



Iowa City Youth Cross Country Meet

Hosted by Iowa Speed Cross Country Club

Date: Sunday October 29th, 2017

Location: Terry Trueblood Recreation Area, 579 McCollister Blvd, Iowa City, IA 52240
Overflow parking at Napoleon Park Softball complex (see map)

Course: A fast, wide mowed single track trail with exceptional footing creating a unique, challenging, & fast race! The Start/Finish will take place in the park. Natural obstacles exist such as winding trails, sand, logs, & a creek crossing. This will be a race the kids will not soon forget!

Entry Fee: Preregistration entered in the following link by 10/27 (\$5 raceday entry fee)

https://docs.google.com/spreadsheets/d/1YG_SBz_yXOOyJ5vFhdMcWvn-uU9V-nmYRiy1s5LFfvU/edit?usp=sharing

Registrations completed after 10/27 (\$10 raceday entry fee).

Checks payable to **Iowa Speed Cross Country Club**, (USATF membership is NOT required)

Registration: 11 AM (Closes at 12:30 pm) at Shelter 1. **First race at 1 pm.**

Races: We will begin with the 4 km race at 1 pm. Subsequent races will begin promptly after the last runner in the prior division has completed the course.

Genders will run together & results/awards will be sorted by age group & gender

Distance	Division	Birth Year
4 km	15-16 yo	2001 & 2002
4 km	13-14 yo	2003 & 2004
3 km	11-12 yo	2005 & 2006
3 km	9-10 yo	2007 & 2008
2 km	8 & Under	2009 & After

Division is determined by the age as of December 31st, 2017. Organizers will combine fields if necessary.

Awards: Individual awards given to top 10 finishers in each division.

Teams: Team awards given to the top team in each division. Team scores will be determined using the top 4 finishers in each division.

Meet Director: Josh Madsen, joshmadsen@fastmail.com

2017 Iowa City Youth Cross Country Meet Entry Form

Runners Name _____ Birth Date _____ Age as of 12/31/2017 _____

Address _____ City _____ State _____ Zip _____

Phone _____ Team Name _____ Gender: M or F

Waiver: In consideration of acceptance of this entry, I intend to be legally bound for myself, my heirs, executors, administrators to waive & release any rights & claims for damages I may have or that may have hereafter occur to me against the Iowa Speed Cross Country Club & the City of Iowa City in connection with the Cross Country Meet held at the Terry Trueblood Recreation Area.

Parent/Guardian Signature _____ Date _____

