

USA TRACK AND FIELD (USATF) JUNIOR OLYMPICS

As of June 2016 (updated 6/27/2016)

Records can only be set/recorded at the USATF/Iowa Association State Meet

| Event | Name | Record | Year | Age Group | Town |
|----------------------------------|--------------------|----------|------|-----------------|---------------------------|
| <u>GIRLS TRACK EVENTS</u> | | | | | |
| 100 M | Teanna Lewis | 15.16 | 2004 | 8 and Under | Des Moines Velocity TC |
| | Kaitlyn Peterson | 14.09 | 1998 | 9-10 Year Olds | Mississippi Valley TC |
| | Allison McBroom | 13.00 | 2005 | 11-12 Year olds | Des Moines Track Iowa |
| | Tashika Lewis | 12.32 | 1990 | 13-14 Year Olds | Des Moines YMCA |
| | Lexie Anderson | 12.11 | 1984 | 15-16 Year Olds | Pleasant Valley |
| | Karina Dufoe | 12.09 | 2014 | 17-18 Year Olds | Adel |
| 200 M | Carson Jarrard | 32.80 | 2004 | 8 and Under | Fort Dodge Flyers TC |
| | Ke'Ayla Madison | 29.21 | 2015 | 9-10 Year Olds | Central Iowa Excalibur TC |
| | Gretchen Lamar | 27.47 | 2002 | 11-12 Year olds | Central Iowa Excalibur TC |
| | Kaaydah Nangle | 25.77 | 2003 | 13-14 Year Olds | Des Moines Velocity TC |
| | Lexie Anderson | 24.79 | 1984 | 15-16 Year Olds | Pleasant Valley |
| | Erin Hawkins | 24.66 | 2011 | 17-18 Year Olds | Des Moines Track Iowa |
| 400 M | Ke'Ayla Madison | 1:13.42 | 2013 | 8 and Under | Central Iowa Excalibur TC |
| | Ke'Ayla Madison | 1:05.28 | 2015 | 9-10 Year Olds | Central Iowa Excalibur TC |
| | Alexandra Armitage | 1:02.03 | 2006 | 11-12 Year olds | WSTC - West Des Moines |
| | Syaira Richardson | 59.89 | 2012 | 13-14 Year Olds | Cedar Rapids Track Club |
| | Ellen Dougherty | 58.69 | 2007 | 15-16 Year Olds | Iowa United Track Club |
| | Kaley Ciluffo | 57.07 | 2013 | 17-18 Year Olds | Mississippi Valley TC |
| 800 M | Kathryn Leighty | 2:52.34 | 2010 | 8 and Under | Mason City |
| | Ke'Ayla Madison | 2:37.48 | 2014 | 9-10 Year Olds | Central Iowa Excalibur TC |
| | Katie Flood | 2:22.33 | 2004 | 11-12 Year olds | Central Iowa Excalibur TC |
| | Ellen Dougherty | 2:16.06 | 2006 | 13-14 Year Olds | Central Iowa Excalibur TC |
| | Kaley Ciluffo | 2:15.27 | 2012 | 15-16 Year Olds | Mississippi Valley TC |
| | Kaley Ciluffo | 2:11.81 | 2013 | 17-18 Year Olds | Mississippi Valley TC |
| 1500 M | Mia Kautman | 6:20.20 | 2015 | 8 and Under | Ames All-American TC |
| | Katie Flood | 5:24.40 | 2002 | 9-10 Year Olds | Central Iowa Excalibur TC |
| | Katie Flood | 4:58.57 | 2004 | 11-12 Year olds | Central Iowa Excalibur TC |
| | Katie Flood | 4:51.94 | 2006 | 13-14 Year Olds | Central Iowa Excalibur TC |
| | Brooke Dinsdale | 4:51.95 | 2006 | 15-16 Year Olds | Cedar Valley TC |
| | Cassie Sokol | 4:53.64 | 2005 | 17-18 Year Olds | Urbandale |
| 3000 M | Ashlyn Keeney | 10:58.52 | 2015 | 11-12 Year olds | Iowa Speed Track Club |
| | Katie Flood | 10:39.10 | 2006 | 13-14 Year Olds | Central Iowa Excalibur TC |
| | Nicole Criner | 10:25.97 | 2009 | 15-16 Year Olds | Central Iowa Excalibur TC |
| | Shannon Gorman | 10:43.97 | 2013 | 17-18 Year Olds | Cedar Rapids Track Club |
| 2000 M Steeple | Shannon Gorman | 7:49.97 | 2013 | 17-18 Year Olds | Cedar Rapids Track Club |
| 1500 M Walk | Christa Dirksen | 8:22.91 | 1988 | 9-10 Year Olds | Mason City |
| | Christa Dirksen | 8:13.79 | 1989 | 11-12 Year olds | Mason City |
| 3000 M Walk | Katie Rulapaugh | 17:37.60 | 1994 | 13-14 Year Olds | Sheffield |
| | Katie Rulapaugh | 15:55.55 | 1996 | 15-16 Year Olds | Sheffield |
| | Katie Rulapaugh | 16:23.63 | 1998 | 17-18 Year Olds | Sheffield |
| 80 M Hurdles | Mackenzie Carney | 13.25 | 2016 | 11-12 Year olds | Ames All-American TC |
| 100 M Hurdles | Jill Schweibert | 15.47 | 1997 | 13-14 Year Olds | Brooklyn |
| | Lori Jones | 14.47 | 1998 | 15-16 Year Olds | Des Moines Youth |
| | Mary Young | 14.52 | 2014 | 17-18 Year Olds | Iowa Core elite |
| 200 M Hurdles | Jill Schweibert | 28.86 | 1997 | 13-14 Year Olds | Brooklyn |
| 400 M Hurdles | Kari Hennigan | 59.78 | 1989 | 15-16 Year Olds | Altoona |
| | Sarah Plock | 1:03.17 | 2014 | 17-18 Year Olds | Iowa Speed Track Club |
| 4 X 100 Relay | MVTC | 1:15.82 | 2011 | 8 and Under | Bettendorf |

| | | | | | |
|---------------|-------------------|----------|------|-----------------|-----------------|
| | Des Moines Youth | 1:02.10 | 2000 | 9-10 Year Olds | Des Moines |
| | Fort Dodge Flyers | 54.82 | 1998 | 11-12 Year olds | Fort Dodge |
| | IMPACTT | 50.05 | 2014 | 13-14 Year Olds | Waterloo |
| | IMPACTT | 49.01 | 2015 | 15-16 Year Olds | Waterloo |
| | Cedar Valley TC | 48.89 | 2003 | 17-18 Year Olds | Waterloo |
| 4 X 400 Relay | MVTC | 4:59.28 | 2008 | 9-10 Year Olds | Bettendorf |
| | Cedar Valley TC | 4:33.84 | 2002 | 11-12 Year olds | Waterloo |
| | Cedar Valley TC | 4:18.06 | 2004 | 13-14 Year Olds | Waterloo |
| | MVTC | 4:05.35 | 2013 | 15-16 Year Olds | Bettendorf |
| | MVTC | 3:58.31 | 2008 | 17-18 Year Olds | Bettendorf |
| 4 X 800 Relay | WSTC | 10:34.70 | 1999 | 11-12 Year olds | West Des Moines |
| | Cedar Valley TC | 9:54.46 | 2004 | 13-14 Year Olds | Waterloo |
| | Cedar Valley TC | 9:22.02 | 2006 | 15-16 Year Olds | Waterloo |
| | Iowa United TC | 9:53.32 | 2008 | 17-18 Year Olds | Denver |

GIRLS FIELD EVENTS

| | | | | | |
|--------------|----------------------------------|-------------------|------|-----------------|-------------------------|
| Long Jump | Laila Fisher | 9' 10.25"/3.00 m | 2015 | 8 and Under | Des Moines Youth |
| | Lindsay Lettow | 13' 8"/4.16m | 2000 | 9-10 Year Olds | WSTC - West Des Moines |
| | Ronni Caldwell | 15' 5"/4.70m | 1993 | 11-12 Year olds | Des Moines Youth |
| | Kiersten Thorgaard | 17' 6"/5.33m | 2003 | 13-14 Year Olds | Ames Impact |
| | Lexus Lovan | 18' 2.25"/5.54m | 2011 | 15-16 Year Olds | Urbandale |
| | Lexus Lovan | 18' 10.75"/5.76m | 2014 | 17-18 Year Olds | Urbandale |
| Triple Jump | Meaghan Jerrard | 33' 8.75"/10.28m | 2011 | 13-14 Year Olds | WSTC - West Des Moines |
| | Nicole Harker | 35' 0.25"/10.67m | 1987 | 15-16 Year Olds | Clarion |
| | Kim Carson | 36' 1.75"/11.02m | 1991 | 17-18 Year Olds | Des Moines YMCA |
| High Jump | Janielle Rollins | 4' 3.25"/1.30m | 2001 | 9-10 Year Olds | Ames Impact |
| | Sondra Biere | 5' 1.25"/1.55m | 1988 | 11-12 Year olds | Des Moines YMCA |
| | Taylor Twedt | 5' 2.5"/1.59m | 2008 | 13-14 Year Olds | Rockwell |
| | Megan Glisar | 5' 7.25"/1.71m | 2006 | 15-16 Year Olds | N4SSC - Sergeant Bluff |
| | tie (Steph Davis/ Lori Meade) | 5' 6"/1.68m | 1986 | 17-18 Year Olds | Dubuque |
| | | | 1986 | | S.E. Warren |
| Pole Vault | Sybbie Sears | 8' 6.5"/2.60m | 2014 | 17-18 Year Olds | Iowa Pride |
| Shot Put | Kenna McGee | 19' 4.25"/5.90m | 2012 | 8 and Under | |
| | Kate Birchmier | 28' 10.25"/8.79m | 2007 | 9-10 Year Olds | Bloomfield |
| | Kate Birchmier | 37' 9.25"/11.51m | 2009 | 11-12 Year olds | Bloomfield |
| | Kate Birchmier | 42' 9"/13.03m | 2010 | 13-14 Year Olds | Bloomfield |
| | Kate Birchmier | 38' 11.25"/11.87m | 2013 | 15-16 Year Olds | Bloomfield |
| | Laura Kreiner | 42' 11.5"/13.09m | 1987 | 17-18 Year Olds | Clarion |
| Discus | Abby Emsick | 94' 2"/28.70m | 1995 | 11-12 Year olds | Council Bluffs |
| | Kate Birchmier | 120' 11"/36.86m | 2010 | 13-14 Year Olds | Bloomfield |
| | Kiana Phelps | 134' 6"/40.99m | 2013 | 15-16 Year Olds | Kingsley |
| | Stacey Anderson | 134' 0"/40.84m | 1997 | 17-18 Year Olds | Palmer |
| Hammer Throw | Mackenzie Goeller | 77' 10.25"/23.73m | 2016 | 15-16 Year Olds | Fairbank |
| | Shelby Gunnels | 76' 4"/23.27m | 2014 | 17-18 Year Olds | Solon |
| Javelin | Kenna McGee | 40' 8"/12.39m | 2012 | 8 and Under | |
| | Margaret Gorman | 75' 5"/22.99m | 2014 | 9-10 Year Olds | Cedar Rapids Track Club |
| | Gabbie Schroeder | 95' 2"/29.01m | 2016 | 11-12 Year olds | Iowa Speed Track Club |
| | Samantha Ford | 94' 10"/28.91m | 1995 | 13-14 Year Olds | Belle Plaine |
| | Gabbie Bullard | 100' 7.75"/30.68m | 2016 | 15-16 Year Olds | Iowa Speed Track Club |
| | Patricia Dietz | 108' 3.75"/33.01m | 2000 | 17-18 Year Olds | Glenwood |

GIRLS COMBINED EVENTS

| | | | | | |
|--------------|------------------|------|------|-----------------|------------------------|
| - Triathlon | Taylor Twedt | 1108 | 2004 | 9-10 Year Olds | Rockwell |
| - Pentathlon | Mackenzie Carney | 2586 | 2016 | 11-12 Year olds | Ames All-American TC |
| - Pentathlon | Taylor Twedt | 2978 | 2008 | 13-14 Year Olds | Rockwell |
| - Heptathlon | Lindsay Lettow | 4093 | 2005 | 15-16 Year Olds | WSTC - West Des Moines |
| - Heptathlon | Lauren Lindamen | 4218 | 2005 | 17-18 Year Olds | WSTC - West Des Moines |

BOYS TRACK EVENTS

| | | | | | |
|-------|-----------------|-------|------|----------------|------------------|
| 100 M | Aaron Smith | 14.63 | 2011 | 8 and Under | Des Moines Youth |
| | Matthew Goodwin | 13.49 | 2007 | 9-10 Year Olds | Ames Impact TC |

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|---------------|------------------------|----------|------|-----------------|------------------------|
| | David Ferguson | 12.40 | 1990 | 11-12 Year olds | Des Moines YMCA |
| tie | Jovon McGruder | 11.24 | 1998 | 13-14 Year Olds | Des Moines Panthers |
| | Doug Miller | | 1991 | | Mt. Pleasant |
| | Terry Gantt | 10.95 | 2002 | 15-16 Year Olds | Cedar Rapids |
| | Demichole Deeds | 10.62 | 2002 | 17-18 Year Olds | Des Moines |
| 200 M | Matthew Goodwin | 30.87 | 2005 | 8 and Under | Ames Impact TC |
| | Matthew Goodwin | 27.30 | 2007 | 9-10 Year Olds | Ames Impact TC |
| | Jovon McGruder | 25.06 | 1996 | 11-12 Year olds | DM Oakridge |
| | Jovon McGruder | 22.59 | 1998 | 13-14 Year Olds | Des Moines Panthers |
| | Terry Gantt | 22.19 | 2002 | 15-16 Year Olds | Cedar Rapids |
| | Demichole Deeds | 21.54 | 2002 | 17-18 Year Olds | Des Moines |
| 400 M | Preston Stensland | 1:10.16 | 2015 | 8 and Under | Ames All-American TC |
| | Aaron Smith | 1:05.12 | 2013 | 9-10 Year Olds | Iowa Core Elite |
| | Joe Gorsche | 56.52 | 2009 | 11-12 Year olds | Des Moines Track Iowa |
| | Joe Gorsche | 53.03 | 2011 | 13-14 Year Olds | Des Moines Track Iowa |
| | Aaron Stockstell | 49.92 | 2005 | 15-16 Year Olds | Cedar Valley TC |
| | Kaleb Van Cleave | 49.16 | 2011 | 17-18 Year Olds | Des Moines Youth |
| 800 M | Preston Stensland | 2:41.14 | 2015 | 8 and Under | Ames All-American TC |
| | Preston Stensland | 2:26.61 | 2016 | 9-10 Year Olds | Ames All-American TC |
| | Joe Gorsche | 2:15.10 | 2009 | 11-12 Year olds | Des Moines Track Iowa |
| | Joe Gorsche | 2:05.33 | 2011 | 13-14 Year Olds | Des Moines Track Iowa |
| | Matt Clark | 1:58.55 | 2002 | 15-16 Year Olds | Ames Impact |
| | Aaron Stockstell | 1:56.14 | 2006 | 17-18 Year Olds | Cedar Valley TC |
| 1500 M | Jonathan Owen | 6:00.83 | 2014 | 8 and Under | WSTC - West Des Moines |
| | Preston Stensland | 5:02.26 | 2016 | 9-10 Year Olds | Ames All-American TC |
| | Mitch Wink | 4:55.33 | 2005 | 11-12 Year olds | WSTC - West Des Moines |
| | David Zimmer | 4:28.96 | 2010 | 13-14 Year Olds | Mississippi Valley TC |
| | Thomas Pollard | 4:09.87 | 2013 | 15-16 Year Olds | Ames |
| | Darin Rippey | 4:12.50 | 1986 | 17-18 Year Olds | Des Moines YMCA |
| 3000 M | Mitch Wink | 10:26.14 | 2005 | 11-12 Year olds | WSTC - West Des Moines |
| | Tom Caughlan | 9:22.52 | 1993 | 13-14 Year Olds | Mason City |
| | Thomas Pollard | 9:01.00 | 2013 | 15-16 Year Olds | Ames |
| | Atem Akok | 9:02.11 | 2013 | 17-18 Year Olds | Perry |
| SteepleChase | Gable Sieperda | 6:58.92 | 2015 | 15-16 Year Olds | Rock Rapids |
| | Mike Ostreko | 6:54.89 | 1997 | 17-18 Year Olds | Des Moines Youth |
| 1500 M Walk | Danny Welp | 9:17.80 | 1989 | 9-10 Year Olds | Algona |
| | Alex Fagen | 8:31.94 | 2004 | 11-12 Year olds | WSTC - West Des Moines |
| 3000 M Walk | Alex Fagen | 17:27.55 | 2006 | 13-14 Year Olds | WSTC - West Des Moines |
| | Aaron Steadman | 15:52.00 | 1986 | 15-16 Year Olds | Cedar Rapids |
| 80 M Hurdles | Tamin Lipsey | 12.6 | 2015 | 11-12 Year olds | Ames All-American TC |
| 100 M Hurdles | Reed Vanderhetden | 14.23 | 2014 | 13-14 Year Olds | Mississippi Valley TC |
| 110 H Hurdles | Jordan Mullen | 14.76 | 2006 | 15-16 Year Olds | Elliott |
| | Chris Wycoff | 14.04 | 1993 | 17-18 Year Olds | Ames |
| 200 M Hurdles | Doug Dodd | 24.91 | 1987 | 13-14 Year Olds | Hampton |
| 400 M Hurdles | Greg Gaun | 56.14 | 1988 | 15-16 Year Olds | |
| | Blake Wilkerson | 55.10 | 1985 | 17-18 Year Olds | |
| 4 X 100 Relay | Central Iowa Excalibur | 68.26 | 2013 | 8 and Under | Des Moines |
| | Fort Dodge Comets | 58.57 | 2000 | 9-10 Year Olds | Fort Dodge |
| | Des Moines Velocity | 52.81 | 2005 | 11-12 Year olds | Des Moines |
| | Track Iowa | 47.64 | 2006 | 13-14 Year Olds | Des Moines |
| | Des Moines Velocity | 44.43 | 2008 | 15-16 Year Olds | Des Moines |
| | Track Iowa | 42.02 | 2003 | 17-18 Year Olds | Des Moines |
| 4 X 400 Relay | Des Moines Velocity | 4:50.14 | 2002 | 9-10 Year Olds | Des Moines |
| | Des Moines Velocity | 4:20.32 | 2005 | 11-12 Year olds | Des Moines |
| | Mississippi Valley TC | 3:44.09 | 2015 | 13-14 Year Olds | Bettendorf |
| | Ames Impact | 3:33.09 | 2002 | 15-16 Year Olds | Ames |
| | Des Moines Youth | 3:29.31 | 1996 | 17-18 Year Olds | Des Moines |
| 4 X 800 Relay | Ames Impact | 10:17.16 | 2001 | 11-12 Year olds | Ames |
| | CVTC/Mason City TC | 9:00.26 | 2002 | 13-14 Year Olds | Mason City |
| | Top of the State | 8:47.35 | 1993 | 15-16 Year Olds | Marshalltown |

Marshalltown 8:15.35 1987 17-18 Year Olds Marshalltown

BOYS FIELD EVENTS

| | | | | | |
|--------------|---------------------|--------------------|------|-----------------|---------------------------|
| Long Jump | Tamin Lipsey | 12' 8"/3.86m | 2011 | 8 and Under | Ames Impact TC |
| | Tamin Lipsey | 15' 11"/4.85m | 2013 | 9-10 Year Olds | Ames All-American TC |
| | Tamin Lipsey | 16' 5"/5.00m | 2014 | 11-12 Year olds | Ames All-American TC |
| | Doug Miller | 19' 9.5"/6.03m | 1991 | 13-14 Year Olds | Mt. Pleasant |
| | Kenny Gilmore | 20' 10.5"/6.36m | 2009 | 15-16 Year Olds | Mississippi Valley TC |
| | Mike Anderson | 22' 5.75"/6.85m | 1985 | 17-18 Year Olds | Waterloo |
| Triple Jump | Tom Kucera | 38' 6.75"/11.75m | 1994 | 13-14 Year Olds | Marne |
| | Jaron Van Maanen | 42' 4"/12.90m | 2002 | 15-16 Year Olds | Sully |
| | Quinton Musgrove | 43' 11.25"/13.39m | 2008 | 17-18 Year Olds | Mississippi Valley TC |
| High Jump | Robert Kampman | 4' 5"/1.35m | 1992 | 9-10 Year Olds | Forest City |
| | tie (Tamin Lipsey | 5' 0"/1.52m | 2013 | 11-12 Year olds | Ames All-American TC |
| | Nathan Ludwig) | | 1988 | | Forest City |
| | Jaron Van Maanen | 6' 0.5"/1.84m | 2000 | 13-14 Year Olds | Sully |
| | tie (Thomas Larson | 6' 6"/1.98m | 2008 | 15-16 Year Olds | Iowa United TC |
| | Jaron Van Maanen) | | 2001 | | Sully |
| | Pat Conlon | 6' 9"/2.06m | 1986 | 17-18 Year Olds | Clarion |
| Pole Vault | Koah Thompson | 6' 0.75"/1.85m | 2016 | 13-14 Year Olds | Central Iowa Excalibur TC |
| | Ben Burbach | 9' 10"/3.00m | 2014 | 15-16 Year Olds | Moville |
| | tie (Bob Edwards/ | 12' 0"/3.66m | 1986 | 17-18 Year Olds | Fort Dodge |
| | Chip Paip) | 12' 0"/3.66m | 1985 | | Paton Churdan |
| Shot Put | Brennan Lunde | 19' 3.5"/5.88m | 2016 | 8 and Under | Ames All-American TC |
| | Nick Phelps | 29' 8.25"/9.05m | 2009 | 9-10 Year Olds | Kingsley |
| | Ryan Lamparek | 43' 4.5"/13.22m | 2001 | 11-12 Year olds | Fairfax |
| | Matthew Webner | 50' 1.75"/15.28m | 2013 | 13-14 Year Olds | Panora |
| | Darryl Hunter | 51' 0.75"/15.56m | 2001 | 15-16 Year Olds | Des Moines Youth TC |
| | Brandon Franklin | 55' 1.5"/16.80m | 2003 | 17-18 Year Olds | Des Moines Youth TC |
| Discus | Travis Senters | 113' 4"/34.54 | 1988 | 11-12 Year olds | Iowa Falls |
| | Allan Walz | 161' 7"/49.25m | 1987 | 13-14 Year Olds | Bondurant |
| | Alex Goeller | 155' 1"/47.27m | 2010 | 15-16 Year Olds | Fairfield |
| | Chase Madison | 190' 7"/58.09m | 2003 | 17-18 Year Olds | Newton |
| Hammer Throw | Nick Phelps | 106' 9"/32.54m | 2015 | 15-16 Year Olds | Kingsley |
| | Jacob Barents | 135' 5"/41.28m | 2014 | 17-18 Year Olds | High Voltage Track Club |
| Javelin | Taylor Collins | 65' 1"/19.84m | 2013 | 8 and Under | Central Iowa Excalibur TC |
| | Taylor Collins | 91' 0"/27.74m | 2015 | 9-10 Year Olds | Central Iowa Excalibur TC |
| | Jon Williams | 130' 6"/39.78m | 2004 | 11-12 Year olds | Glenwood |
| | Drake Woody | 148' 2"/45.16m | 2016 | 13-14 Year Olds | Iowa Speed Track Club |
| | Steve Bintz | 158' 10.75"/48.43m | 2001 | 15-16 Year Olds | Dayton |
| | Jonathan Bednar | 174' 7"/53.21m | 2012 | 17-18 Year Olds | WSTC - West Des Moines |

BOYS COMBINED EVENTS

| | | | | | |
|--------------|-----------------|------|------|-----------------|----------------------|
| - Triathlon | Koa Thompson | 570 | 2013 | 9-10 Year Olds | Johnston Track Club |
| - Pentathlon | Tamin Lipsey | 2546 | 2015 | 11-12 Year olds | Ames All-American TC |
| - Pentathlon | Tyler Clark | 2737 | 2004 | 13-14 Year Olds | Ames Impact |
| - Decathlon | Zach Toomey | 5218 | 1997 | 15-16 Year Olds | West Des Moines |
| - Decathlon | Travis Geopfert | 6207 | 1996 | 17-18 Year Olds | Panora |