 Hayley Krumwiede	96	Tachyon Athletik	4.82m	5.09m 1.9 16-08.50	
FOUL 4.97m(1.6) 4.81m(1.1) 5.09m(1.9) 5.00m(2.2) 4.99m(2.2)					
7 Piper Jensen	96	Park Flyers TC	5.22m	5.05m 2.5 16-07.00	
5.05m(2.5) 4.89m(1.1) 4.84m(1.2) 4.41m(1.7) 4.95m(3.4) 4.79m(3.3)					
8 Bailey Reiner	96	Team Nodak	4.99m	4.92m 1.1 16-01.75	
FOUL 4.69m(1.0) 4.85m(2.7) 4.86m(+0.0) 4.92m(1.1) 4.85m(2.7)					
9 Niara Hill	96	Track MN Elite	4.81m	4.78m 1.1 15-08.25	
4.78m(1.1) 4.53m(1.6) 4.67m(1.1)					
10 Shaina Owens	96	Apollo TC	4.45m	4.63m 1.2 15-02.25	
4.63m(1.2) 4.46m(1.8) 4.45m(+0.0)					
11 Colette Christensen	96	Unattached	4.78m	4.50m 1.3 14-09.25	
4.50m(1.3) 4.49m(1.7) PASS					
12 Sarah Birkett	95	Johnston TC	3.87m	3.79m NWI 12-05.25	
3.79m(NWI) FOUL 3.74m(1.4)					
-- Hannah Longnecker	96	All-American TC	3.70m	DNS NWI	
-- Bianca Davis	95	Silver Spring Sp	4.63m	DNS NWI	

Triple Jump 17-18 Division Women

Nat'l: N 13.01m 7/28/1996 Alicia Broussard, Houston, TX

Region Meet: # 12.31m 2010

Laque Moen-Davis, Midwest Striders

Name	Year	Team	Seed	Finals	Wind
1 Tierra Williams	95	Tachyon Athletik	11.34m	12.03m 2.0 39-05.75	
12.03m(2.0) PASS PASS					
2 Alexis Gannon	95	Unattached	11.26m	11.85m 2.0 38-10.50	
FOUL 11.70m(1.8) 11.21m(1.8) FOUL 11.49m(3.2) 11.85m(2.0)					
3 Piper Jensen	96	Park Flyers TC	11.20m	11.76m 2.6 38-07.00	
11.73m(2.8) FOUL FOUL 11.76m(2.6) 11.59m(1.8) 11.63m(2.6)					
4 Niara Hill	96	Track MN Elite	10.19m	11.58m NWI 38-00.00	
FOUL 11.38m(1.7) 11.58m(NWI) FOUL 11.16m(2.5) FOUL					
5 Ashley Thompson	94	Aberdeen Running	11.15m	11.41m NWI 37-05.25	
FOUL FOUL 11.41m(NWI) 11.23m(1.0) FOUL 11.13m(1.0)					
6 Hayley Krumwiede	96	Tachyon Athletik	10.59m	11.35m NWI 37-03.00	
10.72m(2.6) 10.75m(1.6) 11.35m(NWI) 10.38m(1.8) 10.29m(0.4) 11.01m(2.4)					
7 Colette Christensen	96	Unattached	10.15m	10.91m 1.6 35-09.50	
FOUL 10.01m(3.0) FOUL 10.91m(1.6) FOUL FOUL					
8 Christina Bruenjes	95	Team Nodak		10.82m 1.4 35-06.00	
FOUL 10.82m(1.4) 10.67m(4.1) 10.21m(1.7) 10.79m(1.5) FOUL					
-- Natalee Todd	95	Team Nodak	10.78m	FOUL	
FOUL FOUL FOUL					

-- Morgan Johnson 96 Unattached 10.90m FOUL  
 FOUL FOUL FOUL  
 -- Vanessa Johnson 95 Team S2aq 10.39m DNS NWI

Shot Put 4kg 17-18 Division Women

=====  
 Nat'l: N 16.41m 7/25/2012 Christina Hillman, Unattached  
 Region Meet: # 13.90m 2006 Samantha Musil, Cornhusker Flyers  
 Name Year Team Seed Finals  
 =====  
 1 Kayla Hochhalter 96 Team Nodak 12.50m 12.02m 39-05.25  
 11.68m 12.02m FOUL 11.69m 11.53m 11.43m  
 2 Alysha O'Connell 95 Unattached 11.00m 11.74m 38-06.25  
 10.61m 11.66m 11.74m FOUL 11.17m 11.31m  
 3 Nailah Hill 95 Track MN Elite 11.10m 10.70m 35-01.25  
 10.70m FOUL FOUL FOUL FOUL FOUL  
 4 Lizzie Virgl 96 Unattached 10.03m 10.35m 33-11.50  
 FOUL 9.81m 8.10m 9.79m 10.16m 10.35m  
 5 Lauren Doeschot 96 CornhuskerFlyers 9.38m 10.17m 33-04.50  
 9.78m 9.28m 9.23m 10.17m 9.40m 10.17m  
 6 Kes Burke 96 CornhuskerFlyers 8.58m 9.49m 31-01.75  
 8.38m 9.12m 9.49m 8.83m FOUL FOUL  
 =====

Discus Throw 1kg 17-18 Division Women

=====  
 Nat'l: N 53.42m 7/9/1995 Suzy Powell, Joplin, MO  
 Region Meet: # 50.35m 2002 Abby Emsick, Cornhusker Flyers  
 Name Year Team Seed Finals  
 =====  
 1 Stephanie Gemar 96 Unattached 39.12m 41.49m 136-01  
 40.52m 41.49m 38.14m 40.03m 39.32m 37.48m  
 2 Nailah Hill 95 Track MN Elite 39.51m 40.36m 132-05  
 38.86m 40.36m 40.35m 38.42m FOUL 39.37m  
 3 Lizzie Virgl 96 Unattached 34.08m 38.38m 125-11  
 32.89m 35.61m 35.81m 38.38m 36.32m 32.82m  
 4 Kayla Hochhalter 96 Team Nodak 32.26m 36.33m 119-02  
 34.90m 36.33m 35.15m FOUL FOUL 33.53m  
 5 Lauren Doeschot 96 CornhuskerFlyers 31.69m 35.87m 117-08  
 35.87m 33.95m 35.68m 35.84m 34.78m 34.75m  
 6 Kes Burke 96 CornhuskerFlyers 33.35m 34.89m 114-06  
 FOUL 33.40m FOUL FOUL 33.64m 34.89m  
 7 Alysha O'Connell 95 Unattached 21.26m 29.65m 97-03  
 29.65m 29.37m FOUL 29.64m 28.62m 28.80m  
 =====

Hammer Throw 17-18 Division Women

=====  
 Nat'l: N 54.30m 7/23/2012 Avana Story, 03-Throwldee  
 Region Meet: # 46.10m 2007 Jasmine Mosley, Bellevue Recreation  
 Name Year Team Seed Finals  
 =====  
 1 Breann Jackson 94 Aberdeen Running 18.02m 42.59m 139-09  
 39.04m 38.76m FOUL 42.59m FOUL FOUL  
 2 Lauren Doeschot 96 CornhuskerFlyers 35.15m 36.81m 120-09  
 33.86m 36.60m 36.81m 36.65m 35.49m FOUL  
 3 Lizzie Virgl 96 Unattached 35.98m 118-00  
 31.28m 29.46m FOUL 32.77m 32.82m 35.98m  
 4 Kes Burke 96 CornhuskerFlyers 33.90m 34.95m 114-08  
 FOUL 34.95m FOUL FOUL 32.43m FOUL  
 =====

Javelin Throw 600g 17-18 Division Women

=====  
 Nat'l: N 52.30m 7/28/2011 Avione Allgood, Wichita, KS  
 Region Meet: # 38.66m 2001 Abby Emsick, Cornhusker Flyers  
 Name Year Team Seed Finals  
 =====  
 1 Kayla Hochhalter 96 Team Nodak 44.18m 41.60m# 136-06  
 40.71m 41.29m 40.57m 41.60m FOUL FOUL  
 2 Lauren Doeschot 96 CornhuskerFlyers 33.42m 34.94m 114-07  
 31.66m 33.76m FOUL 33.70m 33.52m 34.94m  
 3 Paige Hackman 96 CornhuskerFlyers 29.05m 30.60m 100-05  
 30.60m 20.62m 23.46m 28.68m 27.08m 28.80m  
 =====

4	Serenity McAndrews	95	Unattached	26.77m	29.63m	97-02
	24.99m 29.63m FOUL FOUL 23.38m 27.45m					
5	Nailah Hill	95	Track MN Elite	31.47m	29.39m	96-05
	FOUL 28.43m 29.39m 29.30m FOUL FOUL					
6	Lizzie Virgl	96	Unattached	27.05m	28.54m	93-08
	27.84m FOUL 27.45m FOUL 27.99m 28.54m					
7	Sarah Birkett	95	Johnston TC	15.94m	14.85m	48-09
	14.37m 9.65m FOUL 14.85m 11.08m 12.39m					
--	Kylie Gokie	95	Unattached	41.63m	DNS	

Heptathlon: #4 200 Meter Dash 17-18 Division Women Heptathlon

Name	Year Team	Finals	Wind	Points
1 Kaija Crowe	95 Fuzion Athletics	27.10	-4.5	704
2 Colette Christensen	96 Unattached	29.53	-4.5	515

Heptathlon: #7 800 Meter Run 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points
1 Kaija Crowe	95 Fuzion Athletics	2:44.09	527
2 Colette Christensen	96 Unattached	3:01.10	355

Heptathlon: #1 100 Meter Hurdles 17-18 Division Women Heptathlon

Name	Year Team	Finals	Wind	Points
1 Colette Christensen	96 Unattached	16.57	5.4	646
2 Kaija Crowe	95 Fuzion Athletics	16.98	5.4	599

Heptathlon: #2 High Jump 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points
1 Kaija Crowe	95 Fuzion Athletics	1.70m	855
	1.45 1.50 1.55 1.60 1.65 1.70 1.75		
	O XO O O XXO O XXX		
2 Colette Christensen	96 Unattached	1.65m	795
	1.50 1.55 1.60 1.65 1.70		
	O O XO O XXX		

Heptathlon: #5 Long Jump 17-18 Division Women Heptathlon

Name	Year Team	Finals	Wind	Points
1 Colette Christensen	96 Unattached	4.59m	+0.0	451
	FOUL 4.52m(+0.0) 4.59m(+0.0)			
2 Kaija Crowe	95 Fuzion Athletics	4.53m	0.2	436
	4.48m(+0.0) 4.48m(+0.0) 4.53m(0.2)			

Heptathlon: #3 Shot Put 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points
1 Colette Christensen	96 Unattached	7.36m	358
	7.01m 6.97m 7.36m		
2 Kaija Crowe	95 Fuzion Athletics	7.19m	347
	7.19m 6.70m 6.97m		

Heptathlon: #6 Javelin Throw 17-18 Division Women Heptathlon

Name	Year Team	Finals	Points
1 Colette Christensen	96 Unattached	18.77m	266
	18.09m 18.76m 18.77m		
2 Kaija Crowe	95 Fuzion Athletics	17.13m	236
	17.13m 15.25m 15.94m		

Heptathlon 17-18 Division Women

Nat'l: N 5365 7/25/2001 Diana Pickler, Sache, TX  
 Region Meet: # 4670 2001 Jacenta Spandl, Moorhead, MN  
 4268 JO'S

Name	Year	Team	Seed	Finals
1 Kaija Crowe	95	Fuzion Athletics	3342	3704.00
2 Colette Christensen	96	Unattached	3329	3386.00

3000 Meter Race Walk 17-18 Division Women

Nat'l: N 14:20.80 6/17/1993 Lisa Chumbley, Houston, TX

Name	Year	Team	Seed	Finals
-- Paige Hackman	96	CornhuskerFlyers	19:06.86	DNS

100 Meter Dash 8&Under Division Boys

Top 8 Advance by Time

Nat'l: N 13.69 7/31/2011 Nolan Hickman, High Voltage  
 Region Meet: # 14.85 2011 Tamin Lipsey, Ames Impact

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Juriad Hughes	05	MN Track Spikes	15.44	# 14.85q	-1.7	2
2 Zach Robus	05	Westside TC	15.23	15.34q	-1.7	2
3 J'Dyn Bullion	05	Jaguars N Omaha	14.81	15.42q	-1.7	2
4 Darrelle Bonam	05	Apollo TC	15.58	15.90q	-1.7	2
5 Jaylen Lloyd	05	Jaguars N Omaha	15.53	16.43q	-1.7	2
6 Taylor Collins	05	Central IA Excal	16.33	16.79q	-1.7	2
7 Maurice Bell	06	Jaguars N Omaha	16.02	16.91q	-1.7	2
8 Luke Noameshie	05	Wings of Omaha	16.48	16.93q	-1.7	2
9 Austin Dabney	05	Aberdeen Running	17.00	17.50	-1.7	1
10 Jack Sennes	05	Park Flyers TC	17.67	17.94	-1.7	1
11 Cortez Nichols	05	Central IA Excal	18.21	18.24	-1.7	1
12 Berthieu Mwenentanda	05	Unattached	17.60	18.28	-1.7	1
13 Isaiah Roundtree	05	Central IA Excal	18.12	18.54	-1.7	1
14 Carter Dingman	05	Aberdeen Running	18.40	19.03	-1.7	1

100 Meter Dash 8&Under Division Boys

Nat'l: N 13.69 7/31/2011 Nolan Hickman, High Voltage  
 Region Meet: # 14.85 2011 Tamin Lipsey, Ames Impact

Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Juriad Hughes	05	MN Track Spikes	14.85	14.55	2.9
2 Zach Robus	05	Westside TC	15.34	14.83	2.9
3 J'Dyn Bullion	05	Jaguars N Omaha	15.42	14.96	2.9
4 Darrelle Bonam	05	Apollo TC	15.90	15.19	2.9
5 Jaylen Lloyd	05	Jaguars N Omaha	16.43	15.65	2.9
6 Maurice Bell	06	Jaguars N Omaha	16.91	15.73	2.9
7 Taylor Collins	05	Central IA Excal	16.79	16.20	2.9
8 Luke Noameshie	05	Wings of Omaha	16.93	16.35	2.9

200 Meter Dash 8&Under Division Boys

Top 8 Advance by Time

Nat'l: N 28.20 6/30/2012 Kendrick Law, Spar TC  
 Region Meet: # 30.73 2011 Abraham Hoskins, D&A Track Elite

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Juriad Hughes	05	MN Track Spikes	32.52	# 30.47q	-1.1	2
2 J'Dyn Bullion	05	Jaguars N Omaha	34.04	30.83q	-1.1	2
3 Zach Robus	05	Westside TC	31.78	32.17q	-1.1	2
4 Kash Bates	05	Licolen Jets	35.62	33.18q	-1.1	2
5 Damarion Davis	05	Jaguars N Omaha	35.37	33.28q	-1.1	2
6 Jalen Morris	05	Central IA Excal	35.60	35.60q	-1.1	2
7 Grant Tschosik	05	Team Nodak	41.20	36.59q	-0.9	1
8 Bryce Jaworski	05	Unattached	36.41	37.27q	-1.1	2
9 Austin Dabney	05	Aberdeen Running	38.70	37.50	-1.1	2

10	Isaiah Roundtree	05	Central IA Excal	38.76	37.64	-0.9	1
11	Joshua Beil	06	Team Nodak	45.90	38.22	-0.9	1
12	Desmond Ware	06	Eagles Wings	39.47	38.24	-0.9	1
13	James Lien	06	Team Nodak	39.70	38.84	-0.9	1
14	Germany Camp	06	Des Moines YthTC	41.22	40.03	-0.9	1
15	Truitt Brannan	06	Team Nodak	43.50	40.62	-0.9	1
16	Berthieu Mwenentanda	05	Unattached	43.10	42.79	-0.9	1

200 Meter Dash 8&Under Division Boys

=====  
 Nat'l: N 28.20 6/30/2012 Kendrick Law, Spar TC  
 Region Meet: # 30.73 2011 Abraham Hoskins, D&A Track Elite  
 Name Year Team Prelims Finals Wind  
 =====  
 Finals  
 1 Juriad Hughes 05 MN Track Spikes 30.47 30.54 3.3  
 2 Zach Robus 05 Westside TC 32.17 31.22 3.3  
 3 J'Dyn Bullion 05 Jaguars N Omaha 30.83 32.21 3.3  
 4 Kash Bates 05 Lincoln Jets 33.18 32.58 3.3  
 5 Damarion Davis 05 Jaguars N Omaha 33.28 32.69 3.3  
 6 Jalen Morris 05 Central IA Excal 35.60 35.12 3.3  
 7 Bryce Jaworski 05 Unattached 37.27 35.54 3.3  
 8 Grant Tschosik 05 Team Nodak 36.59 37.63 3.3

400 Meter Dash 8&Under Division Boys

=====  
 Nat'l: N 1:05.84 7/27/2012 Thomas Williams, 09-Oklahoma  
 Region Meet: # 1:09.20 2011 Aaron Smith, Des Moines Area Youth  
 Name Year Team Seed Finals H#  
 =====  
 1 Darrelle Bonam 05 Apollo TC 1:18.33 1:18.62 2  
 2 Jalen Morris 05 Central IA Excal 1:19.43 1:20.92 2  
 3 Bryce Jaworski 05 Unattached 1:27.20 1:25.45 2  
 4 Byron Sam 06 Jaguars N Omaha 1:22.74 1:27.65 2  
 5 Jaxson Minear 07 Central IA Excal 1:29.84 1:28.83 2  
 6 Jonathan Owen 06 Westside TC 1:31.01 1:28.97 2  
 7 Desmond Ware 06 Eagles Wings 1:29.17 1:30.36 2  
 8 Dominic Stutesman 05 Hastings Titans 1:30.50 1:32.12 2  
 9 Germany Camp 06 Des Moines YthTC 1:37.27 1:32.20 1  
 10 Ryan Becker 06 Minnesota Speed 1:33.62 1:33.18 1  
 11 Berthieu Mwenentanda 05 Unattached 1:35.70 1:38.27 1  
 12 Tommy Schreiner 06 Team Nodak 1:43.00 1:40.37 1  
 13 Conner Schlaht 06 Unattached 1:51.80 1:45.48 1

800 Meter Run 8&Under Division Boys

=====  
 Nat'l: N 2:35.23 6/10/2012 Elijah Porras, Falcon Talons  
 Region Meet: # 2:45.17 2011 Aaron Smith, Des Moines Area Youth  
 Name Year Team Seed Finals  
 =====  
 1 Xander Koski 05 CornhuskerFlyers 3:11.31 3:15.99  
 2 Grant Tschosik 05 Team Nodak 3:29.90 3:16.03  
 3 Jonathan Owen 06 Westside TC 3:14.75 3:27.08  
 4 Ryan Becker 06 Minnesota Speed 3:32.01 3:39.01

1500 Meter Run 8&Under Division Boys

=====  
 Nat'l: N 5:18.52 6/23/2012 Elijah Porras, Falcon Talons  
 Region Meet: # 5:49.44 2012 Camden Ralston, Papillion, NE  
 Name Year Team Seed Finals  
 =====  
 1 Xander Koski 05 CornhuskerFlyers 6:32.13 6:18.63  
 2 Jonathan Owen 06 Westside TC 6:20.80 6:19.08  
 3 Dominic Stutesman 05 Hastings Titans 7:28.71 7:04.53  
 4 Evan Volkmer 05 Lincoln Youth TC 8:01.06 8:34.05

4x100 Meter Relay 8&Under Division Boys

=====  
 Nat'l: N 58.30 7/30/2011 Glenarden TC, Glenarden TC  
 T. Hawkins, T. Rankine, P. Rawlings, L. Colbert  
 Region Meet: # 1:05.86 2012 S. Gould A. Hoskins T. Rouse M.Toliver, D&

Team	Seed	Finals
1 40-40 Central Iowa Excaliburs 'A'	1:08.26	1:07.11
1) Cortez Nichols 05	2) Jalen Morris 05	
3) Jaxson Minear 07	4) Taylor Collins 05	
2 29-Jaguars North Omaha Boys Gi 'A'	1:11.00	1:10.32
1) Maurice Bell 06	2) Jaylen Lloyd 05	
3) Damarion Davis 05	4) J'Dyn Bullion 05	
3 52-Aberdeen Area Running Club 'A'	1:15.90	1:12.13
1) Carter Dingman 05	2) Tyler Schaeffer 05	
3) Avery Ligon 05	4) Austin Dabney 05	
4 52-Team Nodak 'A'	1:19.20	1:16.23
1) Truitt Brannan 06	2) Joshua Beil 06	
3) James Lien 06	4) Tommy Schreiner 06	
-- 30-Park Flyers Track Field Clu 'A'	1:20.86	DQ Illegal Team
1) Jack Sennes 05	2)	
3) Ryan DuSaire 05	4)	
-- 40-40 Des Moines Area Youth TC 'A'	1:24.84	DNS
1) Richard Banks 05	2) Ezekiel Bass 06	
3) Rezon Brown 05	4) Germany Camp 06	

#### 4x400 Meter Relay 8&Under Division Boys

Nat'l: N	Time	Date	Team	Seed	Finals
Nat'l: N	4:52.00	7/29/2012	03-Carolina Elite Track And Fi, 03-Carolin V Anthony, B Brown, S Demary, K Perry		
Region Meet: #	6:16.78	2012	J. Cannon C. Dunn M. Keeten C. Vaughan, D&		
Team				Seed	Finals
1 29-North Omaha Bengals TC 'A'	6:11.01				6:23.91
1) Kyrell Jordan 05	2) Jacob Martin 05				
3) Ty'Zhaun Valentine 05	4) Dallas Gallion 05				

#### Long Jump 8&Under Division Boys

Nat'l: N	Time	Date	Team	Seed	Finals	Wind
Nat'l: N	4.46m	7/28/2012	Kendrick Law, 06-Spar TC			
Region Meet: #	3.90m	2012	Antrell Taylor, Omaha United			
Name	Year	Team	Seed	Finals	Wind	
1 Jaylen Lloyd	05	Jaguars N Omaha	3.28m	3.22m	0.4	10-06.75
3.01m(0.6)	3.22m(0.4)	2.89m(0.3)	2.84m(NWI)	FOUL	3.09m(NWI)	
2 Darrelle Bonam	05	Apollo TC	2.74m	3.19m	NWI	10-05.75
2.74m(0.1)	FOUL	FOUL	3.19m(NWI)	2.57m(NWI)	FOUL	
3 Zach Robus	05	Westside TC	2.83m	2.97m	0.5	9-09.00
FOUL	2.97m(0.5)	FOUL	FOUL	FOUL	FOUL	
4 Payton Hochhalter	05	Team Nodak	2.84m	2.89m	NWI	9-05.75
2.70m(0.3)	2.83m(0.4)	2.59m(0.4)	2.52m(NWI)	2.89m(NWI)	2.74m(NWI)	
5 Maxwell Scheef	05	West Omaha	2.99m	2.85m	0.3	9-04.25
2.70m(0.3)	2.85m(0.3)	2.74m(0.5)	2.55m(NWI)	2.83m(NWI)	2.27m(NWI)	
6 Kash Bates	05	Licolen Jets	2.71m	2.84m	0.3	9-04.00
2.75m(0.5)	2.71m(0.3)	2.84m(0.3)	FOUL	2.51m(NWI)	2.58m(NWI)	
7 Luke Noameshie	05	Wings of Omaha	2.76m	2.83m	0.4	9-03.50
2.71m(0.5)	2.63m(0.5)	2.83m(0.4)	FOUL	2.78m(NWI)	FOUL	
8 Ryan DuSaire	05	Park Flyers TC	2.77m	2.82m	NWI	9-03.00
2.65m(0.5)	2.55m(0.8)	2.16m(NWI)	2.82m(NWI)	2.40m(NWI)	2.68m(NWI)	
9 Truitt Brannan	06	Team Nodak	2.69m	2.45m	0.5	8-00.50
2.08m(0.7)	2.18m(0.4)	2.45m(0.5)				
10 Ryan Becker	06	Minnesota Speed	2.13m	2.38m	0.7	7-09.75
2.38m(0.7)	FOUL	2.03m(0.4)				
11 Tommy Schreiner	06	Team Nodak	2.28m	2.25m	0.4	7-04.75
2.12m(0.5)	2.25m(0.4)	2.01m(0.4)				
12 DeAndre Hendry	06	Unattached	2.18m	2.24m	1.5	7-04.25
2.24m(1.5)	2.17m(0.5)	FOUL				
13 Jaxson Minear	07	Central IA Excal	2.71m	2.23m	0.6	7-03.75
2.23m(0.6)	2.23m(0.4)	FOUL				
14 Joshua Beil	06	Team Nodak	2.55m	2.03m	0.3	6-08.00
FOUL	FOUL	2.03m(0.3)				
15 Deshaun Pongsak	05	Eagles Wings	2.02m	1.94m	0.6	6-04.50
1.89m(0.4)	1.94m(0.6)	1.70m(0.4)				
-- Thomas Foley	05	Team Sodak	2.25m	DNS	NWI	
-- Juriad Hughes	05	MN Track Spikes	2.97m	DNS	NWI	



## Shot Put 2k 8&amp;Under Division Boys

Nat'l: N 9.62m 6/22/2012 Maalik Murphy, 15-Speed Cit  
 Region Meet: # 8.02m 2010 Hunter Saltzman, Bellevue Breeze

Name	Year	Team	Seed	Finals
1 Payton Hochhalter	05	Team Nodak	6.69m	7.06m 23-02.00
6.37m 6.84m 7.06m 6.80m 6.74m FOUL				
2 Cortez Nichols	05	Central IA Excal	4.93m	6.53m 21-05.25
6.04m 6.12m 5.99m 5.66m 5.81m 6.53m				
3 Luke Noameshie	05	Wings of Omaha	4.59m	5.37m 17-07.50
5.03m 5.14m 4.87m 5.37m 4.92m 4.82m				
4 Reginald Smith	05	Eagles Wings	4.38m	5.13m 16-10.00
5.13m 4.04m FOUL 4.86m 3.71m 4.43m				
5 Ian Phebus	05	Unattached	4.82m	4.84m 15-10.50
4.84m 4.37m 4.45m 4.18m 4.71m 4.68m				
6 Isaiah Roundtree	05	Central IA Excal	3.89m	4.79m 15-08.75
3.77m 4.51m 4.57m 4.57m FOUL 4.79m				
7 Daniel Elsesser	05	Unattached	4.39m	4.71m 15-05.50
4.22m 4.71m 3.89m 3.94m 4.54m 4.06m				
8 Chance Vertin	07	HastingsSaintsTC	4.36m	4.41m 14-05.75
4.05m FOUL 3.85m 4.36m 4.27m 4.41m				
9 Kenneth Wells	06	Eagles Wings	3.43m	3.32m 10-10.75
3.32m FOUL 3.09m				
-- Jackson McClung	06	Unattached	5.11m	DNS
-- Jamaree Tyson	05	S MadisonPanther	4.57m	DNS

## Javelin Throw 300g 8&amp;Under Division Boys

Nat'l: N 33.29m 7/25/2012 Maalik Murphy, 15-Speed Cit  
 Region Meet: # 18.39m 2011 Alex Staub, Westside Track Club

Name	Year	Team	Seed	Finals
1 Taylor Collins	05	Central IA Excal	19.85m	22.51m# 73-10
19.23m 17.62m 22.51m 21.06m 21.70m 21.46m				
2 Maxwell Scheef	05	West Omaha	19.88m	22.46m# 73-08
21.08m 19.95m 20.06m 22.06m 21.25m 22.46m				
3 Payton Hochhalter	05	Team Nodak	17.21m	19.35m# 63-06
18.44m 18.59m 17.80m FOUL 19.35m 15.18m				
4 Kash Bates	05	Licolen Jets	18.64m	17.60m 57-09
11.69m 13.82m 14.44m 16.45m 17.00m 17.60m				
5 Carter Dingman	05	Aberdeen Running	16.89m	15.92m 52-03
14.02m 14.35m 14.12m 14.67m 14.33m 15.92m				
6 Ian Phebus	05	Unattached	12.82m	15.01m 49-03
15.01m 13.42m 13.13m 12.82m 13.61m 14.79m				
7 Reginald Smith	05	Eagles Wings	12.86m	14.82m 48-07
14.82m 12.31m 8.95m FOUL FOUL FOUL				
8 Deshaun Pongsak	05	Eagles Wings	16.32m	13.07m 42-10
10.04m FOUL 13.07m 10.68m FOUL 8.66m				
9 Jamar Carson	06	Jaguars N Omaha	12.77m	12.78m 41-11
12.30m 12.78m 7.25m				
10 Tyler Schaeffer	05	Aberdeen Running	11.99m	11.96m 39-03
FOUL 9.87m 11.96m				
11 DeAndre Hendry	06	Unattached	8.54m	8.36m 27-05
8.36m FOUL 7.63m				
12 Chance Vertin	07	HastingsSaintsTC	10.28m	7.50m 24-07
7.01m 7.50m 6.98m				
-- Jamaree Tyson	05	S MadisonPanther	5.76m	DNS
-- Jackson McClung	06	Unattached	18.84m	DNS

## 100 Meter Dash 9-10 Division Boys

## Top 8 Advance by Time

Nat'l: N 11.69 6/5/2008 Darian Trout, Omaha, NE  
 Region Meet: # 13.43 2009 K.J. Cotton, La Vista, NE

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Aaron Smith	03	Iowa Core Elite	13.71	13.75q	-0.8	2
2 Marreion Marks	03	N Omaha Bengals	13.88	14.02q	-0.8	2
3 Timothy Johnson	03	Park Flyers TC	13.94	14.50q	-0.8	2

4	Courtney Hunter	03	Jaguars N Omaha	14.28	14.75q	-0.8	2	
5	Bennett Fried	04	La Crosse TC	14.88	14.82q	-0.8	2	
6	Justin Gleason	04	Minnesota Speed	14.40	14.85q	-1.3	1	
7	Seth Johnson	03	Park Flyers TC	14.15	15.00q	-0.8	2	
8	Sir'vell Miller	03	Eagles Wings	14.57	15.32q	-0.8	2	
9	Quintin Balentine	03	Silver Spring Sp	14.80	15.44	-0.8	2	
10	Taieyk Cam	03	Des Moines YthTC	15.18	15.72	-1.3	1	
11	Andrew Hase	03	Aberdeen Running	15.50	15.92	-1.3	1	15.916
12	Tyler Williams	04	Unattached	15.20	15.92	-1.3	1	15.919
13	Daxtin Novak	04	Cedar Rapids TC	15.59	15.94	-1.3	1	
14	Reese Russman	04	Unattached	16.00	16.33	-1.3	1	
15	Spencer Barr	04	Aberdeen Running	16.60	16.65	-1.3	1	

100 Meter Dash 9-10 Division Boys

Nat'l: N 11.69 6/5/2008 Darian Trout, Omaha, NE  
 Region Meet: # 13.43 2009 K.J. Cotton, La Vista, NE

Name	Year	Team	Prelims	Finals	Wind		
Finals							
1	Aaron Smith	03	Iowa Core Elite	13.75	13.32	3.8	
2	Marreion Marks	03	N Omaha Bengals	14.02	13.90	3.8	
3	Courtney Hunter	03	Jaguars N Omaha	14.75	14.04	3.8	
4	Timothy Johnson	03	Park Flyers TC	14.50	14.14	3.8	
5	Seth Johnson	03	Park Flyers TC	15.00	14.38	3.8	
6	Bennett Fried	04	La Crosse TC	14.82	14.48	3.8	14.471
7	Justin Gleason	04	Minnesota Speed	14.85	14.48	3.8	14.480
8	Sir'vell Miller	03	Eagles Wings	15.32	14.77	3.8	

200 Meter Dash 9-10 Division Boys

Top 8 Advance by Time  
 Nat'l: N 25.83 8/2/2003 Rannell Hall, Miami, FL  
 Region Meet: # 27.63 2009 K.J. Cotton, La Vista, NE

Name	Year	Team	Seed	Prelims	Wind	H#	
Preliminaries							
1	Aaron Smith	03	Iowa Core Elite	29.08	28.55q	-1.0	2
2	Marreion Marks	03	N Omaha Bengals	28.78	29.28q	-1.0	2
3	Isaac Jeffrey	04	Track MN Elite	30.22	30.82q	-1.0	2
4	Bryson Canton	03	Iowa Speed T&F	31.41	30.85q	-1.0	2
5	Bennett Fried	04	La Crosse TC	31.39	31.16q	-1.0	2
6	Sir'vell Miller	03	Eagles Wings	31.12	31.20q	-1.0	2
7	Quintin Balentine	03	Silver Spring Sp	30.07	31.94q	-1.0	2
8	Taieyk Cam	03	Des Moines YthTC	33.03	32.12q	-1.3	1
9	Tyler Williams	04	Unattached	32.37	32.52	-1.3	1
10	Mekhi Marks	04	N Omaha Bengals	31.45	32.92	-1.0	2
11	Daxtin Novak	04	Cedar Rapids TC	33.15	33.04	-1.3	1
12	Clayton McDonough	04	Unattached	33.93	33.60	-1.3	1
13	Spencer Barr	04	Aberdeen Running	36.40	33.64	-1.3	1
14	Marvell Lee	04	Silver Spring Sp	33.59	34.56	-1.3	1
--	Liam Streitz	04	Unattached	36.50	DNS	-1.3	1

200 Meter Dash 9-10 Division Boys

Nat'l: N 25.83 8/2/2003 Rannell Hall, Miami, FL  
 Region Meet: # 27.63 2009 K.J. Cotton, La Vista, NE

Name	Year	Team	Prelims	Finals	Wind	
Finals						
1	Aaron Smith	03	Iowa Core Elite	28.55	28.23	3.7
2	Marreion Marks	03	N Omaha Bengals	29.28	28.76	3.7
3	Isaac Jeffrey	04	Track MN Elite	30.82	29.95	3.7
4	Quintin Balentine	03	Silver Spring Sp	31.94	30.40	3.7
5	Bennett Fried	04	La Crosse TC	31.16	30.47	3.7
6	Bryson Canton	03	Iowa Speed T&F	30.85	30.51	3.7
7	Taieyk Cam	03	Des Moines YthTC	32.12	31.91	3.7
--	Sir'vell Miller	03	Eagles Wings	31.20	DNS	3.7

400 Meter Dash 9-10 Division Boys

Nat'l: N 58.45 6/23/2012 James Smith, LA Jets  
 Region Meet: # 1:03.19 2004 Terry Grigsby, Omaha, NE

Name	Year	Team	Seed	Finals	H#
1 Aaron Smith	03	Iowa Core Elite	1:05.12	1:05.10	2
2 Antrell Taylor	04	Omaha United TC	1:08.70	1:09.79	2
3 Timothy Johnson	03	Park Flyers TC	1:13.12	1:10.35	2
4 Koa McIntyre	03	Fremont TC	1:08.64	1:11.39	2
5 William Kyle	04	Bellevue Breeze	1:15.78	1:12.75	1
6 Jesse Drahota	03	Unattached	1:12.62	1:13.20	2
7 Daxtin Novak	04	Cedar Rapids TC	1:15.22	1:14.11	1
8 Tyler Williams	04	Unattached	1:17.79	1:15.17	1
9 Michael Boehm	04	CornhuskerFlyers	1:15.28	1:15.18	1
10 Camden Ralston	04	CornhuskerFlyers	1:16.95	1:15.20	1
11 Clayton McDonough	04	Unattached	1:14.90	1:16.70	2
12 Isaac Polak	03	Unattached	1:21.10	1:17.61	1
13 Antone McNair	04	Omaha United TC	1:14.28	1:23.03	2
14 Reese Russman	04	Unattached	1:24.90	1:30.00	1
-- Isaac Jeffrey	04	Track MN Elite	1:14.94	DNS	2

800 Meter Run 9-10 Division Boys

Nat'l: N 2:19.00 5/20/1989 Los Angeles Jets  
 Region Meet: # 2:31.71 2004 Jay Schneider, Southwest Area, WI

Name	Year	Team	Seed	Finals	H#
1 Levi Young	03	Omaha Racers	2:34.75	2:40.77	2
2 Bryson Canton	03	Iowa Speed T&F	2:44.84	2:43.39	2
3 Antrell Taylor	04	Omaha United TC	2:43.61	2:47.43	2
4 Camden Ralston	04	CornhuskerFlyers	2:49.92	2:51.09	2
5 William Kyle	04	Bellevue Breeze	2:52.91	2:51.51	2
6 Demarion Watson	03	Track MN Elite	2:55.54	2:53.03	1
7 Alex Staub	03	Central IA Excal	2:44.85	2:53.36	2
8 Blake Anderson	03	Park Flyers TC	2:57.71	2:56.68	1
9 Austin Sanderfoot	03	Unattached	2:58.18	2:57.82	1
10 Taivin Johnson	03	N Omaha Bengals	2:57.88	3:03.44	1
11 Joseph Volkmer	04	Lincoln Youth TC	2:52.90	3:10.24	2
12 Luke Elsesser	04	Unattached	3:15.14	3:11.86	1
13 Jordan Kuhlmann	04	Eagles Wings	3:23.69	3:15.63	1
-- Maxwell Morgan	03	Merton Area RC	2:48.17	SCR	

1500 Meter Run 9-10 Division Boys

Nat'l: N 4:43.70 7/31/2005 Robert Amick, unattached-14  
 Region Meet: # 4:57.52 2007 Justin Liedke, Cornhusker Flyers

Name	Year	Team	Seed	Finals
1 Levi Young	03	Omaha Racers	5:20.97	5:13.78
2 Bryson Canton	03	Iowa Speed T&F	5:27.60	5:27.82
3 Maxwell Morgan	03	Merton Area RC	5:22.10	5:28.37
4 Conrad Schroeder	03	Lincoln Jets	5:40.89	5:40.67
5 Joseph Volkmer	04	Lincoln Youth TC	6:06.49	5:41.00
6 Austin Sanderfoot	03	Unattached	5:50.38	5:42.10
7 Camden Ralston	04	CornhuskerFlyers	5:45.16	5:44.98
8 Alex Staub	03	Central IA Excal	5:43.13	5:52.01
9 Blake Anderson	03	Park Flyers TC	5:55.75	5:57.23
10 Andrew Hase	03	Aberdeen Running	6:16.20	6:02.82
11 Jack Morrison	03	Omaha Racers	6:21.34	6:36.72
12 William Ventling	03	Omaha Racers	6:24.59	6:45.13
13 Zechariah Ziegler	03	Unattached	6:44.15	6:51.50
14 William Smith	03	Minnesota Speed	7:16.56	7:06.83
-- Joseph Zabawa	04	Lincoln Youth TC	6:56.29	DNS

4x100 Meter Relay 9-10 Division Boys

Nat'l: N 51.63 8/3/2003 Miami Metro-Dade, Miami, FL  
 Leo Simmons, Darryl Brown, Shaquille Kearse, Ranne  
 Region Meet: # 57.11 2006 K Tatum. J Harris. C Smith. C. Howell, Milwa  
 Team Seed Finals

1 30-Eagles Wings 'A'	1:03.34	1:04.86
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1) Leandre Smith 03	2) Sir'vell Miller 03		
3) David Riley 04	4) Jordan Kuhlmann 04		
2 30-Park Flyers Track Field Clu 'A'		1:07.08	1:07.36
1) Timothy Johnson 03	2) Blake Anderson 03		
3) Ezra Frazier 04	4) Seth Johnson 03		
-- 40-40 Des Moines Area Youth TC 'A'		1:22.06	DNS
1) James Brown 03	2) Taieyk Cam 03		
3) Adonis Coleman 04	4) Jeneral Gaskin 04		

4x400 Meter Relay 9-10 Division Boys

Nat'l: N 4:09.48 6/26/2011 Speed City TC, Speed City TC  
 J. Johnson, D Mars, J. Wilcox, T. McDonald  
 Region Meet: # 4:36.08 2002 McGaugh Grigsby Anderson Metoyer, Boys/Gir  
 Team Seed Finals

1 29-North Omaha Bengals TC 'A'		5:23.83	5:28.34
1) Marreion Marks 03	2) Mekhi Marks 04		
3) Tonio Clark 03	4) Isaiah Holliday 03		

High Jump 9-10 Division Boys

Nat'l: N 1.60m 6/30/2010 Sean Lee, Cerritos, CA  
 Region Meet: # 1.40m 2012 Maximilia Murrell, Cornhuskers Flyers

Name	Year Team	Seed	Finals
1 Matthew Medill	03 Licoln Jets	1.25m	1.35m 4-05.00
1.15 1.20 1.25 1.30 1.35 1.40			
O O O O O XXX			
2 Conrad Schroeder	03 Licoln Jets	0.80m	1.25m 4-01.25
1.10 1.15 1.20 1.25 1.30			
O O XXO O XXX			
3 William Kyle	04 Bellevue Breeze	1.20m	1.25m 4-01.25
1.00 1.05 1.10 1.15 1.20 1.25 1.30			
O O O XO XO XO XXX			
4 Isaac Polak	03 Unattached	1.27m	1.15m 3-09.25
1.05 1.10 1.15 1.20			
O O O XXX			
5 Max Koebernick	04 Licoln Jets	1.20m	1.15m 3-09.25
0.90 0.95 1.00 1.05 1.10 1.15 1.20			
O O O O XO O XXX			
6 Jacob Bodin	04 Falcon Track	1.10m	1.05m 3-05.25
0.90 0.95 1.00 1.05 1.10			
O O XO XO XXX			
7 Jessie Cauble	04 West Omaha	1.10m	1.05m 3-05.25
1.00 1.05 1.10			
O XXO XXX			
8 Jack Morrison	03 Omaha Racers	1.00m	1.00m 3-03.25
0.90 0.95 1.00 1.05			
O O O XXX			
8 Noah Reimer	03 Merton Area RC	1.05m	1.00m 3-03.25
0.90 0.95 1.00 1.05			
O O O XXX			
-- Miles Knox	03 S MadisonPanther	0.95m	DNS
-- Jonathan LaDay	04 Fremont TC	0.85m	DNS
-- Robert Grace	03 Eagles Wings	1.20m	DNS

Long Jump 9-10 Division Boys

Nat'l: N 4.97m 7/29/2003 Thomas Johnson, Dallas, TX  
 Region Meet: # 4.45m 2006 Matthew Goodwin, Ames, IA

Name	Year Team	Seed	Finals	Wind
1 Matthew Medill	03 Licoln Jets	4.40m	4.50m# +0.0	14-09.25
FOUL 4.50m(+0.0) 4.19m(0.5) 4.20m(+0.0) 3.89m(1.6) 4.20m(1.7)				
2 Courtney Hunter	03 Jaguars N Omaha	4.08m	4.41m NWI	14-05.75
4.41m(NWI) FOUL FOUL 4.01m(NWI) FOUL FOUL				
3 Antrell Taylor	04 Omaha United TC	3.68m	4.16m 1.5	13-07.75
2.92m(0.5) 4.09m(0.7) 4.16m(1.5) 3.61m(+0.0) 3.54m(+0.0) FOUL				
4 Isaac Polak	03 Unattached	3.72m	4.00m 0.6	13-01.50
4.00m(0.6) 3.52m(+0.0) 4.00m(NWI) 3.82m(+0.0) 3.71m(+0.0) 3.82m(1.9)				

5	Justin Gleason	04 Minnesota Speed	3.93m	3.83m	+0.0	12-06.75
	3.72m(+0.0)	3.78m(+0.0)	3.65m(1.1)	3.77m(+0.0)	3.83m(+0.0)	3.63m(+0.0)
6	Isaac Jeffrey	04 Track MN Elite	4.01m	3.66m	1.3	12-00.25
	3.47m(+0.0)	3.63m(+0.0)	3.66m(1.3)	3.40m(+0.0)	3.55m(+0.0)	3.50m(1.0)
7	Jessie Cauble	04 West Omaha	3.22m	3.65m	1.3	11-11.75
	3.50m(0.9)	3.41m(0.6)	FOUL	3.47m(+0.0)	3.24m(+0.0)	3.65m(1.3)
8	Damian Payton	04 Jaguars N Omaha	3.39m	3.59m	+0.0	11-09.50
	3.59m(+0.0)	FOUL	FOUL	3.42m(+0.0)	3.43m(+0.0)	3.47m(1.0)
9	Jacob Bodin	04 Falcon Track	3.16m	3.39m	0.9	11-01.50
	3.39m(0.9)	3.19m(+0.0)	3.37m(0.3)			
10	Demarion Watson	03 Track MN Elite	3.72m	3.39m	+0.0	11-01.50
	3.15m(+0.0)	3.39m(+0.0)	FOUL			
11	Antone McNair	04 Omaha United TC	3.35m	3.29m	0.9	10-09.50
	3.29m(0.9)	3.16m(0.9)	3.07m(+0.0)			
12	Seth Johnson	03 Park Flyers TC	3.29m	3.21m	+0.0	10-06.50
	3.17m(+0.0)	2.90m(0.7)	3.21m(+0.0)			
13	Spencer Barr	04 Aberdeen Running	3.00m	3.16m	+0.0	10-04.50
	FOUL	2.99m(+0.0)	3.16m(+0.0)			
14	Adam Senna	04 Park Flyers TC	3.07m	3.15m	+0.0	10-04.00
	3.14m(+0.0)	3.12m(+0.0)	3.15m(+0.0)			
15	Kyle Williams	03 Westside TC	2.99m	3.08m	0.5	10-01.25
	3.00m(+0.0)	3.08m(0.5)	2.74m(+0.0)			
16	Noah Reimer	03 Merton Area RC	3.20m	2.68m	+0.0	8-09.50
	FOUL	FOUL	2.68m(+0.0)			
--	Clayton McDonough	04 Unattached	3.02m	FOUL		
	FOUL	FOUL	FOUL			
--	Miles Knox	03 S MadisonPanther	2.78m	DNS	NWI	

#### Shot Put 6 lb. 9-10 Division Boys

Nat'l: N 13.40m 7/28/2012 Dylan Carter, Unattached  
 Region Meet: # 10.02m 2005 Jerald Foster, Lincoln Youth

Name	Year	Team	Seed	Finals
1 Matthew Medill	03	Licoln Jets	8.29m	8.03m 26-04.25
		FOUL 7.59m 7.73m 7.15m 8.03m 7.31m		
2 Keyshawn Pettis	03	Jaguars N Omaha	7.01m	7.68m 25-02.50
		7.68m 7.48m 5.37m FOUL 7.51m 7.17m		
3 Tyler Wilson	03	Bellevue Breeze	7.00m	6.56m 21-06.25
		6.52m 6.32m 5.94m 6.56m 6.08m 6.16m		
4 Leandre Smith	03	Eagles Wings	6.02m	6.03m 19-09.50
		6.03m 5.68m 5.64m FOUL 5.20m 5.22m		
5 Andrew Schmitz	03	CornhuskerFlyers	6.00m	5.99m 19-08.00
		5.63m 5.69m 5.49m 5.34m 5.99m 5.46m		
6 Calvin Cuddy	03	Lincoln Youth TC	6.01m	5.82m 19-01.25
		4.77m 4.87m 5.54m 5.37m 5.82m 5.25m		
7 Kelby Crotty	04	Unattached	4.19m	4.88m 16-00.25
		4.16m 4.32m 4.29m 4.46m 4.88m 4.39m		
-- Adonis Coleman	04	Des Moines YthTC	3.33m	DNS
-- Michael Johnson	04	S MadisonPanther	6.27m	DNS
-- Logan Nosekabel	03	All-American TC	6.46m	DNS

#### Javelin Throw 300g 9-10 Division Boys

Nat'l: N 41.16m 6/10/2007 Armand Shyne, Fair Oaks, CA  
 Region Meet: # 33.46m 2002 Benton Lindaman, Westside, IA

Name	Year	Team	Seed	Finals
1 Andrew Schmitz	03	CornhuskerFlyers	23.62m	24.54m 80-06
		24.54m 23.62m 22.77m 21.62m 20.94m 23.88m		
2 Alex Staub	03	Central IA Excal	22.09m	24.06m 78-11
		23.01m 24.06m 23.43m 22.31m 23.50m 21.49m		
3 Conrad Schroeder	03	Licoln Jets	21.41m	23.32m 76-06
		FOUL 23.32m 21.70m 21.38m 21.36m 19.86m		
4 Jack Morrison	03	Omaha Racers	22.75m	22.31m 73-02
		FOUL 22.31m 13.37m 14.94m 17.43m 18.53m		
5 Isaiah Stennis	04	Jaguars N Omaha	21.41m	22.25m 73-00
		FOUL 22.25m 20.86m 21.78m FOUL 20.00m		
6 Tyler Wilson	03	Bellevue Breeze	25.90m	20.79m 68-02
		17.91m 18.44m 16.67m 18.59m 20.10m 20.79m		
7 Jacob Bodin	04	Falcon Track	18.96m	18.63m 61-01

16.79m	18.63m	15.67m	18.35m	14.47m	16.23m			
8	Elijah Lawson		04	Eagles Wings		19.20m	18.43m	60-05
14.20m	18.43m	16.75m	14.01m	11.90m	14.16m			
9	Calvin Cuddy		03	Lincoln Youth TC		19.35m	17.47m	57-04
17.12m	17.47m	13.73m						
10	Jordan Kuhlmann		04	Eagles Wings		17.01m	16.46m	54-00
16.46m	10.83m	10.80m						
11	Noah Reimer		03	Merton Area RC		16.73m	16.34m	53-07
16.34m	11.31m	11.27m						
12	Bryce McDonough		04	Unattached		13.47m	15.01m	49-03
13.90m	15.01m	FOUL						
--	Michael Johnson		04	S MadisonPanther		13.61m	DNS	
--	Trevor Gochanour		03	Wings of Omaha		19.25m	DNS	
--	Logan Nosekabel		03	All-American TC		13.28m	DNS	
--	Miles Knox		03	S MadisonPanther		13.22m	DNS	

Triathlon: #3 400 Meter Dash 9-10 Division Boys Triathlon

Name	Year Team	Finals	Points
1 Conrad Schroeder	03 Licoln Jets	1:12.87	84
2 Isaac Polak	03 Unattached	1:13.36	76
3 Alex Staub	03 Central IA Excal	1:14.47	59
4 Kyle Williams	03 Westside TC	1:20.63	2
5 Jack Morrison	03 Omaha Racers	1:25.34	
6 Tyler Wilson	03 Bellevue Breeze	1:28.65	
-- Jessie Cauble	04 West Omaha	DNS	

Triathlon: #2 High Jump 9-10 Division Boys Triathlon

Name	Year Team	Finals	Points
1 Conrad Schroeder	03 Licoln Jets	1.25m	4-01.25 218
1.10 1.15 1.20 1.30			
o o o o XXX			
1 Isaac Polak	03 Unattached	1.25m	4-01.25 218
1.05 1.10 1.15 1.20 1.25 1.30			
o o o o XXO PPP			
3 Jack Morrison	03 Omaha Racers	1.05m	3-05.25 105
0.90 0.95 1.00 1.05 1.10			
o o o o XXX			
4 Alex Staub	03 Central IA Excal	1.00m	3-03.25 81
0.85 0.90 0.95 1.00 1.05			
o o o o XXX			
5 Kyle Williams	03 Westside TC	0.95m	3-01.25 59
0.80 0.85 0.90 0.95 1.00			
o o o o XXX			
6 Tyler Wilson	03 Bellevue Breeze	0.90m	2-11.50 39
0.90 0.95			
o XXX			
-- Jessie Cauble	04 West Omaha	DNS	

Triathlon: #1 Shot Put 9-10 Division Boys Triathlon

Name	Year Team	Finals	Points
1 Isaac Polak	03 Unattached	7.38m	24-02.50 330
7.38m 7.21m 6.78m			
2 Conrad Schroeder	03 Licoln Jets	6.84m	22-05.25 298
6.58m 6.14m 6.84m			
3 Tyler Wilson	03 Bellevue Breeze	6.78m	22-03.00 294
6.49m 6.63m 6.78m			
4 Jack Morrison	03 Omaha Racers	5.36m	17-07.00 212
5.36m 5.34m 4.88m			
5 Alex Staub	03 Central IA Excal	5.29m	17-04.25 208
5.10m 5.15m 5.29m			
6 Kyle Williams	03 Westside TC	4.57m	15-00.00 166
4.21m 4.57m 4.37m			
-- Jessie Cauble	04 West Omaha	DNS	

=====  
 Nat'l: N 1236 7/24/2012 Ashton Allen, Living Waters TC  
 Region Meet: # 800 2005 Chris Johnston, Roseville, MN  
 629 JO'S

Name	Year	Team	Seed	Finals
1 Isaac Polak	03	Unattached	616	624.00
2 Conrad Schroeder	03	Liccoln Jets	712	600.00
3 Alex Staub	03	Central IA Excal	354	348.00
4 Tyler Wilson	03	Bellevue Breeze	362	333.00
5 Jack Morrison	03	Omaha Racers	307	317.00
6 Kyle Williams	03	Westside TC	208	227.00

100 Meter Dash 11-12 Division Boys

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 Top 8 Advance by Time

Nat'l: N 11.64 7/26/2009 Bryce Love, Carolina Elite/Dunham,NC  
 Region Meet: # 12.17 2011 Kurtis Cotton, Bellevue Recreation

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Michael Bartz	01	Wings of Omaha	13.13	13.29q	0.1	2
2 Zander Gray	01	Wings of Omaha	13.31	13.48q	0.1	2
3 Carrell Hunter	01	Jaguars N Omaha	13.86	13.95q	0.1	2
4 Donovan Hunt	01	Silver Spring Sp	13.82	14.01q	0.1	2
5 Alek Roggenbuck	01	Park Flyers TC	13.92	14.23q	0.1	2
6 Nathan Williams	01	Unattached	14.29	14.25q	0.1	2
7 Mykale Christian	02	Silver Spring Sp	14.25	14.56q	0.1	2
8 Zachary Gaines	02	Iowa Core Elite	14.68	14.64q	-0.3	1
9 Ethan Summy	01	Colfax Mingo TC	14.76	14.73	-0.3	1
10 Jack Carlson	01	Team Nodak	14.10	14.84	0.1	2
11 Nick Gerard	01	Iowa Speed T&F	14.95	14.90	-0.3	1
12 Malcolm Janis	02	Unattached	14.30	14.95	-0.3	1
13 Dre Von Strickland	01	Des Moines YthTC	14.76	15.47	-0.3	1
14 Josh Gross	01	Waverly-SouthSSJ	15.30	15.89	-0.3	1
15 Deontay Gross	02	Waverly-SouthSSJ	16.40	17.39	-0.3	1

100 Meter Dash 11-12 Division Boys

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 Nat'l: N 11.64 7/26/2009 Bryce Love, Carolina Elite/Dunham,NC  
 Region Meet: # 12.17 2011 Kurtis Cotton, Bellevue Recreation

Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Michael Bartz	01	Wings of Omaha	13.29	12.91	4.1
2 Zander Gray	01	Wings of Omaha	13.48	13.12	4.1
3 Carrell Hunter	01	Jaguars N Omaha	13.95	13.48	4.1
4 Alek Roggenbuck	01	Park Flyers TC	14.23	13.63	4.1
5 Donovan Hunt	01	Silver Spring Sp	14.01	13.70	4.1
6 Nathan Williams	01	Unattached	14.25	13.96	4.1
7 Mykale Christian	02	Silver Spring Sp	14.56	14.17	4.1
8 Zachary Gaines	02	Iowa Core Elite	14.64	14.39	4.1

200 Meter Dash 11-12 Division Boys

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 Top 8 Advance by Time

Nat'l: N 23.37 8/1/2009 Bryce Love, Carolina Elite/Raleigh,N  
 Region Meet: # 24.98 2011 Kurtis Cotton, Bellevue Recreation

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Michael Bartz	01	Wings of Omaha	27.30	27.25q	-1.0	3
2 Drake Daniels	01	Track MN Elite	27.67	27.58q	-1.0	3
3 Joseph Braasch	02	Unattached	28.98	28.59q	-1.0	3
4 Zander Gray	01	Wings of Omaha	28.06	28.81q	-1.0	3
5 Nathan Williams	01	Unattached	28.75	28.89q	-1.0	3
6 Mykale Christian	02	Silver Spring Sp	29.71	29.02q	-1.4	2
7 Donovan Hunt	01	Silver Spring Sp	29.58	29.06q	-1.4	2
8 Jalen Adams	02	Iowa Core Elite	28.21	29.13q	-1.0	3
9 Rais Hill	02	Track MN Elite	29.87	29.33	-1.4	2
10 Alek Roggenbuck	01	Park Flyers TC	29.50	29.77	-1.0	3

11	Jack Carlson	01	Team Nodak	31.40	30.54	-1.4	2
12	Ethan Summy	01	Colfax Mingo TC	30.37	30.79	-1.4	2
13	Malcolm Janis	02	Unattached	31.80	30.86	-1.4	2
14	Dre Von Strickland	01	Des Moines YthTC	30.06	32.12	-1.4	2
15	Cooper Glenn	02	Unattached	35.40	33.40	-0.6	1
16	Charlie Kretchman	02	Team Nodak	36.90	34.42	-0.6	1
17	Justin Dowling	01	Unattached	37.90	34.48	-0.6	1
--	Joseph Duruji	01	Real T & F	27.75	DNS	-1.0	3

200 Meter Dash 11-12 Division Boys

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Nat'l: N 23.37		8/1/2009	Bryce Love, Carolina Elite/Raleigh,N				
Region Meet: # 24.98		2011	Kurtis Cotton, Bellevue Recreation				
Name	Year	Team	Prelims	Finals	Wind		
=====							

Finals

1	Michael Bartz	01	Wings of Omaha	27.25	26.54	4.5
2	Drake Daniels	01	Track MN Elite	27.58	27.15	4.5
3	Zander Gray	01	Wings of Omaha	28.81	27.61	4.5
4	Joseph Braasch	02	Unattached	28.59	28.03	4.5
5	Jalen Adams	02	Iowa Core Elite	29.13	28.38	4.5
6	Nathan Williams	01	Unattached	28.89	28.58	4.5
7	Donavan Hunt	01	Silver Spring Sp	29.06	28.67	4.5
8	Mykale Christian	02	Silver Spring Sp	29.02	28.91	4.5

400 Meter Dash 11-12 Division Boys

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Nat'l: N 50.75		8/2/2009	Bryce Love, Carolina Elite/Raleigh,N				
Region Meet: # 56.96		2009	Joe Gorsche, Track Iowa				
Name	Year	Team	Seed	Finals	H#		
=====							

1	Kemonie Roan	01	Unattached	59.82	1:00.19	2
2	Michael Bartz	01	Wings of Omaha	1:02.74	1:01.28	2
3	Tyreece Wynne	01	Apollo TC	1:04.09	1:03.87	2
4	Jack Carlson	01	Team Nodak	1:10.30	1:05.96	1
5	Nathan Williams	01	Unattached	1:06.11	1:06.86	2
6	Jay Maska	01	Unattached	1:06.10	1:07.40	2
7	Noah Aziramubera	01	Track MN Elite	1:10.77	1:08.88	1
8	Drake Woody	02	Iowa Speed T&F	1:09.73	1:09.17	1
9	Ethan Summy	01	Colfax Mingo TC	1:08.76	1:09.23	1
10	Jack Titchenal	02	Unattached	1:09.03	1:09.47	1
11	Jevyon Ducker	01	Bellevue Breeze	1:07.57	1:09.89	2
12	Jalen Adams	02	Iowa Core Elite	1:08.21	1:11.54	2
13	Rais Hill	02	Track MN Elite	1:08.62	1:12.78	1
14	Cooper Glenn	02	Unattached	1:18.70	1:17.34	1
15	Justin Dowling	01	Unattached	1:19.90	1:18.16	1
--	Issac Appieget	01	Lincoln Youth TC	1:08.42	DNS	2

800 Meter Run 11-12 Division Boys

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Nat'l: N 2:07.21		7/29/2001	Reginald Warren, Sacramento, CA				
Region Meet: # 2:15.91		2009	Joe Gorsche, Track Iowa				
Name	Year	Team	Seed	Finals	H#		
=====							

1	Tyreece Wynne	01	Apollo TC	2:27.37	2:30.48	2
2	Drew Dahlin	01	Distance Demons	2:26.85	2:31.37	2
3	Jay Maska	01	Unattached	2:29.48	2:35.51	2
4	Tyler Loecke	01	Westside TC	2:42.82	2:40.30	1
5	Brock Winegardner	01	Central IA Excal	2:36.56	2:42.48	2
6	Chantz Minear	02	Central IA Excal	2:35.54	2:43.92	2
7	Noah Aziramubera	01	Track MN Elite	2:49.08	2:44.96	1
8	Quentin Menyweather	02	Jaguars N Omaha	2:48.13	2:46.56	1
9	Henry Campbell	02	Westside TC	2:40.51	2:48.41	2
10	Bryce Doyle	01	Madison Essharks	2:48.23	2:48.49	1
11	Eli Werner	01	CornhuskerFlyers	2:46.88	2:49.31	1
12	Dakari Saunders	01	Icaa/Breeze	2:37.14	2:49.38	2
13	Jevyon Ducker	01	Bellevue Breeze	2:39.33	2:49.47	2
14	Aidan Browne	02	Team Woodbury	2:47.58	2:58.22	1
15	Charlie Kretchman	02	Team Nodak	3:29.00	3:08.69	1
--	Issac Appieget	01	Lincoln Youth TC	2:42.33	SCR	



## 1500 Meter Run 11-12 Division Boys

Nat'l: N 4:22.05 7/29/2012 Coleman Mitchell, Triangle TC				
Region Meet: # 4:38.36 2011 Seth Hirsch, Omaha Racers				
Name	Year	Team	Seed	Finals
1 Brock Winegardner	01	Central IA Excal	5:08.71	5:09.41
2 Drew Dahlin	01	Distance Demons	5:03.28	5:10.14
3 Carter Owen	02	Westside TC	5:13.17	5:10.92
4 Jay Maska	01	Unattached	5:14.00	5:20.14
5 Tyler Loecke	01	Westside TC	5:23.68	5:23.11
6 Ethan Robus	01	Westside TC	5:23.94	5:25.63
7 Henry Campbell	02	Westside TC	5:33.50	5:35.69
8 Bryce Doyle	01	Madison Essharks	5:41.47	5:37.07
9 Travis Loecke	01	Westside TC	5:34.60	5:39.00
10 Dakari Saunders	01	Icaa/Breeze	5:38.86	5:41.31
11 Russell Gokemeijer	02	Unattached	5:43.72	5:45.02
12 Stephen George	01	Bellevue Breeze	5:51.94	5:52.32
13 Aidan Browne	02	Team Woodbury	5:33.54	5:56.75
14 Cole Jacobsen	01	Unattached	5:59.44	6:02.20
15 Peter Shaffer	02	Park Flyers TC	6:27.74	6:06.48
-- Shalom LuitjensWeathersp	02	Unattached	5:42.72	DNF

## 3000 Meter Run 11-12 Division Boys

Nat'l: N 9:38.52 8/1/1998 Chris Dominic, San Lorenzo, CA				
Region Meet: # 9:43.80 2011 Seth Hirsch, Omaha Racers				
Name	Year	Team	Seed	Finals
1 Carter Owen	02	Westside TC	11:14.01	11:15.14
2 Tyler Loecke	01	Westside TC	11:37.01	11:23.03
3 Russell Gokemeijer	02	Unattached	12:02.76	11:27.53
4 Travis Loecke	01	Westside TC	12:15.10	11:38.35
5 Ethan Robus	01	Westside TC	12:00.51	11:39.78
6 Bryce Doyle	01	Madison Essharks	12:25.30	11:44.04
7 Isaac Young	02	Iowa Speed T&F	11:51.62	11:45.31
8 Ryan Staub	01	Central IA Excal	11:45.59	12:03.77
9 Luke Jacobs	01	Unattached	11:01.10	12:08.32
-- Eli Werner	01	CornhuskerFlyers	12:33.91	DNS
-- Maxwell Brown	01	Fremont TC	13:17.93	SCR

## 80 Meter Hurdles 11-12 Division Boys

## Top 8 Advance by Time

Nat'l: N 11.74 7/26/1997 Kenny Lambe, Hilton Head, SC					
Region Meet: # 12.88 2001 James Conley III, Des Moines, IA					
Name	Year	Team	Seed	Prelims	Wind H#

## Preliminaries

1 Chantz Minear	02	Central IA Excal	13.98	13.88q	-0.5	2
2 Drake Daniels	01	Track MN Elite	16.40	14.11q	-0.5	2
3 Roderick Dailey	02	Apollo TC	15.68	15.79q	-0.5	2
4 Jack Drahota	02	Unattached	16.76	15.89q	-0.5	2
5 Will Keck	01	Westside TC	16.66	16.74q	-0.5	2
6 Konner Coppinger	01	Lighting TC	17.07	17.33q	-1.2	1
7 Kaedon Thurman	02	Lincoln Jets	16.74	17.51q	-0.5	2
8 Jens Christensen	01	Unattached	17.40	17.89q	-1.2	1
9 Martaveis Frazier	02	Eagles Wings	18.50	20.00	-1.2	1

## 80 Meter Hurdles 11-12 Division Boys

Nat'l: N 11.74 7/26/1997 Kenny Lambe, Hilton Head, SC					
Region Meet: # 12.88 2001 James Conley III, Des Moines, IA					
Name	Year	Team	Prelims	Finals	Wind

## Finals

1 Drake Daniels	01	Track MN Elite	14.11	13.33	3.9
2 Chantz Minear	02	Central IA Excal	13.88	13.72	3.9
3 Jack Drahota	02	Unattached	15.89	15.11	3.9
4 Jens Christensen	01	Unattached	17.89	15.96	3.9
5 Roderick Dailey	02	Apollo TC	15.79	16.00	3.9

6 Konner Coppinger	01 Lighting TC	17.33	16.44	3.9
7 Kaedon Thurman	02 Licoln Jets	17.51	19.73	3.9
-- Will Keck	01 Westside TC	16.74	DNS	3.9

4x100 Meter Relay 11-12 Division Boys

Nat'l: N 47.54 7/15/2004 Dallas Blade, Arlington, TX					
Region Meet: # 51.75 2001 , Boys/Girls Club Jaguars					
Team		Seed	Finals		
1 29-Apollo TC 'A'		54.80	54.50		
1) Prentice Jackson 02	2) Roderick Dailey 02				
3) Joshua Hoffart 02	4) Tyreece Wynne 01				
2 20-Silver Spring Spartans 'A'		58.59	57.65		
1) Mykale Christian 02	2) Donavan Hunt 01				
3) Christopher Brown 02	4) Caleb Anderson 02				
-- 40-40 Ia Speed Track Field 'A'		1:00.32	DQ	Exchange	3-4
1) Aiden Langridge 02	2) Drake Woody 02				
3) Noah McNiel 01	4) Nick Gerard 01				
-- 40-40 Des Moines Area Youth TC 'A'		1:04.57	DQ	Exchange	3-4
1) Dre Von Strickland 01	2) Malik Allen 02				
3) Jerrell Sandidge 02	4) Christiano Holt 02				

4x400 Meter Relay 11-12 Division Boys

Nat'l: N 3:47.50 7/31/1994 Glenarden TC, Upper Marlboro, MD					
B Haigler, K Lewis, H Jefferson, A Washington					
Region Meet: # 4:24.45 2004 J Haynes J Brown D McGaugh R Wynne, Boys/G					
Team		Seed	Finals		
1 29-Jaguars North Omaha Boys Gi 'A'		4:57.55	4:54.64		
1) Travier Craddock 02	2) JaQuez Johnson 02				
3) Quentin Menyweather 02	4) Marcus Baptiste 02				

4x800 Meter Relay 11-12 Division Boys

Nat'l: N 9:19.93 7/26/2009 Speed City/Carson,CA, Carson, CA					
J Lavier, J Jackson, B Scott, C Wilcox					
Region Meet: # 10:30.02 2001 J Eary J Garcia T Nieland J Wilson, Cornh					
Team		Seed	Finals		
1 40-40 Westside TC 'A'		10:37.37	11:04.86		
1) Henry Campbell 02	2) Travis Loecke 01				
3) Carter Owen 02	4) Ethan Robus 01				

High Jump 11-12 Division Boys

Nat'l: N 1.76m 7/27/2012 Sean Lee, 15-Usa High						
Grant Harms, Jens Scholl, Crete, NE. Ruskin,						
Region Meet: # 1.50m 2004						
Name	Year	Team	Seed	Finals		
1 Maximilian Murrell	02	CornhuskerFlyers	1.35m	1.40m	4-07.00	
1.20 1.25 1.30 1.35 1.40 1.45						
o o XO XO o XXX						
2 Sutter Colborn	01	Team Nodak	1.32m	1.35m	4-05.00	
1.10 1.15 1.20 1.25 1.30 1.35 1.40						
o o o o XO o XXX						
3 Logan McLaughlin	01	Unattached	1.34m	1.30m	4-03.25	
1.10 1.15 1.20 1.25 1.30 1.35						
o o o o o XXX						
4 Drew Anderson	01	CornhuskerFlyers	1.25m	1.30m	4-03.25	
1.10 1.15 1.20 1.25 1.30 1.35						
o o o o XO XXX						
5 Jens Christensen	01	Unattached	1.27m	1.30m	4-03.25	
1.10 1.15 1.20 1.25 1.30 1.35						
o o o o XXO XXX						
6 Konner Coppinger	01	Lighting TC	1.30m	1.25m	4-01.25	
1.10 1.15 1.20 1.25 1.30						
o o XO o XXX						
7 Chantz Minear	02	Central IA Excal	1.20m	1.25m	4-01.25	
1.10 1.15 1.20 1.25 1.30						

8	Lucus Paskach	01	Central IA Excal	1.35m	1.20m	3-11.25
	1.10 1.15 1.20 1.25					
	O O O XXX					
8	Kaedon Thurman	02	Licoln Jets	1.20m	1.20m	3-11.25
	1.10 1.15 1.20 1.25					
	O O O XXX					
10	Josh Gross	01	Waverly-SouthSSJ	1.22m	1.20m	3-11.25
	1.10 1.15 1.20 1.25					
	O O XO XXX					
11	Alec Burns	02	Unattached	1.20m	1.20m	3-11.25
	1.10 1.15 1.20 1.25					
	O O XXO XXX					
12	Calvin Hatcher	01	Park Flyers TC	1.10m	1.10m	3-07.25
	1.10 1.15 1.20 1.25 1.30					
	XO PPP PPP PPP XXX					

Long Jump 11-12 Division Boys

Nat'l: N 5.92m 1974		Anthony Gibson, San Fernando, CA				
Region Meet: # 5.41m 2001		Jason Wright, Omaha, NE				
Name	Year	Team	Seed	Finals	Wind	
1	Carrell Hunter	01	Jaguars N Omaha	4.44m	4.96m	+0.0 16-03.25
	4.69m(+0.0) 4.96m(+0.0) 4.59m(0.8) 4.11m(-2.4) 4.59m(-2.0) FOUL					
2	Derrick Morman	01	Wings of Omaha	3.95m	4.45m	1.0 14-07.25
	4.45m(1.0) 4.31m(0.2) FOUL 4.14m(-1.2) 4.30m(-2.6) 4.19m(-1.2)					
3	Nick Gerard	01	Iowa Speed T&F	4.02m	4.32m	1.0 14-02.25
	4.32m(1.0) 4.30m(1.1) 4.32m(0.8) 4.06m(-0.8) FOUL 4.10m(-2.1)					
4	Zachary Gaines	02	Iowa Core Elite	4.16m	4.27m	+0.0 14-00.25
	4.27m(+0.0) FOUL 4.21m(0.7) FOUL FOUL FOUL					
5	Malcolm Janis	02	Unattached	3.98m	4.09m	NWI 13-05.00
	4.09m(NWI) 3.62m(NWI) 3.73m(NWI) 3.93m(+0.0) 3.99m(-2.0) 4.08m(-1.8)					
6	Konner Coppinger	01	Lighting TC	3.98m	3.97m	NWI 13-00.25
	3.81m(NWI) 3.97m(NWI) 3.86m(NWI) FOUL 3.86m(-2.6) 3.95m(-0.7)					
7	Lucus Paskach	01	Central IA Excal	3.93m	3.95m	0.1 12-11.50
	3.74m(1.0) FOUL 3.95m(0.1) 3.79m(0.5) FOUL 3.06m(-2.0)					
8	Trey Pursel	02	Bellevue Breeze	4.14m	3.94m	1.5 12-11.25
	3.92m(1.2) 3.76m(0.6) 3.78m(1.8) 3.94m(1.5) 3.89m(-1.6) 3.92m(+0.0)					
9	Jordan Young	02	Unattached	3.91m	3.82m	0.8 12-06.50
	3.82m(0.8) 3.51m(1.0) 3.40m(+0.0)					
10	Jalen Adams	02	Iowa Core Elite	3.99m	3.78m	1.0 12-05.00
	3.63m(-0.9) 3.78m(1.0) 3.74m(1.7)					
11	Alek Roggenbuck	01	Park Flyers TC	4.25m	3.68m	+0.0 12-01.00
	FOUL 3.67m(+0.0) 3.68m(+0.0)					
12	Cooper Glenn	02	Unattached	3.35m	3.63m	1.0 11-11.00
	3.57m(0.8) 3.63m(1.0) 3.49m(0.9)					
13	Calvin Hatcher	01	Park Flyers TC	3.73m	3.48m	1.2 11-05.00
	FOUL 3.40m(1.2) 3.48m(1.2)					
14	Lander Wells	02	Unattached	3.51m	3.47m	0.8 11-04.75
	FOUL 3.45m(1.3) 3.47m(0.8)					
15	Justin Dowling	01	Unattached	3.17m	3.36m	+0.0 11-00.25
	3.12m(+0.0) 3.25m(+0.0) 3.36m(+0.0)					
--	Charlie Kretchman	02	Team Nodak	3.22m	FOUL	
	FOUL FOUL FOUL					
--	Beau Retzlaff	02	Team Nodak	2.91m	DNS	NWI
--	Kemonie Roan	01	Unattached	4.00m	DNS	NWI

Shot Put 6 lb. 11-12 Division Boys

Nat'l: N 16.36m 8/1/2010		Elijah Zoucha, West O Throwers				
Region Meet: # 14.61m 2010		Eljah Zoucha, West O Throws				
Name	Year	Team	Seed	Finals		
1	Zander Gray	01	Wings of Omaha	12.91m	12.37m	40-07.00
	10.50m 12.37m 10.91m PASS PASS PASS					
2	Marcus Hochhalter	01	Team Nodak	9.59m	10.22m	33-06.50
	10.22m 9.65m 9.50m 9.45m 9.39m 9.57m					
3	Hunter Saltzman	02	Bellevue Breeze	9.48m	10.05m	32-11.75
	9.34m 9.91m 10.05m 9.73m 8.82m 9.69m					
4	Nathan Brush	01	Westside TC	8.57m	9.09m	29-10.00

	8.29m	8.62m	8.12m	8.62m	8.00m	9.09m			
5	Tyler Brown			02	Lincoln Youth TC		8.44m	8.21m	26-11.25
	FOUL	8.16m	7.57m	7.71m	8.21m	8.08m			
6	Lander Wells			02	Unattached		7.86m	8.21m	26-11.25
	8.21m	7.28m	7.84m	7.30m	7.27m	7.61m			
7	Malik Allen			02	Des Moines YthTC		6.68m	7.49m	24-07.00
	6.77m	6.44m	6.66m	6.32m	7.31m	7.49m			
8	Logan McLaughlin			01	Unattached		7.89m	7.10m	23-03.50
	7.10m	6.14m	6.65m	6.50m	6.62m	6.06m			
9	Beau Retzlaff			02	Team Nodak		6.91m	6.59m	21-07.50
	6.59m	6.29m	6.11m						
10	Tajh Simpson			02	Purple Storm Con		6.53m	6.32m	20-09.00
	6.10m	5.86m	6.32m						
11	Ethan O'Connell			02	Westside TC		5.15m	5.70m	18-08.50
	5.70m	5.31m	5.53m						
12	Isaiah Smith			02	Eagles Wings		4.65m	4.90m	16-01.00
	4.90m	FOUL	4.40m						
--	Daniel Davies			01	Wings of Omaha		6.89m	DNS	

#### Discus Throw 1kg 11-12 Division Boys

Nat'l: N 48.65m 6/19/1982 Michael Stubblefield, Bakersfield, CA									
Region Meet: # 34.48m 2010 Nick Phelps, Kingsley, IA									
Name	Year	Team	Seed	Finals					
1	Marcus Hochhalter	01 Team Nodak	22.95m	24.74m	81-02				
	23.19m	21.70m	22.07m	24.74m	24.56m	FOUL			
2	Tyler Brown	02 Lincoln Youth TC	22.96m	23.68m	77-08				
	21.41m	23.68m	FOUL	20.99m	22.30m	23.48m			
3	Lander Wells	02 Unattached	19.82m	21.82m	71-07				
	19.97m	21.18m	20.46m	19.73m	21.00m	21.82m			
4	Logan McLaughlin	01 Unattached	20.27m	19.86m	65-02				
	19.86m	FOUL	19.66m	19.31m	18.58m	19.66m			
5	Nathan Brush	01 Westside TC	16.33m	18.52m	60-09				
	17.02m	17.66m	18.52m	15.14m	17.38m	18.08m			
6	Tajh Simpson	02 Purple Storm Con	12.98m	14.93m	49-00				
	14.61m	FOUL	14.93m	14.49m	14.00m	14.21m			
7	Ethan O'Connell	02 Westside TC	11.05m	11.26m	36-11				
	10.33m	10.66m	11.26m	9.92m	9.83m	10.96m			
--	Kaedon Thurman		02 Lincoln Jets	23.64m	DNS				

#### Javelin Throw 300g 11-12 Division Boys

Nat'l: N 54.53m 7/21/2006 Aaron Potter, Eugene, OR									
Region Meet: # 45.48m 2005 Jon Williams, Cornhusker Flyers									
Name	Year	Team	Seed	Finals					
1	Marcus Hochhalter	01 Team Nodak	31.24m	36.04m	118-03				
	31.70m	35.13m	36.04m	FOUL	31.30m	34.84m			
2	Tyler Brown	02 Lincoln Youth TC	38.20m	35.41m	116-02				
	29.48m	32.92m	30.72m	35.41m	31.71m	FOUL			
3	Hunter Saltzman	02 Bellevue Breeze	30.53m	31.61m	103-08				
	28.28m	31.40m	29.76m	FOUL	31.61m	29.62m			
4	Drake Woody	02 Iowa Speed T&F	29.67m	31.22m	102-05				
	FOUL	24.90m	28.22m	31.22m	26.90m	24.66m			
5	Aiden Langridge	02 Iowa Speed T&F	28.61m	25.27m	82-11				
	13.61m	25.27m	23.16m	24.15m	15.80m	23.87m			
6	Samuel Scheef	02 West Omaha	28.98m	24.33m	79-10				
	23.28m	24.33m	FOUL	21.56m	FOUL	FOUL			
7	Kameron House	02 Bellevue Breeze	23.08m	24.15m	79-03				
	FOUL	20.45m	23.59m	24.15m	22.47m	19.94m			
8	Alexander Boerner	02 Bellevue Breeze	29.84m	23.10m	75-09				
	20.23m	21.22m	21.68m	23.10m	21.37m	22.90m			
9	Calvin Hatcher	01 Park Flyers TC	22.92m	20.46m	67-01				
	20.46m	12.58m	17.36m	15.82m	12.88m	11.61m			
10	Nathan Brush	01 Westside TC	25.97m	20.13m	66-00				
	20.13m	19.73m	FOUL						
11	Martaveis Frazier	02 Eagles Wings	17.65m	18.13m	59-06				
	17.27m	14.08m	18.13m						
12	Tajh Simpson	02 Purple Storm Con	12.43m	14.90m	48-11				
	FOUL	FOUL	14.90m						

13	Ethan O'Connell	02 Westside TC	19.36m	14.53m	47-08
	14.32m 14.53m 14.48m				
14	Jens Christensen	01 Unattached	20.38m	13.78m	45-02
	13.70m 12.69m 13.78m				
--	Marcus Thornton	02 Eagles Wings	24.29m	DQ	Unsporting Conduct
	24.36m 18.59m 22.47m				
--	Isaiah Smith	02 Eagles Wings	18.63m	DNS	

Outdoor Pentathlon: #5 1500 Meter Run 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Chantz Minear	02 Central IA Excal	5:43.60	335
2 Ryan Staub	01 Central IA Excal	5:55.75	282
3 Jens Christensen	01 Unattached	7:10.95	50
4 Kaedon Thurman	02 Licoln Jets	7:28.94	21

Outdoor Pentathlon: #1 80 Meter Hurdles 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Chantz Minear	02 Central IA Excal	13.90	3.8	767
2 Kaedon Thurman	02 Licoln Jets	16.02	3.8	515
3 Jens Christensen	01 Unattached	16.45	3.8	470
4 Ryan Staub	01 Central IA Excal	17.02	3.8	413

Outdoor Pentathlon: #3 High Jump 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Chantz Minear	02 Central IA Excal	1.30m	4-03.25 250
		1.10 1.15 1.20 1.25 1.30 1.35	
		O O O XXO XXO XXX	
1 Kaedon Thurman	02 Licoln Jets	1.30m	4-03.25 250
		1.10 1.15 1.20 1.25 1.30 1.35	
		O O O O O XXX	
3 Jens Christensen	01 Unattached	1.25m	4-01.25 218
		1.10 1.15 1.20 1.25 1.30	
		XO O O XXO XXX	
4 Ryan Staub	01 Central IA Excal	1.20m	3-11.25 188
		1.10 1.15 1.20 1.25	
		O XXO XXO XXX	

Outdoor Pentathlon: #4 Long Jump 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Chantz Minear	02 Central IA Excal	3.65m	3.4 11-11.75	152
		3.65m(3.4) FOUL 3.15m(3.5)		
2 Kaedon Thurman	02 Licoln Jets	3.53m	3.4 11-07.00	135
		3.53m(3.4) 3.26m(3.1) FOUL		
3 Ryan Staub	01 Central IA Excal	3.21m	5.4 10-06.50	91
		3.20m(3.5) 3.21m(5.4) 3.16m(3.4)		
4 Jens Christensen	01 Unattached	3.15m	2.8 10-04.00	84
		3.15m(2.8) 3.05m(5.0) FOUL		

Outdoor Pentathlon: #2 Shot Put 11-12 Division Boys Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Kaedon Thurman	02 Licoln Jets	7.49m	24-07.00 336
		FOUL 7.49m 7.44m	
2 Chantz Minear	02 Central IA Excal	6.71m	22-00.25 290
		6.57m 6.71m 6.38m	
3 Jens Christensen	01 Unattached	5.89m	19-04.00 242
		5.49m 5.41m 5.89m	
4 Ryan Staub	01 Central IA Excal	5.20m	17-00.75 202
		4.49m 4.62m 5.20m	

Outdoor Pentathlon 11-12 Division Boys

Nat'l: N 2854 6/24/2012 Jaiden Woodbey, Cal Rising Stars  
 Region Meet: # 2250 2002 Jens Scholl, Ruskin, NE  
 1995 JO'S

Name	Year	Team	Seed	Finals
1 Chantz Minear	02	Central IA Excal	1697	1794.00
2 Kaedon Thurman	02	Liccoln Jets	1218	1257.00
3 Ryan Staub	01	Central IA Excal	1236	1176.00
4 Jens Christensen	01	Unattached	601	1064.00

1500 Meter Race Walk 11-12 Division Boys

Nat'l: N 6:44.01 7/2/1992 Tristan Ruoss, Fayetteville, AR  
 Region Meet: # 8:23.09 2010 Andy Vasquez, Cornhusker Flyers

Name	Year	Team	Seed	Finals
-- James Pollard	02	Unattached	14:28.86	DQ Knee Violation

100 Meter Dash 13-14 Division Boys

Top 8 Advance by Time

Nat'l: N 10.73 7/9/2011 Bryce Love, Carolina Elite  
 Region Meet: # 11.20 2010 Kenzo Cotton, Bellevue Recreation

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Jordan Flowers	99	Bellevue Breeze	12.03	11.98q	+0.0	2
2 Tavien Gardner	99	Iowa Core Elite	12.23	12.15q	-0.4	1
3 Omar Estes	99	Apollo TC	12.02	12.21q	+0.0	2
4 Kwabena Boadu-Mensah	99	Team Woodbury	12.15	12.24q	+0.0	2
5 Dimitry Stallings	99	Unattached	12.20	12.42q	+0.0	2
6 Preston Barr	99	Aberdeen Running	12.40	13.02q	+0.0	2
7 Gratt Reed	00	Central IA Excal	13.11	13.17q	+0.0	2
8 Keon Apodaca	99	Central IA Excal	13.34	13.37q	+0.0	2
9 Daniel Pope	99	Park Flyers TC	13.45	13.40	-0.4	1
10 Zach Gillem	00	Park Flyers TC	13.27	13.58	+0.0	2
11 Tyler Burian	00	Team Nodak	13.60	13.92	-0.4	1
12 Jacob Levin	00	Team Nodak	13.60	14.01	-0.4	1
-- DaRon Johnson	99	Wings of Omaha	14.05	DNS	-0.4	1

100 Meter Dash 13-14 Division Boys

Nat'l: N 10.73 7/9/2011 Bryce Love, Carolina Elite  
 Region Meet: # 11.20 2010 Kenzo Cotton, Bellevue Recreation

Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Jordan Flowers	99	Bellevue Breeze	11.98	11.78	4.3
2 Tavien Gardner	99	Iowa Core Elite	12.15	11.80	4.3
3 Omar Estes	99	Apollo TC	12.21	12.04	4.3
4 Kwabena Boadu-Mensah	99	Team Woodbury	12.24	12.07	4.3
5 Dimitry Stallings	99	Unattached	12.42	12.43	4.3
6 Gratt Reed	00	Central IA Excal	13.17	12.68	4.3
7 Preston Barr	99	Aberdeen Running	13.02	12.77	4.3
8 Keon Apodaca	99	Central IA Excal	13.37	13.18	4.3

200 Meter Dash 13-14 Division Boys

Top 8 Advance by Time

Nat'l: N 21.83 7/10/2011 Bryce Love, Carolina Elite  
 Region Meet: # 22.64 2010 Kenzo Cotton, Bellevue Recreation

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Tavien Gardner	99	Iowa Core Elite	24.16	24.09q	-0.9	2
2 Jordan Flowers	99	Bellevue Breeze	24.80	24.22q	-0.9	2
3 Johnathan Lindsey	99	Silver Spring Sp	24.11	24.44q	-0.9	2
4 Kwabena Boadu-Mensah	99	Team Woodbury	25.01	25.07q	-0.9	2
5 Omar Estes	99	Apollo TC	24.36	25.33q	-1.1	3
6 Liam Belson	99	Stevens Point AR	25.18	25.53q	-0.9	2
7 Lavell Lee	99	Silver Spring Sp	26.19	26.24q	-0.9	2

8	Keon Apodaca	99	Central IA Excal	26.13	26.34q	-0.9	2
9	Gratt Reed	00	Central IA Excal	26.69	26.88	-1.1	3
10	Preston Barr	99	Aberdeen Running	27.90	27.26	-1.7	1
11	Jared Biddle	99	Unattached	25.97	27.31	-0.9	2
12	Brittan Burns	00	Unattached	27.64	27.39	-1.1	3
13	Daniel Pope	99	Park Flyers TC	28.27	27.61	-1.7	1
14	Tyler Burian	00	Team Nodak	28.80	27.99	-1.7	1
15	Jacob Levin	00	Team Nodak	29.30	28.30	-1.7	1
16	Trenton Allen	99	Real T & F	29.28	29.26	-1.7	1
17	Adrian Butler	00	Track MN Elite	31.32	29.73	-1.7	1
18	Kameron Herndon	99	Eagles Wings	32.09	29.97	-1.7	1

200 Meter Dash 13-14 Division Boys

Nat'l: N 21.83 7/10/2011 Bryce Love, Carolina Elite							
Region Meet: # 22.64 2010 Kenzo Cotton, Bellevue Recreation							
Name	Year	Team	Prelims	Finals	Wind		
Finals							
1	Johnathan Lindsey	99	Silver Spring Sp	24.44	23.82	3.4	
2	Tavien Gardner	99	Iowa Core Elite	24.09	24.03	3.4	
3	Jordan Flowers	99	Bellevue Breeze	24.22	24.13	3.4	
4	Omar Estes	99	Apollo TC	25.33	24.86	3.4	
5	Kwabena Boadu-Mensah	99	Team Woodbury	25.07	25.01	3.4	
6	Liam Belson	99	Stevens Point AR	25.53	25.87	3.4	
7	Lavell Lee	99	Silver Spring Sp	26.24	26.27	3.4	
8	Keon Apodaca	99	Central IA Excal	26.34	26.82	3.4	

400 Meter Dash 13-14 Division Boys

Nat'l: N 47.16 8/1/1993 W.Obea Moore, Los Angeles, CA							
Region Meet: # 51.61 2011 Joseph Gorsch, Track Iowa							
Name	Year	Team	Seed	Finals	H#		
1	Kwabena Boadu-Mensah	99	Team Woodbury	55.78	54.79	2	
2	Tavien Gardner	99	Iowa Core Elite	56.69	55.31	2	
3	Beau Brannan	00	Team Nodak	1:06.10	56.62	1	
4	Liam Belson	99	Stevens Point AR	58.04	56.88	2	
5	Montrea Talabi	00	Eagles Wings	59.29	56.91	2	
6	Keon Apodaca	99	Central IA Excal	58.11	59.23	2	
7	Markeis Frazier	00	Eagles Wings	1:02.54	1:01.27	2	
8	Preston Barr	99	Aberdeen Running	1:04.80	1:02.71	1	
9	Ben Wingerter	99	Omaha Racers	1:02.50	1:03.63	2	
10	John Ford	00	Silver Spring Sp	1:02.34	1:04.20	2	
11	Stefan Anderson	99	Unattached	1:05.10	1:04.82	1	
12	Kristian Harris	00	Wings of Omaha	1:03.05	1:04.95	1	
13	Jacob Levin	00	Team Nodak	1:05.70	1:06.34	1	
14	Adrian Butler	00	Track MN Elite	1:10.62	1:11.46	1	

800 Meter Run 13-14 Division Boys

Nat'l: N 1:56.36 7/1/2001 Cody Harper, Albuquerque, NM							
Region Meet: # 2:01.00 2010 Matthew Rosen, Bloomington, MN							
Name	Year	Team	Seed	Finals	H#		
1	Liam Belson	99	Stevens Point AR	2:15.29	2:13.19	2	
2	Garrett Birkett	99	Johnston TC	2:12.41	2:13.90	2	
3	Beau Brannan	00	Team Nodak	3:04.10	2:13.93	1	
4	Montrea Talabi	00	Eagles Wings	2:23.00	2:14.00	1	
5	Stephen Dobie	99	Unattached	2:17.58	2:15.26	2	
6	Spencer Currie	00	Unattached	2:17.50	2:17.74	2	
7	Ryan Williams	99	Central IA Excal	2:15.19	2:18.27	2	
8	Josslyn Linse	99	Unattached	2:21.15	2:22.03	2	
9	Masen Louviere	99	Lincoln Youth TC	2:22.74	2:23.67	2	
10	Jacob Ralston	99	CornhuskerFlyers	2:24.94	2:24.30	1	
11	Ben Wingerter	99	Omaha Racers	2:27.82	2:24.40	1	
12	Jaxson Eden	00	Unattached	2:21.06	2:25.42	2	
13	Markeis Frazier	00	Eagles Wings	2:32.94	2:30.05	1	
14	Kristian Harris	00	Wings of Omaha	2:27.21	2:30.38	1	
15	Ben Harmon	99	Unattached	2:27.95	2:32.53	1	
16	Nathan Rupprecht	99	CornhuskerFlyers	2:22.01	2:36.55	2	

17 Nicholas Tschosik 00 Team Nodak 3:03.60 2:37.91 1

1500 Meter Run 13-14 Division Boys

Table with columns: Name, Year Team, Seed, Finals. Includes Nat'l: N 4:04.72 7/10/1983 Jason Lienau, Eugene, OR and Region Meet: # 4:21.21 2003 Andrew Perkins, Watertown, WI.

3000 Meter Run 13-14 Division Boys

Table with columns: Name, Year Team, Seed, Finals. Includes Nat'l: N 8:56.93 6/8/2012 Phillip Rocha, So Cal Rd Runner and Region Meet: # 9:27.82 2003 Andrew Perkins, Watertown, WI.

100 Meter Hurdles 13-14 Division Boys

Table with columns: Name, Year Team, Seed, Prelims, Wind H#. Includes Top 8 Advance by Time and Preliminaries sections.

100 Meter Hurdles 13-14 Division Boys



=====  
 Nat'l: N 12.94 7/28/1991 Tyrone Butterfield, Miami, FL  
 Region Meet: # 14.44 2009 Joshua Banderas, Lincoln Youth  
 Name Year Team Prelims Finals Wind  
 =====

Finals

1	Evan El-Halawani	99	Real T & F	14.86	14.52	2.5
2	Jared Biddle	99	Unattached	15.35	14.93	2.5
3	DeVon Kuykendall	99	Unattached	15.33	14.96	2.5
4	Emmanual Phoulom-Smith	99	Park Flyers TC	16.19	15.53	2.5
5	Brittan Burns	00	Unattached	17.16	16.15	2.5
6	Chad Alioth	99	Apollo TC	17.91	17.41	2.5
7	Connor Willeford	99	Unattached	18.16	17.65	2.5
8	John Ford	00	Silver Spring Sp	17.95	17.72	2.5

200 Meter Hurdles 13-14 Division Boys

=====  
 Nat'l: N 23.99 8/3/2003 Trey Charles, Smyrna, GA  
 Region Meet: # 26.47 2002 Warren Batiste, Des Moines Area Youth  
 Name Year Team Seed Finals Wind H#  
 =====

1	Evan El-Halawani	99	Real T & F	27.06	27.15	-0.9	2
2	Jared Biddle	99	Unattached	30.14	28.30	-0.9	2
3	Brittan Burns	00	Unattached	30.30	29.68	-0.9	2
4	Chad Alioth	99	Apollo TC	30.57	30.24	-0.9	2
5	Solomon Shade	99	Des Moines YthTC	31.32	30.34	-0.9	2
6	Connor Willeford	99	Unattached	31.01	31.15	-0.9	2
7	Joseph Shade	00	Des Moines YthTC	34.12	32.04	-1.4	1
8	Jared Motschenbacher	99	Team Nodak	33.90	32.16	-1.4	1
9	Nathan Rupprecht	99	CornhuskerFlyers	32.58	32.81	-1.4	1
10	Tanner Owens	99	Des Moines YthTC	32.72	32.82	-1.4	1
11	Michael Kruse	00	Park Flyers TC	35.50	33.03	-1.4	1
12	John Ford	00	Silver Spring Sp	31.23	33.12	-0.9	2
--	Isaias Flores	99	Licln Jets	32.01	DNS	-0.9	2
--	Ethan Boerner	00	Bellevue Breeze	30.06	SCR		
--	Joshua Paskach	00	Central IA Excal	28.62	SCR		
--	DaRon Johnson	99	Wings of Omaha	29.06	SCR		

4x100 Meter Relay 13-14 Division Boys

=====  
 Nat'l: N 43.25 8/3/2003 Florida Elite TC, Orlando, FL  
 Walter Dix, Michael Dowdell, Joshua Wimbley, David  
 Region Meet: # 46.29 2012 R Bridge K Cotton C Lee T Wilewski, Bellevue  
 Team Seed Finals  
 =====

1	30-Park Flyers Track Field Clu	'A'	54.20	54.44
	1) Michael Kruse 00			
	2) Ethan Senna 00			
	3) Daniel Pope 99			
	4) Zach Gillem 00			
--	40-40 Des Moines Area Youth TC	'A'	57.76	DNS
	1) Dichon Francis 00			
	2) Jimmie Kelly 99			
	3) Tanner Owens 99			
	4) Jimmy Sakabu 99			

4x400 Meter Relay 13-14 Division Boys

=====  
 Nat'l: N 3:23.96 8/1/1993 Los Angeles Jets, Los Angeles  
 Lonie Cruel, Aaron Dean, Patrick McCall, Obea Moore  
 Region Meet: # 3:49.70 2001 , Ames Impact  
 Team Seed Finals  
 =====

1	30-Real Track Field	'A'	4:23.24	4:23.82
	1) Spencer Schultz 99			
	2) Trenton Allen 99			
	3) Mitchell Cooke 00			
	4) Evan El-Halawani 99			
2	30-Eagles Wings	'A'	4:37.03	4:29.67
	1) Montrea Talabi 00			
	2) Markeis Frazier 00			
	3) Felipe Lawson 00			
	4) Josiah Sutton 00			
3	30-Park Flyers Track Field Clu	'A'		4:31.18
	1) Brendon Johnson-Snyders 00			
	2) George Nowak 99			
	3) Daniel Pope 99			
	4) Emmanual Phoulom-Smith 99			
--	40-40 Des Moines Area Youth TC	'A'	5:07.14	SCR
	1) Dichon Francis 00			
	2) Jimmie Kelly 99			
	3) Jimmy Sakabu 99			
	4) Joseph Shade 00			

4x800 Meter Relay 13-14 Division Boys

=====  
 Nat'l: N 8:24.03 7/27/2005 12-Wildcat Youth Sports, Wildcat Youth Sp  
 T Wilson, S Warren, J Burkley, H Shephard III  
 Region Meet: # 8:50.46 2003 , Westside, IA  
 Team Seed Finals

Team	Seed	Finals
1 29-Cornhusker Flyers 'A'	9:58.46	9:56.75
1) Nathan Rupprecht 99		
2) Wyatt Pauley 99		
3) Isaac Werner 99		
4) Jacob Ralston 99		
2 30-Eagles Wings 'A'	11:26.64	10:36.99
1) Markeis Frazier 00		
2) Montrea Talabi 00		
3) Kameron Herndon 99		
4) Josiah Sutton 00		

High Jump 13-14 Division Boys

=====  
 Nat'l: N 1.95m 6/3/2012 Justice Summerset, Tucson Elite  
 Region Meet: # 1.85m 2009 Riley Blay, Council Bluffs

Name	Year Team	Seed	Finals
1 Paul Holaday	99 Unattached	1.57m	1.65m 5-05.00 Won JO @ 1.64
1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70			
O O O O XO O XXO XXX			
2 Payton Stein	99 Unattached	1.55m	1.65m 5-05.00 Lost JO @ 1.64
1.40 1.45 1.50 1.55 1.60 1.65 1.70			
O O XO O O XXO XXX			
3 Henry Reimer	99 Merton Area RC	1.55m	1.60m 5-03.00
1.40 1.45 1.50 1.55 1.60 1.65			
O O XO O O XXX			
4 Brittan Burns	00 Unattached	1.50m	1.55m 5-01.00
1.35 1.40 1.45 1.50 1.55 1.60			
O O O O XXO XXX			
5 Spencer Schultz	99 Real T & F	1.40m	1.40m 4-07.00
1.35 1.40 1.45			
O O XXX			
6 Nathan Rupprecht	99 CornhuskerFlyers	1.40m	1.40m 4-07.00
1.35 1.40 1.45			
XO O XXX			
7 Daniel Damke	99 Lincoln Youth TC	1.35m	1.35m 4-05.00
1.35 1.40			
O XXX			
8 Levi Wiggins	00 Central IA Excal	1.35m	1.35m 4-05.00
1.35 1.40			
XXO XXX			
8 Jacob Levin	00 Team Nodak	1.32m	1.35m 4-05.00
1.35 1.40			
XXO XXX			
8 Trenton Allen	99 Real T & F	1.35m	1.35m 4-05.00
1.35 1.40			
XXO XXX			
-- Justice King	99 Silver Spring Sp	1.30m	DNS
-- Luke Rodriguez	00 HastingsSaintsTC	1.35m	DNS

High Jump Jump Off 13-14 Division Boys

=====  
 Jump Off Results ONLY

Name	Year Team	Seed	Finals
1 Paul Holaday	99 Unattached		1.64m 5-04.50
1.70 1.68 1.66 1.64			
X XXX XXX O			
-- Payton Stein	99 Unattached		NH
1.70 1.68 1.66 1.64			
X XXX XXX X			

Pole Vault 13-14 Division Boys

=====  
 Nat'l: N 4.42m 7/9/2009 Adam Coulon, Flying Dragons  
 Region Meet: # 3.35m 2003 Caleb Coffee, Milaca, MN  
 Name Year Team Seed Finals

1	Steven Nye	99	Unattached	3.02m	2.55m	8-04.25
	2.10 2.25 2.40 2.55 2.70					
	O O O O XXX					
2	Jacob Sellon	99	Fremont TC	2.59m	2.40m	7-10.50
	2.10 2.25 2.40 2.55					
	O O O XXX					
3	Mason Straub	99	Southern MN Heat	2.57m	2.25m	7-04.50
	2.10 2.25 2.40					
	XO O XXX					
4	Grayson Stanton	00	Unattached	2.13m	1.95m	6-04.75
	1.95 2.10					
	O XXX					
4	Jacob Klister	99	AP Vaulters	2.20m	1.95m	6-04.75
	1.95 2.10					
	O XXX					
--	Brendon Johnson-Snyders	00	Park Flyers TC	1.82m	NH	
	1.95					
	XXX					

#### Long Jump 13-14 Division Boys

Nat'l: N 7.02m 1976		Anthony Gibson, San Fernando, CA	
Region Meet: # 6.26m 2005		Devin Kellenberger, South Madison Panthers	
Name	Year Team	Seed	Finals Wind
1 Jordan Flowers	99 Bellevue Breeze	5.98m	5.58m 1.4 18-03.75
	FOUL 5.58m(1.4) FOUL FOUL 5.35m(+0.0) FOUL		
2 Tavien Gardner	99 Iowa Core Elite	5.65m	5.56m 1.7 18-03.00
	5.56m(1.7) 5.30m(1.7) FOUL 5.36m(+0.0) 5.31m(-0.4) FOUL		
3 Dimitry Stallings	99 Unattached	5.45m	5.17m 1.8 16-11.50
	4.99m(1.2) 5.06m(2.1) 5.17m(1.8) 4.82m(+0.0) 4.76m(-0.5) FOUL		
4 River McKelvey	99 Fremont TC	5.03m	5.02m 1.4 16-05.75
	FOUL 5.02m(1.4) 4.71m(1.6) 4.72m(NWI) 4.60m(NWI) FOUL		
5 Stefan Anderson	99 Unattached	4.26m	4.53m NWI 14-10.50
	4.14m(+0.0) 4.35m(+0.0) 4.14m(NWI) 4.16m(NWI) 4.25m(NWI) 4.53m(NWI)		
6 Garrett Birkett	99 Johnston TC	4.22m	4.51m +0.0 14-09.75
	4.35m(+0.0) 4.18m(+0.0) 4.29m(NWI) 3.64m(+0.0) 4.42m(+0.0) 4.51m(+0.0)		
7 Tyler Burian	00 Team Nodak	4.25m	4.41m +0.0 14-05.75
	4.41m(+0.0) 4.23m(+0.0) 4.13m(NWI) 4.17m(+0.0) 4.11m(-0.9) 4.28m(+0.0)		
8 Henry Reimer	99 Merton Area RC	4.42m	4.37m NWI 14-04.00
	4.32m(+0.0) FOUL 4.37m(NWI) 4.25m(+0.0) 4.36m(+0.0) 4.37m(+0.0)		
9 Nicholas Tschosik	00 Team Nodak	4.45m	4.31m 1.7 14-01.75
	4.31m(1.7) 3.72m(1.3) 4.16m(1.1)		
10 John Ford	00 Silver Spring Sp	4.80m	4.29m NWI 14-01.00
	FOUL 4.29m(NWI) FOUL		
11 Paul Holaday	99 Unattached	4.63m	4.18m 2.0 13-08.75
	4.18m(2.0) FOUL FOUL		
12 Trenton Allen	99 Real T & F	4.15m	4.14m +0.0 13-07.00
	4.12m(+0.0) 4.14m(+0.0) FOUL		
13 Daniel Damke	99 Lincoln Youth TC	4.37m	3.94m NWI 12-11.25
	3.77m(+0.0) 3.93m(+0.0) 3.94m(NWI)		
14 Kamron Alexander	00 CornhuskerFlyers	4.19m	3.84m +0.0 12-07.25
	3.65m(+0.0) 3.56m(+0.0) 3.84m(+0.0)		
15 Michael Kruse	00 Park Flyers TC	3.66m	3.62m +0.0 11-10.50
	FOUL FOUL 3.62m(+0.0)		
--	Ethan Senna	00 Park Flyers TC	3.87m FOUL
	FOUL FOUL FOUL		
--	Justice King	99 Silver Spring Sp	5.33m DNS NWI
--	Daniel Burnside	00 Central IA Excal	4.59m DNS NWI
--	Joshua Paskach	00 Central IA Excal	4.79m DNS NWI
--	Deonte Seroy	99 S MadisonPanther	3.39m DNS NWI

#### Triple Jump 13-14 Division Boys

Nat'l: N 13.43m 7/28/2011		Marcus Krahn, Durham Strid	
Region Meet: # 11.67m 2006		Mitchell Pearson, South Madison Panthers	
Name	Year Team	Seed	Finals Wind
1 Josslyn Linse	99 Unattached	11.00m	11.34m 2.3 37-02.50
	10.62m(3.4) 10.82m(1.9) FOUL FOUL 11.34m(2.3) 10.73m(0.5)		

2	Chad Alioth	99	Apollo TC	9.75m	10.08m	1.3	33-01.00
	10.08m(1.3) 9.95m(+0.0) 9.88m(3.4) 10.06m(0.7) 9.96m(0.7) 9.07m(1.9)						
3	Mason Straub	99	Southern MN Heat	9.53m	9.99m	1.6	32-09.50
	9.99m(1.6) 9.86m(1.5) 8.83m(1.1) 9.03m(+0.0) 9.97m(2.9) 9.72m(+0.0)						
4	Payton Stein	99	Unattached	9.00m	9.26m	1.0	30-04.75
	8.72m(2.3) 9.26m(1.0) FOUL PASS PASS FOUL						
5	Kameron Herndon	99	Eagles Wings	6.99m	8.13m	1.7	26-08.25
	FOUL 7.85m(1.9) 7.83m(+0.0) 7.94m(1.1) 8.13m(1.7) 7.48m(2.3)						

Shot Put 4kg 13-14 Division Boys

=====							
Nat'l: N 19.29m		7/28/1996		Chris Sprague, Houston, TX			
Region Meet: # 16.22m		2006		Cody Snyder, Lake Andes, SD			
Name	Year	Team	Seed	Finals			
=====							
1	Samuel Welch	99	Unattached	15.65m	16.71m#	54-10.00	
	16.71m 15.45m 15.66m		FOUL 15.60m		FOUL		
2	Nick Phelps	99	Unattached	14.17m	15.16m	49-09.00	
	FOUL 14.12m 14.75m 14.30m 14.42m 15.16m						
3	Matthew Webner	99	Unattached	15.28m	14.98m	49-01.75	
	14.56m FOUL 14.37m 14.42m 14.46m 14.98m						
4	DeVon Kuykendall	99	Unattached	11.96m	13.27m	43-06.50	
	12.68m 12.71m 13.27m 11.47m 11.99m 12.75m						
5	Kendell Jackson	00	Central IA Excal	11.57m	11.53m	37-10.00	
	11.28m 11.18m 10.75m 11.53m 11.19m FOUL						
6	Jarrett Proby	00	Wings of Omaha	9.51m	10.21m	33-06.00	
	8.77m 9.13m 9.69m 9.31m 9.79m 10.21m						
7	Joshua Crosier	99	Hastings Titans	10.02m	9.62m	31-06.75	
	9.35m 9.08m 9.55m 9.21m 9.57m 9.62m						
8	Tyler White-Welchen	00	Wings of Omaha	9.34m	9.54m	31-03.75	
	9.54m 9.54m 9.52m 9.52m 9.15m 9.41m						
9	Sean Morrison	99	Madison Westside	9.22m	9.39m	30-09.75	
	9.39m 8.31m 7.54m						
10	Mason Straub	99	Southern MN Heat	9.95m	9.02m	29-07.25	
	9.02m 8.67m 8.71m						
11	Ryan Elwing	99	Purple Storm Con	9.05m	8.98m	29-05.50	
	8.98m 8.70m 8.35m						
12	Levi Wiggins	00	Central IA Excal	8.69m	8.58m	28-01.75	
	8.44m 8.58m 8.46m						
13	Will Gray	00	Wings of Omaha	8.34m	7.87m	25-10.00	
	6.85m 7.87m FOUL						
14	Zach Gillem	00	Park Flyers TC	8.36m	7.85m	25-09.25	
	7.85m 7.78m 7.37m						
15	Samuel Jackson	00	Central IA Excal	7.77m	7.55m	24-09.25	
	6.58m 7.25m 7.55m						
16	Jonathon Seaman	99	Park Flyers TC	6.62m	6.97m	22-10.50	
	6.86m 6.81m 6.97m						
17	Ethan Senna	00	Park Flyers TC	5.82m	5.57m	18-03.25	
	5.26m 5.57m 4.61m						
--	Mason Maglalang	00	Lincoln Youth TC	10.29m	DNS		
--	Luke Rodriguez	00	HastingsSaintsTC	8.06m	DNS		

Discus Throw 1kg 13-14 Division Boys

=====							
Nat'l: N 61.52m		6/3/1995		Joel Armitage, Ralston, NE			
Region Meet: # 50.12m		2012		Hunter Davis, Cornhusker Flyers			
Name	Year	Team	Seed	Finals			
=====							
1	Samuel Welch	99	Unattached	48.43m	56.53m#	185-05	
	49.69m 49.14m 52.31m 47.54m 48.36m 56.53m						
2	Nick Phelps	99	Unattached	47.87m	52.88m#	173-06	
	FOUL FOUL 39.53m 48.48m 46.46m 52.88m						
3	Matthew Webner	99	Unattached	46.21m	50.16m#	164-07	
	39.33m 38.94m 47.76m 48.73m FOUL 50.16m						
4	DeVon Kuykendall	99	Unattached	34.66m	46.14m	151-04	
	38.47m 42.39m 46.14m 43.71m 28.88m 40.97m						
5	Kendell Jackson	00	Central IA Excal	33.04m	36.09m	118-05	
	28.13m 31.18m 32.01m 33.45m 36.09m 33.88m						
6	Sean Morrison	99	Madison Westside	28.52m	32.58m	106-11	
	FOUL 29.71m 32.25m 28.85m 26.99m 32.58m						
7	Ryan Elwing	99	Purple Storm Con	25.87m	31.18m	102-03	

	30.01m	FOUL	31.18m	FOUL	FOUL	FOUL			
8	Joshua Crosier				99	Hastings Titans	28.34m	28.55m	93-08
	27.64m	22.07m	FOUL	FOUL	26.00m	28.55m			
9	Zach Gillem				00	Park Flyers TC	17.07m	27.26m	89-05
	23.85m	27.26m	26.62m						
10	Tyler White-Welchen				00	Wings of Omaha	29.00m	26.98m	88-06
	26.98m	FOUL	FOUL						
11	Jarrett Proby				00	Wings of Omaha	29.74m	26.31m	86-04
	26.31m	22.05m	23.41m						
12	Jonathon Seaman				99	Park Flyers TC	20.50m	26.14m	85-09
	21.97m	FOUL	26.14m						
13	Will Gray				00	Wings of Omaha	27.02m	23.82m	78-02
	21.64m	23.82m	23.76m						
14	Samuel Jackson				00	Central IA Excal	17.95m	21.32m	69-11
	FOUL	17.78m	21.32m						
--	Luke Rodriguez				00	HastingsSaintsTC	25.78m	DNS	
--	Josiah Sutton				00	Eagles Wings	15.90m	DNS	

Javelin Throw 600g 13-14 Division Boys

Nat'l: N 59.63m 6/7/2008 Adam Sparks, Unatt Tuscalossa, AL									
Region Meet: # 47.05m 2006 Ben Lindaman, Westside Track Club									
Name	Year	Team	Seed	Finals					
1	Jarrett Proby	00	Wings of Omaha	41.19m	38.95m	127-09			
	38.95m	38.89m	FOUL	36.41m	FOUL	36.17m			
2	Ryan Elwing	99	Purple Storm Con	37.64m	34.25m	112-04			
	34.01m	32.87m	34.25m	29.25m	33.58m	31.25m			
3	Tyler White-Welchen	00	Wings of Omaha	27.22m	31.25m	102-06			
	24.05m	30.43m	29.73m	26.73m	27.36m	31.25m			
4	Daniel Damke	99	Lincoln Youth TC	23.97m	29.05m	95-04			
	FOUL	23.49m	29.05m	23.58m	24.43m	26.21m			
5	Kendell Jackson	00	Central IA Excal	27.63m	28.79m	94-05			
	FOUL	28.79m	28.45m	FOUL	FOUL	FOUL			
6	Tanner Owens	99	Des Moines YthTC	26.61m	27.62m	90-07			
	FOUL	27.62m	26.00m	21.18m	23.35m	21.59m			
7	Brendon Johnson-Snyders	00	Park Flyers TC	23.76m	27.10m	88-11			
	20.73m	24.49m	24.88m	24.28m	27.10m	25.41m			
8	Masen Louviere	99	Lincoln Youth TC	28.62m	24.73m	81-02			
	24.73m	22.61m	22.83m						
9	Will Gray	00	Wings of Omaha	24.86m	23.60m	77-05			
	21.91m	21.02m	22.28m	23.60m	19.93m	21.65m			
10	Steven Nye	99	Unattached	19.79m	20.53m	67-04			
	19.24m	18.20m	20.53m						
11	Samuel Jackson	00	Central IA Excal	12.66m	17.86m	58-07			
	14.04m	11.87m	17.86m						
12	Jonathon Seaman	99	Park Flyers TC	22.45m	17.70m	58-01			
	FOUL	FOUL	17.70m						
13	Michael Kruse	00	Park Flyers TC	12.03m	11.86m	38-11			
	10.67m	11.86m	9.59m						
--	Deonte Seroy	99	S MadisonPanther	15.24m	DNS				
--	Luke Rodriguez	00	HastingsSaintsTC	23.31m	DNS				

Outdoor Pentathlon: #5 1500 Meter Run 13-14 Division Boys Outdoor Pentathlon

Name	Year	Team	Finals	Points
1	Garrett Birkett	99	Johnston TC	4:43.99 655
2	Ryan Williams	99	Central IA Excal	4:51.25 611
3	Emmanual Phoulom-Smith	99	Park Flyers TC	5:17.28 464
4	Joshua Paskach	00	Central IA Excal	5:19.31 454
5	Cole Mingo	00	Omaha Racers	5:21.57 442
6	Brittan Burns	00	Unattached	5:22.69 436
7	Nathan Rupprecht	99	CornhuskerFlyers	5:51.08 302
8	Samuel Jackson	00	Central IA Excal	5:58.45 270
--	Michael Kruse	00	Park Flyers TC	DNS

Outdoor Pentathlon: #1 100 Meter Hurdles 13-14 Division Boys Outdoor Pentathlon

Name	Year	Team	Finals	Wind H#	Points
------	------	------	--------	---------	--------

1	Emmanuel Phoulom-Smith	99 Park Flyers TC	15.73	1.7	2	763
2	Joshua Paskach	00 Central IA Excal	16.65	2.2	3	661
3	Brittan Burns	00 Unattached	18.08	2.2	3	516
4	Garrett Birkett	99 Johnston TC	18.38	1.7	2	488
5	Ryan Williams	99 Central IA Excal	18.55	1.6	1	473
6	Nathan Rupprecht	99 CornhuskerFlyers	19.96	2.2	3	352
7	Michael Kruse	00 Park Flyers TC	21.65	1.7	2	231
8	Cole Mingo	00 Omaha Racers	22.40	2.2	3	184
9	Samuel Jackson	00 Central IA Excal	22.47	1.6	1	180

Outdoor Pentathlon: #3 High Jump 13-14 Division Boys Outdoor Pentathlon

=====						
Name	Year Team	Finals	Points			
=====						
1	Joshua Paskach	00 Central IA Excal	1.55m	5-01.00	426	
	1.35 1.40 1.45 1.50 1.55 1.60					
	XO O O O XXO XXX					
1	Emmanuel Phoulom-Smith	99 Park Flyers TC	1.55m	5-01.00	426	
	1.35 1.40 1.45 1.50 1.55 1.60					
	O O O O O XXX					
3	Brittan Burns	00 Unattached	1.50m	4-11.00	389	
	1.35 1.40 1.45 1.50 1.55					
	O O O XXO XXX					
3	Garrett Birkett	99 Johnston TC	1.50m	4-11.00	389	
	1.25 1.30 1.35 1.40 1.45 1.50 1.55					
	O O O O XO XXO XXX					
5	Ryan Williams	99 Central IA Excal	1.45m	4-09.00	352	
	1.25 1.30 1.35 1.40 1.45 1.50					
	O XO O O O XXX					
6	Nathan Rupprecht	99 CornhuskerFlyers	1.35m	4-05.00	283	
	1.15 1.20 1.25 1.30 1.35 1.40					
	O O O O O XXX					
7	Cole Mingo	00 Omaha Racers	1.20m	3-11.25	188	
	1.20 1.25					
	O XXX					
7	Samuel Jackson	00 Central IA Excal	1.20m	3-11.25	188	
	1.05 1.10 1.15 1.20 1.25					
	O O XXO O XXX					
9	Michael Kruse	00 Park Flyers TC	1.15m	3-09.25	159	
	1.05 1.10 1.15 1.20					
	O XO O XXX					

Outdoor Pentathlon: #4 Long Jump 13-14 Division Boys Outdoor Pentathlon

=====						
Name	Year Team	Finals	Wind	Points		
=====						
1	Emmanuel Phoulom-Smith	99 Park Flyers TC	4.70m	1.3	15-05.00	326
	FOUL 4.70m(1.3) FOUL					
2	Ryan Williams	99 Central IA Excal	4.61m	0.2	15-01.50	310
	4.61m(0.2) 4.46m(0.8) 4.53m(1.8)					
3	Garrett Birkett	99 Johnston TC	4.47m	0.1	14-08.00	285
	4.44m(+0.0) 4.30m(2.4) 4.47m(0.1)					
4	Brittan Burns	00 Unattached	4.29m	+0.0	14-01.00	254
	4.29m(+0.0) 4.25m(1.5) 4.29m(1.7)					
5	Joshua Paskach	00 Central IA Excal	3.84m	0.4	12-07.25	181
	2.67m(+0.0) 2.94m(1.5) 3.84m(0.4)					
6	Nathan Rupprecht	99 CornhuskerFlyers	3.80m	0.9	12-05.75	174
	FOUL 3.72m(1.4) 3.80m(0.9)					
7	Cole Mingo	00 Omaha Racers	3.73m	0.7	12-03.00	164
	3.27m(0.2) 2.81m(2.0) 3.73m(0.7)					
8	Michael Kruse	00 Park Flyers TC	3.37m	0.1	11-00.75	112
	3.37m(0.1) FOUL FOUL					
9	Samuel Jackson	00 Central IA Excal	3.26m	0.7	10-08.50	98
	3.26m(0.7) 2.95m(+0.0) 2.90m(0.6)					

Outdoor Pentathlon: #2 Shot Put 13-14 Division Boys Outdoor Pentathlon

=====						
Name	Year Team	Finals	Points			
=====						
1	Brittan Burns	00 Unattached	9.60m	31-06.00	462	
	7.74m 8.58m 9.60m					

2	Joshua Paskach	00 Central IA Excal	9.59m	31-05.75	461
	9.25m 9.37m 9.59m				
3	Garrett Birkett	99 Johnston TC	9.58m	31-05.25	460
	9.58m 9.37m 8.92m				
4	Emmanuel Phoulom-Smith	99 Park Flyers TC	7.80m	25-07.25	354
	7.05m 7.61m 7.80m				
5	Samuel Jackson	00 Central IA Excal	7.69m	25-02.75	348
	7.12m 7.53m 7.69m				
6	Nathan Rupprecht	99 CornhuskerFlyers	7.36m	24-01.75	328
	FOUL 7.36m 7.16m				
7	Ryan Williams	99 Central IA Excal	7.10m	23-03.50	313
	FOUL 6.94m 7.10m				
8	Cole Mingo	00 Omaha Racers	6.44m	21-01.50	274
	5.93m 5.61m 6.44m				
9	Michael Kruse	00 Park Flyers TC	5.49m	18-00.25	219
	5.36m 5.49m 4.76m				

Outdoor Pentathlon 13-14 Division Boys

=====  
 Nat'l: N 3548 7/29/2009 Joseph Delgado, Team Idaho/Ontario,OR  
 Region Meet: # 2991 2005 Thomas Filer, Bellevue Recreation  
 2481 JO'S

Name	Year Team	Seed	Finals
1 Emmanuel Phoulom-Smith	99 Park Flyers TC	2250	2333.00
2 Garrett Birkett	99 Johnston TC	2177	2277.00
3 Joshua Paskach	00 Central IA Excal	2256	2183.00
4 Ryan Williams	99 Central IA Excal	2105	2059.00
5 Brittan Burns	00 Unattached	1501	2057.00
6 Nathan Rupprecht	99 CornhuskerFlyers	1184	1439.00
7 Cole Mingo	00 Omaha Racers	896	1252.00
8 Samuel Jackson	00 Central IA Excal	841	1084.00

100 Meter Dash 15-16 Division Boys

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 Top 8 Advance by Time

Nat'l: N 10.51 7/28/2006 Jeremy Rankin, Unattached  
 Region Meet: # 10.57 2012 Kenzo Cotton, Bellevue Recreation

Name	Year Team	Seed	Prelims	Wind	H#
Preliminaries					
1 Maurice Simpson	97 Purple Storm Con	11.24	11.04q	-0.1	2
2 Simon Wiedel	97 Tachyon Athletik	11.14	11.35q	-0.1	2
3 Jonathan Webb	97 East Ridge AA	11.44	11.40q	-0.1	2
4 Wezley Turner	97 Purple Storm Con	11.81	11.58q	-0.4	1
5 Tyler Blanchard	97 Track MN Elite	11.57	11.66q	-0.1	2
6 Philip Elliott	97 CornhuskerFlyers	11.63	11.66q	-0.1	2
7 Junior Peters	97 Unattached	11.62	11.69q	-0.1	2
8 Pitmon Foxall	97 Tachyon Athletik	11.62	11.73q	-0.1	2
9 Zachary Paskach	98 Central IA Excal	11.96	11.98	-0.4	1
10 Daniel Mastick	97 Unattached	11.70	12.20	-0.1	2
11 Steven Lewis	97 Des Moines YthTC	12.48	12.36	-0.4	1
12 Colten Arment	98 Unattached	12.99	12.57	-0.4	1
13 Vernon Cheatem	97 Des Moines YthTC	12.99	13.05	-0.4	1

100 Meter Dash 15-16 Division Boys

=====  
 Nat'l: N 10.51 7/28/2006 Jeremy Rankin, Unattached  
 Region Meet: # 10.57 2012 Kenzo Cotton, Bellevue Recreation

Name	Year Team	Prelims	Finals	Wind
Finals				
1 Maurice Simpson	97 Purple Storm Con	11.04	10.92	4.1
2 Simon Wiedel	97 Tachyon Athletik	11.35	11.27	4.1
3 Wezley Turner	97 Purple Storm Con	11.58	11.37	4.1
4 Philip Elliott	97 CornhuskerFlyers	11.66	11.39	4.1
5 Junior Peters	97 Unattached	11.69	11.53	4.1
6 Pitmon Foxall	97 Tachyon Athletik	11.73	11.59	4.1
7 Tyler Blanchard	97 Track MN Elite	11.66	11.65	4.1
-- Jonathan Webb	97 East Ridge AA	11.40	DNS	4.1

## 200 Meter Dash 15-16 Division Boys

## Top 8 Advance by Time

Nat'l: N 21.10 7/29/1995 W. Obea Moore, Los Angeles, CA

Region Meet: # 22.00 2008 Calvin Clark, ICAA Breeze

Name	Year	Team	Seed	Prelims	Wind	H#
Preliminaries						
1	Maurice Simpson	97 Purple Storm Con	22.33	22.76q	-1.9	2
2	Fonta Jones Whitfield	97 Peak Performance	22.62	22.89q	-1.9	2
3	Jonathan Webb	97 East Ridge AA	22.62	23.04q	-1.9	2
4	Caleb Ogden	97 Purple Storm Con	22.51	23.30q	-1.9	2
5	Philip Elliott	97 CornhuskerFlyers	23.27	23.49q	-1.5	3
6	Wezley Turner	97 Purple Storm Con	23.53	23.56q	-1.9	2
7	Jordan Proby	97 Wings of Omaha	23.80	23.76q	-1.4	1
8	Mitchell Walber	97 Unattached	23.66	23.82q	-1.4	1
9	Tyler Blanchard	97 Track MN Elite	23.37	23.93	-1.5	3
10	Junior Peters	97 Unattached	23.71	23.96	-1.4	1 23.952
11	Ryan Ozelie	97 Unattached	23.23	23.96	-1.9	2 23.957
12	Zachary Paskach	98 Central IA Excal	23.57	24.12	-1.4	1
13	Dylon Hollingsworth	97 Apollo TC	24.33	24.63	-1.5	3
14	Justice Young	98 Iowa Core Elite	24.89	25.14	-1.4	1
15	Steven Lewis	97 Des Moines YthTC	25.90	25.19	-1.4	1
16	Daniel Mastick	97 Unattached	28.20	25.24	-1.4	1
17	Chandler Lee	98 Unattached	26.50	26.46	-1.4	1

## 200 Meter Dash 15-16 Division Boys

Nat'l: N 21.10 7/29/1995 W. Obea Moore, Los Angeles, CA

Region Meet: # 22.00 2008 Calvin Clark, ICAA Breeze

Name	Year	Team	Prelims	Finals	Wind
Finals					
1	Maurice Simpson	97 Purple Storm Con	22.76	21.77	4.0
2	Fonta Jones Whitfield	97 Peak Performance	22.89	22.41	4.0
3	Jonathan Webb	97 East Ridge AA	23.04	22.48	4.0
4	Caleb Ogden	97 Purple Storm Con	23.30	22.67	4.0
5	Philip Elliott	97 CornhuskerFlyers	23.49	22.78	4.0
6	Wezley Turner	97 Purple Storm Con	23.56	22.83	4.0
7	Jordan Proby	97 Wings of Omaha	23.76	23.57	4.0
8	Mitchell Walber	97 Unattached	23.82	23.60	4.0

## 400 Meter Dash 15-16 Division Boys

Nat'l: N 45.99 7/29/1995 W. Obea Moore, Los Angeles, CA

Region Meet: # 48.80 2004 Lukas Hulett, Bellevue Recreation

Name	Year	Team	Seed	Finals	H#
1	Caleb Ogden	97 Purple Storm Con	51.16	50.77	2
2	Jonathan Webb	97 East Ridge AA	50.19	51.28	2
3	Fonta Jones Whitfield	97 Peak Performance	49.89	52.37	2
4	Philip Elliott	97 CornhuskerFlyers	52.97	52.56	2
5	Ryan Ozelie	97 Unattached	53.13	52.96	2
6	Jordan Proby	97 Wings of Omaha	54.31	53.37	1
7	Dylon Hollingsworth	97 Apollo TC	55.10	53.52	1
8	Grant Taylor	97 Unattached	52.16	53.79	2
9	Trystn Ducker	97 Bellevue Breeze	52.29	53.84	2
10	Junior Peters	97 Unattached	53.68	54.57	2
11	DeaDrean Baker	98 Midwest Striders	55.66	55.92	1
12	Lyzaon Allen	98 Silver Spring Sp	57.39	57.81	1
13	Nicholas Bad Warrior	98 Unattached	55.10	58.44	1
14	Isaac Stutesman	98 Hastings Titans	57.39	59.59	1
--	De'Vauntoe Williams	98 Des Moines YthTC	58.22	DNS	1

## 800 Meter Run 15-16 Division Boys

Nat'l: N 1:50.51 7/28/2007 Howard Shepard, 26 Texas Stars T

Region Meet: # 1:55.99 2006 Alex Muntefering, Parkston, SD

Name	Year	Team	Seed	Finals
1	Trystn Ducker	97 Bellevue Breeze	2:03.79	2:09.93



2 Alec Still	98 Unattached	2:09.11	2:10.04
3 Myles Glandorf	97 Central IA Excal	2:11.45	2:13.53
4 Lyzaon Allen	98 Silver Spring Sp	2:16.32	2:13.57
5 Tyler DeFor	98 Unattached	2:15.00	2:14.91
6 Benjamin Grosse	98 Park Flyers TC	2:17.24	2:16.33
7 George Elsesser	98 Unattached	2:17.29	2:17.84
8 Cole Bredahl	98 Team Woodbury	2:17.99	2:19.49
9 Cole Williams	98 Unattached	2:17.94	2:19.71
-- Dieuclonne Samuel	97 Des Moines YthTC	2:32.79	DNS

1500 Meter Run 15-16 Division Boys

Nat'l: N 3:54.02 7/29/2007 Nathan Mathabane, 13 unattached  
Region Meet: # 4:05.78 2012 Shane Streich, Waseca, MN

Name	Year Team	Seed	Finals
1 Thomas Pollard	97 Unattached	4:09.87	4:11.52
2 Gus Newcomb	98 Unattached	4:23.12	4:26.54
3 Myles Glandorf	97 Central IA Excal	4:35.72	4:28.15
4 Alec Still	98 Unattached	4:28.57	4:29.67
5 Michael Mitchell	98 Unattached	4:37.34	4:33.76
6 George Elsesser	98 Unattached	4:42.59	4:39.79
7 Rex Schlicht	97 Unattached	5:12.10	4:43.51
8 Adrian Sullivan	98 Unattached	4:52.42	4:43.88
9 Cole Sargent	98 Unattached	4:47.30	4:46.21
10 Derek Boekelheide	98 Aberdeen Running	5:10.70	4:57.85
-- Casey Carmichael	98 N Omaha Bengals	6:19.88	DNS

3000 Meter Run 15-16 Division Boys

Nat'l: N 8:27.00 7/23/1993 Billy Harper, Philomath, OR  
Region Meet: # 9:06.81 2002 Ryan Birkholz, Burlington, WI

Name	Year Team	Seed	Finals
1 Thomas Pollard	97 Unattached	9:01.00	9:07.57
2 Gus Newcomb	98 Unattached	9:29.90	9:25.48
3 Jebben Keyes	97 Unattached	10:15.20	9:32.21
4 Michael Mitchell	98 Unattached	9:47.92	9:53.26
5 Myles Glandorf	97 Central IA Excal	10:01.52	9:53.81
6 Christopher Covert	97 Eagles Wings	11:08.70	10:15.25
7 Cole Sargent	98 Unattached	10:32.50	10:22.63
8 Derek Boekelheide	98 Aberdeen Running	11:47.90	10:57.39
-- Casey Carmichael	98 N Omaha Bengals	14:11.76	DNS
-- Dieuclonne Samuel	97 Des Moines YthTC	11:02.25	DNS

110 Meter Hurdles 15-16 Division Boys

Top 8 Advance by Time

Nat'l: N 13.74 7/29/2007 Wayne Davis II, 13 Hurdles First  
Region Meet: # 15.16 2011 Elijah Young, Des Moines Area

Name	Year Team	Seed	Prelims	Wind	H#
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Preliminaries

1 Clayton Johnson	98 Real T & F	16.21	16.61q	-2.1	2
2 Dylon Hollingsworth	97 Apollo TC	16.40	16.91q	-2.1	2
3 Bryce Malsam	97 Unattached	16.60	17.24q	-2.1	2
4 Luquant Singh	98 Unattached	17.99	17.74q	-0.9	1
5 Daniel Mastick	97 Unattached	18.00	18.13q	-2.1	2
6 Bryce Shonka	98 Des Moines YthTC	18.48	18.69q	-2.1	2
7 Craig Sanislo	98 Team Woodbury	19.31	18.90q	-0.9	1
8 Andrew Elliott	97 CornhuskerFlyers	18.69	19.62q	-2.1	2
9 Colten Arment	98 Unattached	19.17	19.74	-0.9	1
10 Chandler Lee	98 Unattached	18.30	21.32	-2.1	2
11 Chase Petrik	98 Unattached	25.90	24.95	-0.9	1

110 Meter Hurdles 15-16 Division Boys

Nat'l: N 13.74 7/29/2007 Wayne Davis II, 13 Hurdles First  
Region Meet: # 15.16 2011 Elijah Young, Des Moines Area

Name	Year Team	Prelims	Finals	Wind
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Finals

1	Clayton Johnson	98	Real T & F	16.61	15.74	5.1
2	Bryce Malsam	97	Unattached	17.24	16.61	5.1
3	Dylon Hollingsworth	97	Apollo TC	16.91	16.79	5.1
4	Daniel Mastick	97	Unattached	18.13	17.30	5.1
5	Andrew Elliott	97	CornhuskerFlyers	19.62	17.52	5.1
6	Bryce Shonka	98	Des Moines YthTC	18.69	17.70	5.1
7	Luquant Singh	98	Unattached	17.74	17.91	5.1
8	Craig Sanislo	98	Team Woodbury	18.90	18.72	5.1

400 Meter Hurdles 15-16 Division Boys

Nat'l: N 51.56 7/30/2006 William Wynne, 03 Titans  
 Region Meet: # 58.38 2010 James Wingerter, Omaha Racers

Name	Year	Team	Seed	Finals	H#	
1	Clayton Johnson	98	Real T & F	59.18	58.21#	2
2	Alexander Haas	97	Southern MN Heat	59.81	1:01.36	1
3	Dylon Hollingsworth	97	Apollo TC	58.43	1:02.08	2
4	Rex Schlicht	97	Unattached	1:05.90	1:02.59	2
5	Daniel Mastick	97	Unattached	1:08.10	1:04.63	1
6	Andrew Elliott	97	CornhuskerFlyers	1:04.11	1:05.07	2
7	Justice Young	98	Iowa Core Elite	1:05.80	1:05.59	2
8	Bryce Shonka	98	Des Moines YthTC	1:06.44	1:05.89	2
9	Craig Sanislo	98	Team Woodbury	1:10.11	1:08.44	1
10	Chase Petrik	98	Unattached	1:08.20	1:27.45	1
--	Milton Grady	97	Des Moines YthTC	1:22.70	SCR	

2000 Meter Steeplechase 15-16 Division Boys

Nat'l: N 6:02.84 7/31/1988 Jason Brown, Provo, UT  
 Region Meet: # 6:26.42 2009 Britt Jensen, Fremont, NE

Name	Year	Team	Seed	Finals
1	Cole Bredahl	98	Team Woodbury	7:35.54 7:52.88
2	Nicholas Bad Warrior	98	Unattached	8:11.50 8:38.07

4x100 Meter Relay 15-16 Division Boys

Nat'l: N 40.90 7/27/1997 Los Angeles Jets, Los Angeles, CA  
 Daniel Mentuhotep, Warren Rogers, Dashaun McCullou  
 Region Meet: # 42.74 2007 R Nelson D Harris J Thompson W Farringt, Sil

Team	Year	Seed	Finals
1	20-Silver Spring Spartans 'A'	48.83	49.84
	1) )		
	2) Bryant Brown 98		
	3) Chris Caldwell 98		
	4) Patrick Dixon 98		
2	40-40 Iowa Core Elite TC 'A'	52.23	50.60
	1) Jared Clinton 97		
	2) Joshua Hawkins 98		
	3) Grayson Smith 97		
	4) Justice Young 98		
--	40-40 Des Moines Area Youth TC 'A'	49.29	DNS
	1) Vernon Cheatem 97		
	2) Milton Grady 97		
	3) Bryce Shonka 98		
	4) )		

4x400 Meter Relay 15-16 Division Boys

Nat'l: N 3:13.40 7/29/2001 New Horizon "A", Georgia  
 Lawrence Jackson, Cedric Goodman, Reginald Withers  
 Region Meet: # 3:29.13 2002 M Clark P McCluskey L Lowry B Lueth, Ames

Team	Year	Seed	Finals
1	20-Purple Storm Congress 'A'	3:46.38	3:39.61
	1) Maurice Simpson 97		
	2) Dominique Smith 97		
	3) Wezley Turner 97		
	4) Caleb Ogden 97		
--	40-40 Des Moines Area Youth TC 'A'	4:23.52	DNS
	1) Vernon Cheatem 97		
	2) )		
	3) Milton Grady 97		
	4) Steven Lewis 97		

High Jump 15-16 Division Boys

Nat'l: N 2.16m 6/24/2012 Randall Cunningham Jr, Nevada Gazelles

Region Meet: # 2.05m 2012 Alex Bloom, Seymour, WI

Name	Year	Team	Seed	Finals
1 Camden Coble	97	Unattached	1.90m	1.85m 6-00.75
1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90				
O P P O O O O XXX				
2 Andrew Elliott	97	CornhuskerFlyers	1.80m	1.75m 5-08.75
1.55 1.60 1.65 1.70 1.75 1.80				
O P O O O XXX				
3 Grant Taylor	97	Unattached	1.60m	1.70m 5-07.00
1.50 1.55 1.60 1.65 1.70 1.75				
O O O O O XXX				
-- Isaac Stutesman	98	Hastings Titans	1.40m	DNS
-- Benjamin Grosse	98	Park Flyers TC	1.60m	DNS
-- Bryce Malsam	97	Unattached	1.62m	DNS

Pole Vault 15-16 Division Boys

Nat'l: N 5.12m 7/9/1994 Jacob Davis, San Antonio, TX				
Region Meet: # 4.25m 2006 Garrett Vetesnik, Richland Center, WI				
Name	Year	Team	Seed	Finals
1 Lucas Maher	97	Flight Deck Athl	3.77m	4.10m 13-05.25
3.25 3.40 3.55 3.70 3.85 4.00 4.10 4.27				
O O O O O O XO XXX				
2 Preston Rath	97	Unattached	3.50m	3.85m 12-07.50
3.40 3.55 3.70 3.85 4.00				
O O O O XXX				
3 Gavin DeHaai	97	Unattached	3.50m	3.85m 12-07.50
3.25 3.40 3.55 3.70 3.85 4.00				
XO O O XO O XXX				
4 Zach Olsem	97	Unattached	3.62m	3.70m 12-01.50
3.25 3.40 3.55 3.70 3.85				
O O XO O XXX				
5 Hunter Pursley	98	Unattached	3.50m	3.55m 11-07.75
3.40 3.55 3.70				
XXO XXO XXX				
6 Kyle Johnson	97	Team Nodak		3.40m 11-01.75
2.95 3.10 3.25 3.40 3.55				
O O O O XXX				
6 Mason Carpenter	97	Team Sodak	3.35m	3.40m 11-01.75
3.40 3.55				
O XXX				
8 Joshua Myszewski	97	Unattached	3.40m	3.10m 10-02.00
2.95 3.10 3.25				
O O XXX				
9 Anthony Gross	98	Waverly-SouthSSJ	2.89m	3.10m 10-02.00
2.95 3.10 3.25				
O XXO XXX				
9 Chandler Lee	98	Unattached	3.05m	3.10m 10-02.00
2.95 3.10 3.25				
O XXO XXX				
-- Chase Petrik	98	Unattached	2.29m	DNS

Long Jump 15-16 Division Boys

Nat'l: N 7.35m 1979 Steven Hansley, East Orange, NJ						
Region Meet: # 6.59m 2012 Thomas Stopak, Cornhusker Flyers						
Name	Year	Team	Seed	Finals	Wind	
1 Philip Elliott	97	CornhuskerFlyers	6.19m	6.17m	0.4	20-03.00
5.16m(+0.0) 4.78m(+0.0) FOUL 6.17m(0.4) 5.71m(0.7) 6.00m(1.8)						
2 Pitmon Foxall	97	Tachyon Athletik	5.89m	6.16m	2.4	20-02.50
5.88m(+0.0) 5.76m(+0.0) 6.06m(+0.0) 5.90m(1.7) 6.16m(2.4) 5.97m(3.6)						
3 Michael Minor	98	N Omaha Bengals	5.61m	6.03m	2.1	19-09.50
5.78m(+0.0) FOUL 5.69m(+0.0) 5.40m(1.8) 6.03m(2.1) FOUL						
4 Mitchell Walber	97	Unattached	5.75m	6.02m	2.0	19-09.00
5.89m(1.5) 6.02m(2.0) FOUL 5.66m(2.4) 5.98m(1.8) 5.63m(2.1)						
5 Simon Wiedel	97	Tachyon Athletik	5.58m	5.98m	+0.0	19-07.50
5.89m(+0.0) 5.75m(+0.0) 5.98m(+0.0) 5.86m(1.3) 5.90m(1.7) 5.96m(1.8)						
6 Njali Kowa	97	Tachyon Athletik	6.09m	5.57m	+0.0	18-03.25

	5.55m(+0.0)	4.28m(+0.0)	5.57m(+0.0)	FOUL	FOUL	FOUL			
7	Patrick Dixon		98 Silver Spring Sp	5.22m	5.37m	2.0	17-07.50		
	5.23m(+0.0)	5.09m(+0.0)	4.92m(+0.0)	5.13m(2.0)	5.24m(1.7)	5.37m(2.0)			
8	Bryce Malsam		97 Unattached	4.81m	5.32m	+0.0	17-05.50		
	5.32m(+0.0)	4.81m(+0.0)	4.85m(+0.0)	4.67m(2.4)	4.64m(2.1)	FOUL			
9	Zachary Paskach		98 Central IA Excal	3.63m	5.06m	1.1	16-07.25		
	5.06m(1.1)	FOUL	5.04m(1.4)						
10	Bryce Shonka		98 Des Moines YthTC	5.01m	4.76m	NWI	15-07.50		
	4.75m(+0.0)	4.76m(NWI)	FOUL						
--	Nicholas Bad Warrior		98 Unattached	4.49m	DNS	NWI			

Triple Jump 15-16 Division Boys

Nat'l: N 15.08m 7/29/1995 Chris Hercules, Palatine, IL									
Region Meet: # 14.00m 2004 Victor Reynolds, Silver Spring Spartans									
Name	Year	Team	Seed	Finals	Wind				
1	Simon Wiedel	97 Tachyon Athletik	12.15m	12.53m	3.1	41-01.50			
	12.32m(3.2)	12.20m(3.6)	12.53m(3.1)	PASS	PASS	PASS			
2	Luquant Singh	98 Unattached	11.61m	11.80m	2.1	38-08.75			
	FOUL	11.39m(3.3)	11.18m(3.0)	11.26m(3.9)	11.80m(2.1)	11.61m(2.8)			
3	Patrick Dixon	98 Silver Spring Sp	11.41m	11.60m	4.0	38-00.75			
	11.18m(1.1)	11.21m(2.3)	11.60m(4.0)	11.42m(3.6)	FOUL	11.55m(0.2)			
4	Clayton Johnson	98 Real T & F	11.23m	11.55m	2.6	37-10.75			
	11.55m(2.6)	11.16m(3.2)	11.34m(4.2)	11.39m(2.1)	FOUL	FOUL			
5	Isaac Stutesman	98 Hastings Titans	10.30m	10.55m	2.5	34-07.50			
	10.02m(3.4)	10.44m(2.9)	10.43m(2.0)	10.55m(2.5)	10.11m(3.7)	FOUL			
6	Chase Petrik	98 Unattached	8.33m	8.65m	2.5	28-04.50			
	8.65m(2.5)	FOUL	8.20m(4.0)	8.42m(2.7)	8.00m(2.1)	8.15m(3.4)			
--	Njali Kowa	97 Tachyon Athletik	12.53m	DNS	NWI				

Shot Put 12 lb. 15-16 Division Boys

Nat'l: N 19.29m 7/26/1996 Chris Sprague, Eugene OR									
Region Meet: # 16.80m 2003 Anthony Curtis, Brodhead, WI									
Name	Year	Team	Seed	Finals					
1	Kenton Kobza	97 Licoln Jets	14.23m	14.75m	48-04.75				
	14.52m	13.67m	14.75m	14.37m	14.55m	13.68m			
2	Ethan Ruh	97 CornhuskerFlyers	13.55m	14.10m	46-03.25				
	14.10m	13.50m	14.05m	13.71m	13.51m	13.83m			
3	Kieran McKeag	98 Real T & F	13.25m	13.63m	44-08.75				
	12.45m	13.37m	13.47m	13.63m	13.61m	FOUL			
4	Hunter Davis	98 CornhuskerFlyers	12.33m	13.07m	42-10.75				
	FOUL	12.58m	12.55m	13.07m	FOUL	FOUL			
5	Michael Stevens	97 Westside TC	10.26m	8.18m	26-10.00				
	8.18m	PASS	PASS	PASS	PASS	PASS			
--	Liam Hennessy	97 CornhuskerFlyers	14.94m	DNS					

Discus Throw 1.6kg 15-16 Division Boys

Nat'l: N 58.80m 6/1/1985 Kamy Keshamiri									
Region Meet: # 51.54m 2010 Tyler Schultz, Custer, SD									
Name	Year	Team	Seed	Finals					
1	Kenton Kobza	97 Licoln Jets	47.09m	47.96m	157-04				
	46.03m	46.95m	45.39m	FOUL	45.76m	47.96m			
2	Kieran McKeag	98 Real T & F	44.28m	47.37m	155-05				
	44.63m	40.85m	47.37m	FOUL	45.36m	FOUL			
3	Hunter Davis	98 CornhuskerFlyers	39.52m	44.92m	147-04				
	44.92m	41.58m	44.11m	43.50m	43.87m	FOUL			
4	Ethan Ruh	97 CornhuskerFlyers	40.46m	41.80m	137-02				
	40.73m	38.35m	37.95m	41.80m	39.70m	38.67m			
5	Michael Stevens	97 Westside TC	28.78m	12.68m	41-07				
	12.68m	FOUL	FOUL	FOUL	FOUL	FOUL			
--	Liam Hennessy	97 CornhuskerFlyers	41.07m	DNS					

Hammer Throw 15-16 Division Boys

Nat'l: N 72.53m 7/3/2008 Connor McCullough									
Region Meet: # 43.89m 2008 Drew Staskiewicz, Cornhuskers Flyers									

Name	Year Team	Seed	Finals
1 Kieran McKeag 41.87m 45.00m 44.28m FOUL 45.78m FOUL	98 Real T & F	40.43m	45.78m# 150-02
2 Michael Stevens 25.45m PASS PASS PASS PASS PASS	97 Westside TC	26.68m	25.45m 83-06
-- Liam Hennessy	97 CornhuskerFlyers	38.83m	DNS

Javelin Throw 800g 15-16 Division Boys

Name	Year Team	Seed	Finals
Nat'l: N 63.60m 7/9/2010 William H. Stanley III, Pomina, NJ			
Region Meet: # 50.12m 2001 Steve Bintz, Dayton, IA			
1 Michael Stevens 35.49m 35.71m 38.30m 32.28m FOUL FOUL	97 Westside TC	39.19m	38.30m 125-08
2 Preston Cuddy FOUL 35.03m 36.26m 33.91m 34.60m 38.07m	98 Lincoln Youth TC	36.34m	38.07m 124-11
3 Raheem Jones 30.75m FOUL 33.05m 31.53m 30.03m 32.60m	98 Bellevue Breeze	32.76m	33.05m 108-05
-- Joshua Hawkins	98 Iowa Core Elite	14.89m	DNS
-- Liam Hennessy	97 CornhuskerFlyers	31.49m	DNS

Decathlon: #1 100 Meter Dash 15-16 Division Boys Decathlon

Name	Year Team	Finals	Wind	Points
1 Benjamin Burbach	98 Unattached	11.94	5.0	663
2 Kristofor Grimes	97 Unattached	12.01	5.0	649
3 Dominique Smith	97 Purple Storm Con	12.06	5.0	639
4 Benjamin Grosse	98 Park Flyers TC	13.17	5.0	439
-- Joseph Hayden	97 Unattached	DNS	5.0	

Decathlon: #5 400 Meter Dash 15-16 Division Boys Decathlon

Name	Year Team	Finals	Points
1 Dominique Smith	97 Purple Storm Con	55.78	568
2 Kristofor Grimes	97 Unattached	56.51	540
3 Benjamin Burbach	98 Unattached	58.87	452
4 Benjamin Grosse	98 Park Flyers TC	59.63	426
-- Joseph Hayden	97 Unattached	DNS	

Decathlon: #10 1500 Meter Run 15-16 Division Boys Decathlon

Name	Year Team	Finals	Points
1 Kristofor Grimes	97 Unattached	4:42.52	665
2 Dominique Smith	97 Purple Storm Con	5:10.42	501
3 Benjamin Grosse	98 Park Flyers TC	5:10.50	501
4 Benjamin Burbach	98 Unattached	5:20.59	447
-- Joseph Hayden	97 Unattached	DNS	

Decathlon: #6 110 Meter Hurdles 15-16 Division Boys Decathlon

Name	Year Team	Finals	Wind	H#	Points
1 Dominique Smith	97 Purple Storm Con	17.67	0.2	2	556
2 Kristofor Grimes	97 Unattached	20.23	1.3	1	331
3 Benjamin Burbach	98 Unattached	21.58	0.2	2	235
4 Benjamin Grosse	98 Park Flyers TC	22.52	1.3	1	178
-- Joseph Hayden	97 Unattached	DNS	0.2	2	

Decathlon: #4 High Jump 15-16 Division Boys Decathlon

Name	Year Team	Finals	Points
1 Dominique Smith 1.55 1.60 1.65 1.70 1.75 O O XO XO XXX	97 Purple Storm Con	1.70m	5-07.00 544
2 Benjamin Grosse	98 Park Flyers TC	1.65m	5-05.00 504

	1.55	1.60	1.65	1.70							
	O	XXO	O	XXX							
3	Kristofor Grimes				97	Unattached	1.55m	5-01.00	426		
	1.35	1.40	1.45	1.50	1.55	1.60					
	O	O	XXO	XXO	O	XXX					
4	Benjamin Burbach				98	Unattached	1.50m	4-11.00	389		
	1.40	1.45	1.50	1.55							
	O	O	XXO	XXX							
--	Joseph Hayden				97	Unattached	DNS				

Decathlon: #8 Pole Vault 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Points
1 Dominique Smith	97	Purple Storm Con	3.18m 10-05.25	401
			2.73 2.88 3.03 3.18 3.33	
			O O XO XO XXX	
2 Kristofor Grimes	97	Unattached	2.73m 8-11.50	293
			1.83 1.98 2.13 2.28 2.43 2.58 2.73 2.88	
			O O PPP O O XO O XXX	
3 Benjamin Grosse	98	Park Flyers TC	2.28m 7-05.75	195
			1.83 1.98 2.13 2.28 2.43	
			XO O XXO O XXX	
4 Benjamin Burbach	98	Unattached	1.98m 6-06.00	136
			1.83 1.98 2.13	
			XO O XXX	
--	Joseph Hayden	97	Unattached	DNS

Decathlon: #2 Long Jump 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Wind	Points
1 Kristofor Grimes	97	Unattached	5.22m 3.7	17-01.50	425
			5.14m(4.7) 5.12m(2.4) 5.22m(3.7)		
2 Dominique Smith	97	Purple Storm Con	4.91m 2.2	16-01.50	365
			FOUL 4.91m(2.2) FOUL		
3 Benjamin Grosse	98	Park Flyers TC	4.72m 2.5	15-06.00	330
			4.72m(2.5) 4.69m(4.3) 4.59m(3.4)		
4 Benjamin Burbach	98	Unattached	4.50m 2.4	14-09.25	290
			4.50m(2.4) 4.50m(3.8) FOUL		
--	Joseph Hayden	97	Unattached	DNS NWI	

Decathlon: #3 Shot Put 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Points
1 Kristofor Grimes	97	Unattached	12.03m 39-05.75	608
			12.03m 12.01m x	
2 Dominique Smith	97	Purple Storm Con	8.50m 27-10.75	396
			7.86m 7.16m 8.50m	
3 Benjamin Burbach	98	Unattached	7.86m 25-09.50	358
			7.52m 7.86m 6.58m	
4 Benjamin Grosse	98	Park Flyers TC	7.62m 25-00.00	344
			7.47m 7.15m 7.62m	
--	Joseph Hayden	97	Unattached	DNS

Decathlon: #7 Discus Throw 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Points
1 Kristofor Grimes	97	Unattached	34.66m 113-08	557
			34.48m 32.73m 34.66m	
2 Benjamin Burbach	98	Unattached	22.25m 73-00	315
			17.10m 20.28m 22.25m	
3 Dominique Smith	97	Purple Storm Con	18.93m 62-01	252
			18.63m 15.96m 18.93m	
4 Benjamin Grosse	98	Park Flyers TC	15.88m 52-01	196
			FOUL 13.95m 15.88m	
--	Joseph Hayden	97	Unattached	DNS

Decathlon: #9 Javelin Throw 15-16 Division Boys Decathlon

Name	Year	Team	Finals	Points
1 Kristofor Grimes 33.91m 31.23m 26.79m	97	Unattached	33.91m	111-03 355
2 Dominique Smith 27.71m FOUL 31.87m	97	Purple Storm Con	31.87m	104-07 326
3 Benjamin Burbach 30.17m 24.87m 25.61m	98	Unattached	30.17m	99-00 302
4 Benjamin Grosse 25.15m 19.14m 20.45m	98	Park Flyers TC	25.15m	82-06 232
-- Joseph Hayden	97	Unattached	DNS	

#### Decathlon 800g 15-16 Division Boys

Nat'l: N 7000 7/29/2009 Gunnar Nixon, Eastside Steppers  
 Region Meet: # 5634 2010 Tyler Donels, Altoona, IA  
 5088 JO'S

Name	Year	Team	Seed	Finals
1 Kristofor Grimes	97	Unattached	4298	4849.00
2 Dominique Smith	97	Purple Storm Con	3520	4548.00
3 Benjamin Burbach	98	Unattached		3587.00
4 Benjamin Grosse	98	Park Flyers TC	3179	3345.00

#### 100 Meter Dash 17-18 Division Men

##### Top 8 Advance by Time

Nat'l: N 10.08 6/27/2005 J-Mee Samuel, Greensboro, NC  
 Region Meet: # 10.58 2007 Jerrell Hammock, MN Northern Stars

Name	Year	Team	Seed	Prelims	Wind	H#
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##### Preliminaries

1 Travion Clark	95	Unattached	11.12	10.92q	1.3	2
2 Craig Timmons	95	Tachyon Athletik	11.18	11.07q	1.3	2
3 Caleb Cowling	95	Tachyon Athletik	11.22	11.13q	0.5	1
4 Naris Uzzell	95	Park Flyers TC	11.29	11.26q	0.5	1
5 Jake Rodgers	95	CornhuskerFlyers	11.49	11.32q	0.5	1
6 Tyler Gillen	95	Bellevue Breeze	11.20	11.35q	1.3	2
7 Joseph Foley	95	Team Sodak	11.10	11.47q	1.3	2
8 Luke Wietgreffe	96	Unattached	11.10	11.57q	1.3	2
9 Carter Neilsen	96	Iowa Core Elite	11.73	11.82	0.5	1
10 Cyler Anderson	95	Unattached	11.10	11.95	1.3	2
11 Emran Jeilani	96	Park Flyers TC	12.05	12.07	0.5	1
12 Josiah Moulds	95	Iowa Pride	12.09	12.23	0.5	1
-- Deon Polk	94	Silver Spring Sp	10.99	DQ	1.3	2 False Start
-- Chaz Gunderson	94	Team Nodak	11.10	DNS	1.3	2

#### 100 Meter Dash 17-18 Division Men

Nat'l: N 10.08 6/27/2005 J-Mee Samuel, Greensboro, NC  
 Region Meet: # 10.58 2007 Jerrell Hammock, MN Northern Stars

Name	Year	Team	Prelims	Finals	Wind
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##### Finals

1 Travion Clark	95	Unattached	10.92	10.86	2.9
2 Craig Timmons	95	Tachyon Athletik	11.07	10.89	2.9
3 Caleb Cowling	95	Tachyon Athletik	11.13	10.97	2.9
4 Naris Uzzell	95	Park Flyers TC	11.26	11.22	2.9 11.216
5 Jake Rodgers	95	CornhuskerFlyers	11.32	11.22	2.9 11.219
6 Joseph Foley	95	Team Sodak	11.47	11.30	2.9
7 Tyler Gillen	95	Bellevue Breeze	11.35	11.39	2.9
8 Luke Wietgreffe	96	Unattached	11.57	11.41	2.9

#### 200 Meter Dash 17-18 Division Men

##### Top 8 Advance by Time

Nat'l: N 20.50 7/25/1987 Quincy Watts, Woodland Hills  
 Region Meet: # 21.39 2008 Cen'Trell Minter, Milwaukee Star Striders

Name	Year	Team	Seed	Prelims	Wind	H#
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## Preliminaries

1	Travion Clark	95	Unattached	22.08	21.92q	-1.6	3
2	Shaheed Hickman	96	Track MN Elite	21.95	22.44q	-1.6	3
3	Tyler Gillen	95	Bellevue Breeze	21.95	22.54q	-1.6	3
4	Craig Timmons	95	Tachyon Athletik	22.40	22.60q	-1.6	3
5	Corbin Lowe	96	Iowa Core Elite	22.78	22.76q	-1.6	3
6	Jake Rodgers	95	CornhuskerFlyers	23.37	22.82q	-1.1	2
7	Deon Polk	94	Silver Spring Sp	22.27	22.85q	-1.6	3
8	Joseph Foley	95	Team Sodak	23.10	23.18q	-1.1	2
9	Andre Rathaje	96	Iowa Core Elite	23.20	23.19	-1.1	2
10	Luke Wietgreffe	96	Unattached	23.10	23.20	-1.1	2
11	Nihad Ejubovic	95	Iowa Core Elite	22.98	23.32	-1.6	3
12	James Kruse	95	Park Flyers TC	22.92	23.50	-1.6	3
13	Carter Neilsen	96	Iowa Core Elite	24.15	23.80	-1.4	1
14	Marcus Welk	96	Team Nodak	23.70	24.00	-1.1	2
15	Cyler Anderson	95	Unattached	24.10	24.19	-1.1	2
16	David Chambers	96	Bellevue Breeze	23.81	24.39	-1.1	2
17	Emran Jeilani	96	Park Flyers TC	24.10	24.53	-1.4	1
18	Josiah Moulds	95	Iowa Pride	25.01	25.05	-1.4	1

## 200 Meter Dash 17-18 Division Men

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Nat'l: N 20.50 7/25/1987 Quincy Watts, Woodland Hills						
Region Meet: # 21.39 2008 Cen'Trell Minter, Milwaukee Star Striders						
Name	Year	Team	Prelims	Finals	Wind	
=====						

## Finals

1	Travion Clark	95	Unattached	21.92	21.48	4.9
2	Shaheed Hickman	96	Track MN Elite	22.44	21.95	4.9
3	Craig Timmons	95	Tachyon Athletik	22.60	21.96	4.9
4	Tyler Gillen	95	Bellevue Breeze	22.54	22.15	4.9
5	Jake Rodgers	95	CornhuskerFlyers	22.82	22.27	4.9
6	Corbin Lowe	96	Iowa Core Elite	22.76	22.37	4.9
7	Joseph Foley	95	Team Sodak	23.18	22.65	4.9
--	Deon Polk	94	Silver Spring Sp	22.85	DNS	4.9

## 400 Meter Dash 17-18 Division Men

=====						
Nat'l: N 45.58 7/6/1996 William Obea Moore, Salt Lake City, UT						
Region Meet: # 46.86 2006 Lukas Hulett, Bellevue Recreation						
Name	Year	Team	Seed	Finals	H#	
=====						

1	Corbin Lowe	96	Iowa Core Elite	49.83	50.59	2
2	Devin Barfield	94	Bellevue Breeze	50.27	51.27	2
3	Luke Wietgreffe	96	Unattached	56.20	51.32	2
4	Johnnie Bennett	96	Bellevue Breeze		51.76	1
5	Andre Rathaje	96	Iowa Core Elite	50.89	51.91	2
6	Nihad Ejubovic	95	Iowa Core Elite		52.51	1
7	Brandon Armstrong	95	Bellevue Breeze	53.36	53.34	2
8	Teyrione Harrell	96	Eagles Wings	53.33	54.25	2
9	Shaheed Hickman	96	Track MN Elite	55.04	54.80	2
10	Benjamin Janecek	95	CornhuskerFlyers	54.22	55.93	2
11	Cyler Anderson	95	Unattached	1:09.10	56.47	1
12	DaQuan Joseph	94	Silver Spring Sp	57.07	58.24	1
--	Joseph Foley	95	Team Sodak	1:12.40	DNS	1

## 800 Meter Run 17-18 Division Men

=====						
Nat'l: N 1:49.49 7/27/1999 Nick Davenport, Texas						
Region Meet: # 1:52.71 2003 Greg Peterson, Cornhusker Flyers						
Name	Year	Team	Seed	Finals		
=====						

1	Derek Wiebke	94	Unattached	1:53.96	1:56.47	
2	Cory Plugge	96	Bellevue Breeze	1:59.56	2:00.49	
3	Jordan Pingel	96	Pella Atletieks	2:01.84	2:02.12	
4	Reid Shubert	96	Liccoln Jets	2:03.38	2:04.46	
5	Eliot Clough	96	Unattached	2:04.80	2:07.22	
6	Benjamin Janecek	95	CornhuskerFlyers	2:06.06	2:11.41	
7	Atem Akok	96	Unattached	2:02.93	2:14.21	
8	Isaiah Hall	96	Apollo TC	2:22.50	2:22.15	
--	Drew Showers	95	CornhuskerFlyers	2:16.83	DNS	



## 1500 Meter Run 17-18 Division Men

Nat'l: N 3:51.21 7/7/1985 John Quade, Woodinville, WA				
Region Meet: # 4:01.80 2001 Nicholas Boelhke, Three Lakes, WI				
Name	Year	Team	Seed	Finals
1 Reid Shubert	96	Liccoln Jets	4:15.30	4:18.37
2 Atem Akok	96	Unattached	4:16.76	4:22.46
3 Sam Markle	96	Unattached	4:37.80	4:24.13
4 Taylor Pierce	96	Unattached	4:53.40	5:04.31
5 Ben Coleman	95	Park Flyers TC	5:16.62	5:43.69

## 3000 Meter Run 17-18 Division Men

Nat'l: N 8:41.25 7/28/2011 Jacob Smith, Wichita, KS				
Region Meet: # 9:09.03 2012 Lucas Keifer, Lincoln, NE				
Name	Year	Team	Seed	Finals
1 Reid Shubert	96	Liccoln Jets	9:25.36	9:17.45
2 Atem Akok	96	Unattached	9:02.11	9:31.20
3 Taylor Pierce	96	Unattached	10:43.62	11:19.04
-- Parker Rosenau	96	Team S2aq	9:31.10	DNS

## 110 Meter Hurdles 17-18 Division Men

Top 8 Advance by Time					
Nat'l: N 13.38 7/25/2009 Wayne Davis, 13 Track Eastern					
Region Meet: # 14.03 2012 Lloyd Cheatem, Des Moines Youth Area					
Name	Year	Team	Seed	Prelims	Wind
Preliminaries					
1 Nick Bartels	95	Bellevue Breeze	15.10	14.77q	-2.2
2 Benjamin Ojilca	95	Park Flyers TC		14.86q	-2.2
3 Brandon Armstrong	95	Bellevue Breeze	16.04	15.59q	-2.2
4 Daniel Asa	95	Unattached	15.30	15.84q	-2.2
5 Jordan Bishoff	95	Team Nodak	15.30	16.11q	-2.2
6 James Kruse	95	Park Flyers TC	18.23	16.73q	-2.2
7 James Hartigan	95	Bellevue Breeze	16.90	16.77q	-2.2
8 Ethan Marshall	95	Unattached	17.45	17.63q	-2.2

## 110 Meter Hurdles 17-18 Division Men

Nat'l: N 13.38 7/25/2009 Wayne Davis, 13 Track Eastern					
Region Meet: # 14.03 2012 Lloyd Cheatem, Des Moines Youth Area					
Name	Year	Team	Prelims	Finals	Wind
Finals					
1 Nick Bartels	95	Bellevue Breeze	14.77	14.77	-2.2
2 Benjamin Ojilca	95	Park Flyers TC	14.86	14.86	-2.2
3 Brandon Armstrong	95	Bellevue Breeze	15.59	15.59	-2.2
4 Daniel Asa	95	Unattached	15.84	15.84	-2.2
5 Jordan Bishoff	95	Team Nodak	16.11	16.11	-2.2
6 James Kruse	95	Park Flyers TC	16.73	16.73	-2.2
7 James Hartigan	95	Bellevue Breeze	16.77	16.77	-2.2
8 Ethan Marshall	95	Unattached	17.63	17.63	-2.2

## 400 Meter Hurdles 17-18 Division Men

Nat'l: N 49.77 7/29/2002 Kerron Clement, Missouri City, TX				
Region Meet: # 54.51 2012 Lloyd Cheatem, Des Moines Youth Area				
Name	Year	Team	Seed	Finals
1 Nick Bartels	95	Bellevue Breeze	55.94	55.53
2 Joshua Gillespie	96	Track MN Elite	58.77	58.32
3 Benjamin Ojilca	95	Park Flyers TC		58.48
4 James Hartigan	95	Bellevue Breeze	1:01.07	1:00.34
5 Daniel Asa	95	Unattached	1:04.80	1:01.59
6 Josiah Moulds	95	Iowa Pride	1:03.85	1:02.79
-- Antonio Flores	96	Liccoln Jets	1:02.78	DNS
-- Nathan Lechtenberg	96	Bellevue Breeze	1:01.05	SCR

-- Xavier Lawson 96 Park Flyers TC 1:08.95 SCR  
 -- Jack Bergstrom 96 Unattached 55.39 X55.53 55.530

4x100 Meter Relay 17-18 Division Men

Nat'l: N 39.73 8/1/1998 Track Houston, Houston, TX  
 R. Beard, B. Gay, J. Harris, T. Williams  
 Region Meet: # 41.00 2002 D Omole B Calhoun A Freeman P Tellford, Milw  
 Team Seed Finals

1 29-Tachyon Athletik 'A' 42.66 42.56  
 1) Derek Zimmerman 95 2) Craig Timmons 95  
 3) Gregory Dightman 94 4) Caleb Cowling 95  
 2 29-Bellevue Recreation Youth T 'A' 41.94 42.66  
 1) Devin Barfield 94 2) Tyler Gillen 95  
 3) Nick Bartels 95 4) Johnnie Bennett 96  
 3 40-40 Iowa Core Elite TC 'A' 43.94 43.70  
 1) Nihad Ejubovic 95 2) Corbin Lowe 96  
 3) Carter Neilsen 96 4) Andre Rathaje 96  
 4 30-Park Flyers Track Field Clu 'A' 44.25 43.72  
 1) Raymond Washington 96 2) James Kruse 95  
 3) Denzell Oats 94 4) Naris Uzzell 95  
 5 20-Silver Spring Spartans 'A' 43.31 44.93  
 1) Matthew Duck 94 2) Daniel Ogunkunle 96  
 3) Michael Snowden 95 4) Deon Polk 94  
 6 30-Park Flyers Track Field Clu 'B' 47.62 1:11.69  
 1) Melvyn Curry 95 2) Josh Kuether 95  
 3) Emran Jeilani 96 4) Benjamin Ojilca 95  
 -- 52-Team Nodak 'A' 43.50 DQ Exchange 1-2  
 1) Jordan Bishoff 95 2) Chaz Gunderson 94  
 3) Marcus Welk 96 4) Jaime Heinen 94  
 -- 30-Track Minnesota Elite 'A' 45.07 DNS  
 1) Joshua Gillespie 96 2) Jake Gourley 96  
 3) Cameron Hastings 95 4) Shaheed Hickman 96

4x400 Meter Relay 17-18 Division Men

Nat'l: N 3:06.22 7/29/2007 16 33 So Cal Running Cougars, 16 33 SCRC  
 R Wyatt, J Hughes, N Gutteriez, J Anderson  
 Region Meet: # 3:16.65 2011 D Barfield C Rush G Teel D Barfield, Belle  
 Team Seed Finals

1 29-Bellevue Recreation Youth T 'A' 3:35.37 3:32.61  
 1) Devin Barfield 94 2) Brandon Armstrong 95  
 3) Tyler Spearman 95 4) Johnnie Bennett 96  
 2 40-40 Iowa Core Elite TC 'A' 3:36.12  
 1) Andre Rathaje 96 2) Carter Neilsen 96  
 3) Nihad Ejubovic 95 4) Corbin Lowe 96  
 -- 52-Aberdeen Area Running Club 'A' 3:35.30 SCR  
 1) Riley Knutson 95 2) Kodi Larson 94  
 3) Colin Olson 95 4) Scott Van Winkle 95  
 -- 40-40 Washington TC 'A' 3:38.74 SCR  
 1) Jens Dancer 96 2) Ryan Dorman 95  
 3) Chris Ohrt 95 4) Rasheem Shivers 95

4x800 Meter Relay 17-18 Division Men

Nat'l: N 7:35.27 8/2/1981 East Coast Classics, Lincoln, NE  
 Region Meet: # 7:52.03 2007 J Cornilsen B Irwin Tyler Anderson A St, I  
 Team Seed Finals

-- 40-40 Washington TC 'A' 8:16.35 SCR  
 1) Jens Dancer 96 2) Ryan Dorman 95  
 3) Chris Ohrt 95 4) Rasheem Shivers 95

High Jump 17-18 Division Men

Nat'l: N 2.28m 7/9/1983 Dothel Edwards, Seattle, WA  
 Region Meet: # 2.10m 2009 Noah Kittelson, Westside, IA  
 Name Year Team Seed Finals

1	Marcel Ryan	96 Bellevue Breeze	1.85	1.90	1.95	2.00	2.05	1.95m	2.00m	6-06.75
			O	O	O	O	XXX			
2	Alex Bloom	96 Unattached	1.85	1.90	1.95	2.00	2.05	1.90m	2.00m	6-06.75
			O	O	O	XXO	XXX			
3	Jordan Bishoff	95 Team Nodak	1.75	1.80	1.85	1.90	1.95	1.98m	2.00m	6-06.75
			XO	O	XO	O	XXO	XXO	XXX	
4	Denzell Oats	94 Park Flyers TC	1.75	1.80	1.85	1.90	1.95	1.75m	1.90m	6-02.75
			O	O	O	O	XXX			
4	Benjamin Ojilca	95 Park Flyers TC	1.80	1.85	1.90	1.95		1.90m	1.90m	6-02.75
			O	O	O	XXX				
6	Ethan Turner	95 Track MN Elite	1.75	1.80	1.85	1.90		1.80m	1.85m	6-00.75
			XO	XXO	O	XXX				
7	Cameron Hastings	95 Track MN Elite	1.75	1.80	1.85	1.90		1.75m	1.85m	6-00.75
			O	O	XXO	XXX				
8	Daniel Schack	96 Unattached	1.75	1.80	1.85			1.90m	1.80m	5-10.75
			O	O	XXX					
9	Kortez Pickett	94 Silver Spring Sp	1.75	1.80				1.85m	1.75m	5-08.75
			XO	XXX						
--	Tyler Spearman	95 Bellevue Breeze						1.70m	DNS	
--	Antonio Flores	96 Lincoln Jets						1.75m	DNS	
--	Bryce Johnson	96 Track MN Elite						1.70m	DNS	

Pole Vault 17-18 Division Men

=====											
Nat'l: N 5.31m 7/30/2006 Casey Roche, UNA 38											
Region Meet: # 4.80m 2011 Christian Sanderfer, Lincoln Jets											
Name	Year	Team					Seed	Finals			
=====											
1	Mitchell Valli	95 Unattached	4.25	4.40	4.55	4.70	4.85	4.82m	4.70m	15-05.00	
			O	O	O	XO	XXX				
2	Reagan Francom	94 Unattached	3.95	4.10	4.25	4.40	4.55	3.96m	4.55m	14-11.00	
			O	O	O	O	XXX				
3	Maxwell Maher	95 Flight Deck Athl	3.80	3.95	4.10	4.25	4.40	4.37m	4.25m	13-11.25	
			O	O	O	O	XXX				
4	Andrew Klein	95 CornhuskerFlyers	3.95	4.10	4.25	4.40		3.96m	4.25m	13-11.25	
			O	O	XXO	XXX					
5	Tyler Tappe	95 Flight Deck Athl	4.10	4.25	4.40			4.67m	4.10m	13-05.25	
			O	PPP	XXX						
5	Colton Jordan	95 Team Sodak	3.95	4.10	4.25			3.20m	4.10m	13-05.25	
			O	O	XXX						
7	Eric Klister	95 AP Vaulters	3.65	3.80	3.95	4.10		4.00m	3.95m	12-11.50	
			O	XXO	O	XXX					
8	Marcus Welk	96 Team Nodak	3.50	3.65	3.80	3.95	4.10	3.50m	3.95m	12-11.50	
			O	O	O	XO	PPP	XXX			
9	Alex Bloom	96 Unattached	3.50	3.65	3.80	3.95		3.85m	3.80m	12-05.50	
			O	XXO	O	XXX					
10	David Schabelski	96 Southern MN Heat	3.50	3.65	3.80			3.62m	3.65m	11-11.75	
			O	O	XXX						
11	Cole Kringstad	95 Unattached	3.50	3.65	3.80			3.20m	3.65m	11-11.75	
			XO	O	XXX						
--	Paul Tharalson	95 Team Nodak						3.66m	NH		

3.50  
 XXX  
 -- Ethan Marshall 95 Unattached 3.47m NH  
 3.50  
 XXX  
 -- Robert Mesenburg 94 Unattached 4.07m DNS

Long Jump 17-18 Division Men

=====  
 Nat'l: N 7.87m 1977 Lamont King, Surprise, AZ  
 Region Meet: # 7.51m 2005 Robert Rands, Bellevue Recreation  
 Name Year Team Seed Finals Wind  
 =====  
 1 Jaime Heinen 94 Team Nodak 6.66m 7.26m 0.1 23-10.00  
 7.04m(1.5) 7.10m(1.8) FOUL 6.96m(1.0) FOUL 7.26m(0.1)  
 2 Caleb Cowling 95 Tachyon Athletik 6.70m 7.12m 2.2 23-04.50  
 7.08m(1.9) 7.12m(2.2) 5.47m(2.7) 6.85m(0.5) FOUL FOUL  
 3 Derek Zimmerman 95 Tachyon Athletik 6.40m 6.75m 1.9 22-01.75  
 6.75m(1.9) FOUL FOUL FOUL 6.72m(0.2) FOUL  
 4 Gregory Dightman 94 Tachyon Athletik 6.36m 6.64m 2.9 21-09.50  
 6.64m(2.9) 6.61m(2.9) 6.39m(2.5) 6.37m(+0.0) 6.50m(+0.0) FOUL  
 5 Thomas Stopak 96 Tachyon Athletik 6.61m 6.46m 1.8 21-02.50  
 FOUL FOUL 6.39m(2.2) 6.46m(1.8) 6.26m(0.8) 4.40m(NWI)  
 6 Alex Bloom 96 Unattached 6.23m 6.33m 2.3 20-09.25  
 6.33m(2.3) 5.81m(2.7) 6.17m(2.2) 6.26m(2.3) FOUL FOUL  
 7 Korte Pickett 94 Silver Spring Sp 6.05m 6.16m 1.6 20-02.50  
 6.16m(1.6) 5.78m(1.7) FOUL 5.44m(2.4) FOUL FOUL  
 8 Cameron Hastings 95 Track MN Elite 5.56m 6.07m 0.8 19-11.00  
 FOUL 6.07m(0.8) FOUL FOUL 5.80m(1.2) FOUL  
 9 Daniel Schack 96 Unattached 6.32m 5.99m 2.4 19-08.00  
 FOUL FOUL 5.99m(2.4)  
 10 Ethan Turner 95 Track MN Elite 5.75m 5.91m +0.0 19-04.75  
 FOUL 5.91m(+0.0) FOUL  
 11 Emran Jeilani 96 Park Flyers TC 5.58m 5.65m 0.2 18-06.50  
 FOUL FOUL 5.65m(0.2)  
 12 James Kruse 95 Park Flyers TC 5.67m 5.53m +0.0 18-01.75  
 5.50m(1.4) 5.53m(+0.0) 5.51m(1.1)  
 13 David Chambers 96 Bellevue Breeze 5.72m 5.38m 3.0 17-08.00  
 5.38m(3.0) 5.19m(+0.0) FOUL  
 -- Dennis Barfield 94 Bellevue Breeze 5.76m FOUL  
 FOUL FOUL FOUL  
 -- Trenton Peterson 96 Tachyon Athletik 5.41m DNS NWI  
 -- Antonio Flores 96 Lincoln Jets 5.58m DNS NWI

Triple Jump 17-18 Division Men

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 Nat'l: N 16.72m 7/29/2004 Kenneth Hall, Baker, LA  
 Region Meet: # 14.56m 2005 Anthony Strong, Silver Spring Spartans  
 Name Year Team Seed Finals Wind  
 =====  
 1 Derek Zimmerman 95 Tachyon Athletik 14.32m 14.71m# 0.8 48-03.25  
 14.52m(1.7) 13.22m(0.5) 14.52m(1.4) 14.01m(1.1) FOUL 14.71m(0.8)  
 2 Jaime Heinen 94 Team Nodak 12.97m 13.69m 3.0 44-11.00  
 13.69m(3.0) 12.80m(1.9) FOUL 13.28m(3.6) FOUL 13.45m(0.2)  
 3 Ethan Turner 95 Track MN Elite 12.82m 13.47m 3.2 44-02.50  
 13.47m(3.2) FOUL 12.85m(0.5) FOUL PASS 12.94m(2.7)  
 4 Caleb Cowling 95 Tachyon Athletik 13.76m 13.46m 2.8 44-02.00  
 13.46m(2.8) 12.23m(3.5) PASS PASS PASS  
 5 Korte Pickett 94 Silver Spring Sp 12.94m 12.56m 3.8 41-02.50  
 12.56m(3.8) FOUL FOUL FOUL FOUL FOUL  
 6 Cameron Hastings 95 Track MN Elite 12.56m 12.20m NWI 40-00.50  
 FOUL FOUL 12.20m(NWI) 12.11m(0.5) FOUL 12.19m(1.4)  
 7 Joshua Gillespie 96 Track MN Elite 10.89m 11.28m 3.9 37-00.25  
 11.28m(3.9) 11.24m(4.5) 10.60m(0.5) 10.50m(0.4) 10.34m(0.5) 11.27m(2.1)  
 -- Daniel Schack 96 Unattached 12.38m DNS NWI

Shot Put 12 lb. 17-18 Division Men

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 Nat'l: N 20.43m 7/24/1987 Dwight Johnson, Phoenix, AZ  
 Region Meet: # 19.01m 2004 Keith Lloyd, West O Throws  
 Name Year Team Seed Finals

1	Zachary Brittain	95 Unattached	16.09m	16.70m	54-09.50
	16.17m 15.90m 16.29m 15.92m 16.39m 16.70m				
2	William Giittinger	94 Unattached	15.84m	15.69m	51-05.75
	14.70m 15.15m 15.69m 15.21m 14.79m 14.40m				
3	Colton Phelps	95 Unattached	14.07m	14.41m	47-03.50
	13.74m FOUL 13.87m 13.80m 14.41m 14.03m				
4	Jacob Barents	96 CornhuskerFlyers	15.31m	14.35m	47-01.00
	13.67m FOUL 14.35m FOUL FOUL FOUL				
5	Dustin Gill	94 Unattached	15.14m	14.18m	46-06.25
	FOUL FOUL 14.18m 13.34m FOUL 13.12m				
6	Dallas Franks	94 Unattached	14.56m	14.10m	46-03.25
	13.20m FOUL FOUL 14.10m 13.86m 13.30m				
7	Jonathan Sutton	95 Eagles Wings	13.63m	13.59m	44-07.00
	13.10m 13.20m 13.59m FOUL 13.59m FOUL				
8	Derrick Sheppard	96 Fremont TC	13.75m	13.38m	43-10.75
	12.82m 13.38m 13.15m 13.24m 12.81m FOUL				
9	Adam Schultz	95 Unattached	14.23m	13.01m	42-08.25
	13.01m FOUL FOUL				
10	Brendan Walker	95 Team S2aq	12.46m	12.03m	39-05.75
	FOUL FOUL 12.03m				
--	Christopher Compton	95 Park Flyers TC	12.24m	DNS	
--	Mason Leiseth	94 Unattached	17.19m	DNS	

#### Discus Throw 1.6kg 17-18 Division Men

Nat'l: N 63.20m 1979		Clint Johnson, Overland Park, KS			
Region Meet: # 56.33m 2011		Brady Rutt, Hastings, NE			
Name	Year	Team	Seed	Finals	
1	Zachary Brittain	95 Unattached	38.20m	51.25m	168-02
	46.93m 48.00m 48.10m 47.84m 51.25m 46.28m				
2	Dustin Gill	94 Unattached	46.70m	48.59m	159-05
	40.32m 42.66m 43.85m 43.77m 48.59m FOUL				
3	Wiley Nichols	96 CornhuskerFlyers	40.61m	47.72m	156-07
	44.02m 44.40m 45.63m 47.72m 39.62m 43.65m				
4	Dallas Franks	94 Unattached	44.22m	47.58m	156-01
	45.99m 45.34m 46.80m 47.58m 42.96m 46.06m				
5	Jacob Barents	96 CornhuskerFlyers	47.49m	46.60m	152-11
	40.31m 45.26m 46.59m 45.03m 46.60m 45.86m				
6	Colton Phelps	95 Unattached	42.63m	45.03m	147-09
	43.70m FOUL 44.21m 41.99m 45.03m 44.63m				
7	Jonathan Sutton	95 Eagles Wings	37.32m	39.95m	131-01
	FOUL 39.63m FOUL 39.95m FOUL 39.70m				
8	Brendan Walker	95 Team S2aq	33.46m	39.73m	130-04
	35.24m 31.90m 39.50m FOUL 39.73m				
9	Kyle Hansen	94 CornhuskerFlyers	46.22m	39.47m	129-06
	39.47m FOUL 39.28m				
10	Christopher Compton	95 Park Flyers TC	40.31m	39.03m	128-01
	39.03m FOUL FOUL				
11	Adam Schultz	95 Unattached	36.89m	25.18m	82-07
	FOUL FOUL 25.18m				
--	William Giittinger	94 Unattached	40.48m	FOUL	
	FOUL FOUL FOUL				
--	Mason Leiseth	94 Unattached	45.77m	DNS	

#### Hammer Throw 17-18 Division Men

Nat'l: N 79.24m 6/28/2008		Connor McCullough, Unattached, CA			
Region Meet: # 59.83m 2009		Drew Staskiewicz, Omaha, NE			
Name	Year	Team	Seed	Finals	
1	Dallas Franks	94 Unattached	40.88m	47.58m	156-01
	41.63m 45.67m FOUL 43.08m FOUL 47.58m				
2	Brendan Walker	95 Team S2aq	32.78m	39.81m	130-07
	FOUL FOUL 27.90m 39.81m FOUL FOUL				
3	Jacob Barents	96 CornhuskerFlyers	40.38m	39.18m	128-06
	30.48m 36.75m 38.73m 36.84m 39.18m 37.66m				
4	Jonathan Sutton	95 Eagles Wings	36.63m	30.69m	100-08
	28.69m 27.96m FOUL FOUL FOUL 30.69m				

Javelin Throw 800g 17-18 Division Men

Nat'l: N 72.82m 6/27/2010 Samuel Crouser, Gresham,OR  
 Region Meet: # 57.04m 2009 Kaleb Henry, Loup City, NE

Name	Year	Team	Seed	Finals	
1 Caleb Mattila	95	Team S2aq	54.20m	52.31m	171-07
		50.28m 50.48m FOUL 51.85m 48.03m 52.31m			
2 Melvyn Curry	95	Park Flyers TC	47.22m	44.42m	145-09
		FOUL 37.38m FOUL 44.42m FOUL FOUL			
3 Wiley Nichols	96	CornhuskerFlyers	44.45m	42.11m	138-02
		38.40m FOUL 42.11m FOUL FOUL 41.21m			
4 Jonathan Sutton	95	Eagles Wings	43.58m	40.52m	132-11
		32.77m 36.46m 40.17m 40.52m 38.87m 38.73m			
5 Kyle Hansen	94	CornhuskerFlyers	40.91m	39.09m	128-03
		36.78m 36.12m FOUL FOUL FOUL 39.09m			
6 Naris Uzzell	95	Park Flyers TC	39.92m	36.27m	119-00
		FOUL 33.74m FOUL FOUL 36.27m FOUL			
7 Christopher Compton	95	Park Flyers TC	38.68m	36.06m	118-04
		34.88m 36.06m 35.94m FOUL 33.99m FOUL			
-- Andrew Murnane	95	Park Flyers TC	21.20m	DNS	

Decathlon: #1 100 Meter Dash 17-18 Division Men Decathlon

Name	Year	Team	Finals	Wind	Points
1 Austin Youngs	95	Unattached	10.98	5.3	865
2 James Kruse	95	Park Flyers TC	11.00	5.3	861
3 Joseph Foley	95	Team Sodak	11.05	5.3	850
4 Tyler Spearman	95	Bellevue Breeze	11.25	5.3	806
5 William Dougherty	95	Unattached	11.42	5.3	769
6 Gavin Brion	95	Omaha Racers	11.54	5.3	744
7 Christopher Hunnewell	95	Unattached	12.46	5.3	563

Decathlon: #5 400 Meter Dash 17-18 Division Men Decathlon

Name	Year	Team	Finals	Points
1 William Dougherty	95	Unattached	51.10	765
2 Tyler Spearman	95	Bellevue Breeze	52.59	699
3 Austin Youngs	95	Unattached	52.65	697
4 Joseph Foley	95	Team Sodak	53.15	675
5 James Kruse	95	Park Flyers TC	53.22	672
6 Gavin Brion	95	Omaha Racers	54.40	623
7 Christopher Hunnewell	95	Unattached	58.86	453

Decathlon: #10 1500 Meter Run 17-18 Division Men Decathlon

Name	Year	Team	Finals	Points
1 William Dougherty	95	Unattached	4:38.10	692
2 James Kruse	95	Park Flyers TC	4:54.62	591
3 Tyler Spearman	95	Bellevue Breeze	4:59.55	562
4 Austin Youngs	95	Unattached	5:03.17	542
5 Gavin Brion	95	Omaha Racers	5:14.29	480
6 Joseph Foley	95	Team Sodak	5:16.29	470
7 Christopher Hunnewell	95	Unattached	5:27.70	411

Decathlon: #6 110 Meter Hurdles 17-18 Division Men Decathlon

Name	Year	Team	Finals	Wind	H#	Points
1 Austin Youngs	95	Unattached	15.51	0.9	2	789
2 William Dougherty	95	Unattached	15.76	-0.1	1	760
3 James Kruse	95	Park Flyers TC	16.20	-0.1	1	710
4 Tyler Spearman	95	Bellevue Breeze	18.19	0.9	2	506
5 Joseph Foley	95	Team Sodak	20.37	0.9	2	321
6 Gavin Brion	95	Omaha Racers	21.06	-0.1	1	270
7 Christopher Hunnewell	95	Unattached	23.56	0.9	2	123

Decathlon: #4 High Jump 17-18 Division Men Decathlon

Name	Year Team	Finals	Points
1 William Dougherty	95 Unattached	1.80m	5-10.75 627
1.60 1.65 1.70 1.75 1.80 1.85			
O O O XO XO XXX			
1 Austin Youngs	95 Unattached	1.80m	5-10.75 627
1.55 1.60 1.65 1.70 1.75 1.80 1.85			
O O O O XO O XXX			
3 Tyler Spearman	95 Bellevue Breeze	1.70m	5-07.00 544
1.55 1.60 1.65 1.70 1.75			
O O O XXO XXX			
4 James Kruse	95 Park Flyers TC	1.65m	5-05.00 504
1.60 1.65 1.70			
O O XXX			
4 Christopher Hunnewell	95 Unattached	1.65m	5-05.00 504
1.55 1.60 1.65 1.70			
O O O XXX			
6 Joseph Foley	95 Team Sodak	1.45m	4-09.00 352
1.35 1.40 1.45 1.50			
O O O XXX			
7 Gavin Brion	95 Omaha Racers	1.40m	4-07.00 317
1.35 1.40 1.45			
XXO XXO XXX			

Decathlon: #8 Pole Vault 17-18 Division Men Decathlon

Name	Year Team	Finals	Points
1 Christopher Hunnewell	95 Unattached	3.63m	11-10.75 517
3.33 3.48 3.63 3.78			
O PPP O XXX			
2 James Kruse	95 Park Flyers TC	3.48m	11-05.00 477
2.43 2.58 2.73 2.88 3.03 3.18 3.33 3.48 3.63			
O PPP O O O O XO XXO XXX			
3 Gavin Brion	95 Omaha Racers	3.18m	10-05.25 401
2.73 2.88 3.03 3.18 3.33			
O O O O XXX			
4 Joseph Foley	95 Team Sodak	2.88m	9-05.25 328
2.43 2.58 2.73 2.88 3.03			
O O O O XXX			
4 Austin Youngs	95 Unattached	2.88m	9-05.25 328
2.28 2.43 2.58 2.73 2.88 3.03			
O O O O O XXX			
6 William Dougherty	95 Unattached	2.73m	8-11.50 293
1.83 1.98 2.13 2.28 2.43 2.58 2.73 2.88			
O PPP O PPP O XO O XXX			
7 Tyler Spearman	95 Bellevue Breeze	2.28m	7-05.75 195
1.83 1.98 2.13 2.28 2.43			
O O PPP XO XXX			

Decathlon: #2 Long Jump 17-18 Division Men Decathlon

Name	Year Team	Finals	Wind	Points
1 Austin Youngs	95 Unattached	6.41m	3.0 21-00.50	677
FOUL 6.41m(3.0) 6.20m(3.4)				
2 James Kruse	95 Park Flyers TC	6.25m	3.6 20-06.25	641
6.24m(3.4) 5.92m(5.3) 6.25m(3.6)				
3 William Dougherty	95 Unattached	6.13m	3.2 20-01.50	615
6.04m(2.4) 6.13m(3.2) 5.86m(3.8)				
4 Tyler Spearman	95 Bellevue Breeze	5.87m	2.9 19-03.25	559
5.87m(2.9) FOUL FOUL				
5 Christopher Hunnewell	95 Unattached	5.44m	5.5 17-10.25	469
FOUL 5.44m(5.5) FOUL				
6 Gavin Brion	95 Omaha Racers	5.33m	3.1 17-06.00	447
5.18m(3.2) 5.33m(3.1) 5.11m(6.4)				
7 Joseph Foley	95 Team Sodak	5.17m	2.0 16-11.50	415
5.17m(2.0) 5.10m(3.0) 3.80m(3.5)				

Decathlon: #3 Shot Put 17-18 Division Men Decathlon

Name	Year	Team	Finals	Points
1 William Dougherty 12.08m 11.43m 11.40m	95	Unattached	12.08m 39-07.75	611
2 Tyler Spearman 11.70m 10.79m 10.31m	95	Bellevue Breeze	11.70m 38-04.75	588
3 Austin Youngs 9.91m 10.75m 10.92m	95	Unattached	10.92m 35-10.00	541
4 Christopher Hunnewell FOUL 10.35m FOUL	95	Unattached	10.35m 33-11.50	507
5 Joseph Foley 9.62m 9.91m 9.61m	95	Team Sodak	9.91m 32-06.25	480
6 James Kruse 9.80m 9.27m FOUL	95	Park Flyers TC	9.80m 32-02.00	474
7 Gavin Brion 8.79m 9.41m 9.78m	95	Omaha Racers	9.78m 32-01.00	472

Decathlon: #7 Discus Throw 17-18 Division Men Decathlon

Name	Year	Team	Finals	Points
1 William Dougherty 34.49m 37.46m 37.61m	95	Unattached	37.61m 123-05	616
2 James Kruse 30.75m 30.72m FOUL	95	Park Flyers TC	30.75m 100-11	479
3 Tyler Spearman FOUL 28.80m 27.87m	95	Bellevue Breeze	28.80m 94-06	441
4 Christopher Hunnewell 24.29m FOUL 28.56m	95	Unattached	28.56m 93-08	436
5 Joseph Foley 26.69m 26.02m 24.13m	95	Team Sodak	26.69m 87-07	400
6 Gavin Brion 19.60m FOUL 23.17m	95	Omaha Racers	23.17m 76-00	332
7 Austin Youngs 22.89m 22.33m FOUL	95	Unattached	22.89m 75-01	327

Decathlon: #9 Javelin Throw 17-18 Division Men Decathlon

Name	Year	Team	Finals	Points
1 William Dougherty 43.37m 39.96m 40.18m	95	Unattached	43.37m 142-03	491
2 Joseph Foley 33.94m 35.43m 34.17m	95	Team Sodak	35.43m 116-03	376
3 Austin Youngs 29.89m 32.54m 34.01m	95	Unattached	34.01m 111-07	356
4 James Kruse 32.67m 27.39m 32.70m	95	Park Flyers TC	32.70m 107-03	337
5 Tyler Spearman 28.74m 29.23m 31.58m	95	Bellevue Breeze	31.58m 103-07	322
6 Gavin Brion 25.63m 24.08m 31.27m	95	Omaha Racers	31.27m 102-07	317
7 Christopher Hunnewell 27.30m 27.05m 26.95m	95	Unattached	27.30m 89-07	261

Decathlon 17-18 Division Men

Nat'l: N 7405 7/25/2001 Donovan Kilmartin, Meridian, ID  
 Region Meet: # 6313 2002 Ryan Koch, Madison Eastside Sharks  
 5891 JO'S

Name	Year	Team	Seed	Finals
1 William Dougherty	95	Unattached	5473	6239.00 JO'S
2 Austin Youngs	95	Unattached	5341	5749.00
3 James Kruse	95	Park Flyers TC	5726	5746.00
4 Tyler Spearman	95	Bellevue Breeze	4048	5222.00
5 Joseph Foley	95	Team Sodak	4165	4667.00
6 Gavin Brion	95	Omaha Racers		4403.00
7 Christopher Hunnewell	95	Unattached	4061	4244.00



