

# AMES AREA TRACK CLUB



**SATURDAY MAY 27<sup>TH</sup> 2017**  
**AMES HIGH SCHOOL STADIUM**

**FREE to all participants, No registration fee and No gate fee!**

\*No official times will be taken, Coaches/Parents are responsible for timing their own runners.

\*Ribbons to all participants in every event.

\*No Field Events contested at this meet, running events only.



## **SCHEDULE OF EVENTS**

*Girls followed by Boys in each age group, youngest to oldest*

# A

4:00pm Track opens for warmups  
5:00pm 1500m Run  
80m Hurdles (11-12yr) / 100m Hurdles (13-14yr)  
50m Dash (6-under)  
100m Dash  
800m Run  
200m Hurdles (13-14yr)  
400m Dash  
3000m Run (8-14yr)  
200m Dash

Questions: Contact Brett Carney at [BrettCarney10@gmail.com](mailto:BrettCarney10@gmail.com) or 515-203-9557