





of Events

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General Information

Date:	Sunday, June 3, 2	2018
Location:	Johnston Middle School 6501 NW 62nd Ave. Johnston, IA 50131	
Registration:	\$5.00 athlete participation fee (pay the day of meet)	
Spectator Fee:	\$5.00 per person (kids 5 and under are FREE)	
Time:	11:30-12:30 p.m. Check-In (please pre-register online)	
		Check-In will remain open past 12:30 p.m.
	12:30 p.m.	Field events begin
	1:30 p.m.	Running events begin

Pre-Registration Link: http://www.aspimeetz.com/28125 **Registration Deadline:** Saturday, June 2, 2018 @ 11:00 p.m.

Order of Events (girls followed by boys)

Track Events	
4x800m Relay	B, C, D, E
80m Hurdles	В
100/110m Hurdles	C, D, E
100m Dash	SA, A, B, C, D, E
1500m Run	SA, A, B, C, D, E
4x100m Relay	SA, A, B, C, D, E
400m	SA, A, B, C, D, E
200m Hurdles	С
400m Hurdles	D, E
800m Run	SA, A, B, C, D, E
200m Dash	SA, A, B, C, D, E
3000m Run*	B, C, D, E
4x400m Relay	SA, A, B, C, D, E

* = All ages will likely be combined for the 3000m Run.

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced. Check-in for all running events will be on the infield.

Field Events

Long Jump (2 pits)	SA, A, B, C, D, E
High Jump	A, B, C, D, E
Discus	B, C, D, E
Shot Put	SA, A, B, C, D, E
Triple Jump	C, D, E
Javelin	SA, A, B, C, D, E

(Triple Jump will immediately follow long jump at the jumping pits) (Javelin will immediately follow discus at the throwing cages)

Age Groups

SA – 2010 or later (8 & under)

Age determined as of 12/31/2018

of Events means the maximum allowed number of events allowed for athletes in the age group

A - 2008-2009 (9-10)

B-2006-2007 (11-12)

C - 2004-2005 (13-14)

D - 2002-2003 (15-16)

E - 2000-2001 (17-18)

Field Event Check-In Locations

Long Jump: Located on the north side of the track - one pit for girls, one pit for boys (subject to change) High Jump: Located on the north side of the track in the infield Shot Put: Located east of the track (behind backstretch bleachers)

Discus: Located on the northeast side of the track

Javelin: Located on the northeast side of the track (same location as discus)

Contact Info

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