## General Information

Date: Thursday, May 24, 2018
Location: Johnston Middle School 6501 NW 62nd Ave. Johnston, IA 50131
Registration: $\quad \$ 5.00$ athlete participation fee (pay the day of meet)
Spectator Fee: $\quad \$ 5.00$ per person (kids 5 and under are FREE)
Time: $\quad$ 5:00-5:45 p.m. Check-In/On-Site Registration (pre-registration by team coach)
6:00 p.m. Relays begin
Pre-Registration Link: https://johnstonrunningclub.redpodium.com/jrcatc-relay-meet-may-24-2018

## Order of Events [girls followed by hoys]

Track Events
$4 \times 800 \mathrm{~m}$ Relay
$4 \times 200 \mathrm{~m}$ Relay
800 m Sprint Med.
1600 m Sprint Med.
4x100m Relay
4x400m Relay

SA, A, B, C, D, E
SA, A, B, C, D, E
SA, A, B, C, D, E
SA, A, B, C, D, E
SA, A, B, C, D, E
SA, A, B, C, D, E

Age Groups
Age Groups
SA - 2010 or later (8 \& under)
A - 2008-2009 (9-10)
B - 2006-2007 (11-12)
C - 2004-2005 (13-14)
D - 2002-2003 (15-16)
E-2000-2001 (17-18)

Age determined as of 12/31/2018
All events will be a timed final.
Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced.

Athletes are allowed to run up an age group if needed to complete a relay team.

## Concessions

Concessions will be available on site.

## Contagt Info

Britta Wey • Phone: (515) 770-2038 • E-mail: johnstonrunning@gmail.com

## Co-Host

The meet will be co-hosted by the Ankeny Track Club, which will also be providing volunteers for the event.


