

DES MOINES AREA YOUTH TRACK CLUB

TRACK MEET

JUNE 3, 2017

NORTH HIGH SCHOOL

Grubb Stadium

501 Holcomb Street, Des Moines, IA 50313

**NO ONLINE REGISTRATION – ALL PARTICIPANTS MUST REGISTER
ENTER AND GO TO THE REGISTRATION TABLES.**

Registration: 7:45 A.M.

Field events: 9:15 A.M.

Running events: 10:00 A.M. (Timed Finals)

Cost: Athletes: \$5.00

Spectators: \$5 .00 per person; kids 5 and under free

Questions regarding the meet contact Phil Ferguson at 515-778-9055

Des Moines Area Youth Track Club 2017 June 3rd
 Order of Events USATF Junior Olympic Development
 Meet Running 10:00AM

1500 Meter Walk		A, B			
3000 Meter Walk		C,D,E			
3000 Meter Run		B, C,	D,	E	
100 Meter Dash	(Timed Finals)	SA, A,	B,	C,	D,E
200 Meter Hurdles	(Timed Finals)	C			
400 Meter Low Hurdles	(Timed Finals)	D, E			
4 x 800 Meter Relay	(Timed Finals)	B, C	D	E	
400 Meter Dash	(Timed Finals)	SA, A,	B,	C	D,E
Hurdles - 80, 100 Meter	(Timed Finals)	B, C	D,	E	
110 High Hurdles	(Timed Finals)		D,,	E	
200 Meter Dash	(Timed Finals)	SA, A,	B,	C	C
800 Meter Run		SA, A,	B,	C	C
4 x 100 Meter Relay		SA, A,	B,	C	C
1500 Meter Run		SA,A,	B	C	D, E
4 x 400 Meter Relay		SA, A,	B,	C	D, E

FIELD EVENTS

9:15am

Long Jump	SA, A, B, C, D, E
Triple Jump	C, D, E
We welcome anyone with expertise in the triple Jump to help OFFICIATE THIS EVENT.	
High Jump	A, B, C, D, E,
A girls& boys 3'	
B girls 3'4	
B boys 3'6	
C girls 3,8	
C boys 4'	
Shot Put	SA, A, B, C, D, E
Discus	B, C,D,E
Turbo/Aero Jav	SA, A, B
Javelin	C,D,E,

<u>Year Born</u>	<u>Age</u>	<u>Age Group</u>	
2009 and Later	8 and under	SA	Sub Bantam
2007 – 2008	9 - 10	A	Bantam
2005 – 2006	11 - 12	B	Midget
2003 – 2004	13 – 14	C	Youth
2001 – 2002	15 – 16	D	Intermediate
1999 – 2000	17 – 18	E	Young Men/Women