**2017 USATF JUNIOR OLYMPIC REGION 8 MEET INFORMATION**

**July 6-9, 2017**

**Thursday July 6, 2017:**

12:30 pm Decathlon Day 1 15-16B; 17-18M

1:00 pm Pentathlon 11-12G; 11-12B

1:30 pm Heptathlon Day 1 15-16G; 17-18W

**Friday July 7, 2017:**

10:00 am Pentathlon 13-14G; 13-14B

10:30 am Decathlon Day 2 15-16B; 17-18M

11:00 am Heptathlon Day 2 15-16G; 17-18W

1:30 pm Triathlon 9-10G; 9-10B

2:00 pm 1500 meter Race Walk 9-10G/B; 11-12G/B

2:30 pm 3000 meter Race Walk 13-14G/B; 15-16G/B; 17-18W/M

3:30 pm 2000 meter Steeplechase 15-16G; 17-18W

3:50 pm 2000 meter Steeplechase 15-16B; 17-18M

NOTE: Combined Events Races May Supersede Steeplechase Events

**Friday July 7, 2017 Field Events:**

**Hammer Throw Long Jump High Jump**

3:00 pm 15-16G; 17-18W 2:00 pm 8 & Under G/B 3:30 pm 11-12G/B

4:00 pm 15-16B; 17-18M 4:00 pm 9-10 G/B

**Saturday July 8, 2017 Track Events:**

9:00 am 100 prelims

10:20 am 4 x 800

10:50 am 80h/100h/110h prelims

11:35 am 4 x 100

12:35-1:05 pm BREAK

1:05 pm 400 (All groups – timed finals)

2:20 pm 1500 (All groups)

3:40 pm 200 prelims

**Saturday July 8, 2017 Field Events:**

**High Jump (2 Pits) Long Jump (2 Pits) Pole Vault (1 Pit)**

8:15 am 17-18 M/W 8:00 am 15-16 B/G 9:00 am 13-14 B, 17-18M, 15-16B

10:00 am 15-16 B/G 10:00 am 13-14 B/G (appropriate warmup between groups)

11:45 am - 12:15 pm Break 12:00-12:30 pm Break (PV workers 30 min. break after 17-18)

12:15 pm 9-10 B/G 12:30 pm 11-12 B/G

2:00 pm 13-14 B/G 2:30 pm 17-18 M/W

**Shot Put (2 Rings) Turbo Javelin Discus Throw**

8:00 am 8 & Under B/G 8:00 am 9-10 G 8:00 am 17-18 W

9:15 am 9-10 B/G 9:15 am 11-12 B 9:30 am 17-18 M

10:30 am 11-12 B/G 10:30 am 8 & Under B 11:00 am 15-16 G

12:00-12:30 pm Break 11:45 am -12:15 pm Break 12:30-1:00 pm Break

12:30 pm 13-14 B/G 12:15 pm 9-10 B 1:00 pm 15-16 B

2:00pm 17-18 B/G 1:30 pm 8 & Under G 2:30 pm 13-14 G

3:30 pm15-16 M/W 2:45 pm 11-12 G 4:00 pm 13-14 B

**Sunday July 9, 2017 Track Events:**

9:00 am 3000

10:40 am 80h/100h/110h final

11:05 am 100 final

11:40 am 800

12:55 pm 200 hurdles/400 hurdles

1:35 pm 200 final

2:05 pm 4 x 400

**Sunday July 9, 2017 Field Events:**

**Triple Jump Javelin Pole Vault**

8:30 am 17-18 M/W 8:00 am 13-14 G 9:00 am 13-14G, 15-16G, 17-18W

9:40 am 13-14 B; 15-16 B 9:00 am 13-14 B

10:50 am 13-14 G; 15-16 G 10:00 am 17-18 W

 11:00 am 17-18 M

**Discus Throw** 12:00 pm 15-16 B

9:15 am 11-12 G 1:00 pm 15-16 G

10:45 am 11-12 B

**Questions please contact:**

**Wisconsin: Region 8 Coordinator:**

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**NOTE: Shot Put time change for 15-16 and 17-18 (Revised 6-1-17)**

**Long Jump time change for 8 and Under and 9-10 (Revised 6-9-17)**