

8 and Under Girls 2000 M Run

1	Sadie McCann	Westside TC	9:10.05
2	Madison Grover	Indianola	9:44.11
3	Emma Stanley	Ames TC	9:49.47
4	Simay Zhu	Ames TC	9:53.19
5	Briley VanDeer	Webster City Lynx TC	10:50.72
6	Kailey Gragen	Johnston Running Club	11:07.26
7	Miki Yakobsen	Ames TC	11:27.12
8	Ava McGinn	Johnston Running Club	11:55.02
9	Gabrielle Rettig	Ames TC	14:22.30
10	Alex Shonka	Unattached	14:28.31

8 and Under Boys 2000 M Run

1	Lars Hildebrand	Iowa Speed TC	8:21.00
2	Jake Robidoux	Ankeny TC	8:47.18
3	Artie Helmers	Ames TC	8:53.62
4	Jackson Olmstead	Webster City Lynx TC	9:03.70
5	Dane Hansen	Webster City Lynx TC	9:32.13
6	Lennox Croatt	Unattached	9:42.95
7	Jonathan Stein	Ames TC	9:57.20
8	Briggs Canton	Iowa Speed TC	9:59.00
9	Ty Bingham	Webster City Lynx TC	10:45.10
10	Brokk Canton	Iowa Speed TC	11:19.24
11	Dashtyn Caskey	Iowa Speed TC	11:39.86
12	Arslan nebbe	Ames TC	11:44.15
13	Thomas Rulli	Johnston Running Club	19:48.17

9 -10 Girls 3000 M Run

1	Greta Bergman	Westside TC	12:30.62
2	Kylee Patterson	Ankeny TC	12:54
3	Reagan Reuter	Westside TC	13:21.30
4	Laila Fisher	Unattached	13:33.05
5	Lauren Risdal	Ames TC	13:33.10
6	Tierney Carter	Unattached	14:02.07
7	Addison Lundahl	Ankeny TC	14:07
8	Veronica Eure	Westside TC	14:25.67
9	Laura Chen	Ames TC	14:30.43
10	Emma Reaman	Ankeny TC	14:32
11	Ella Schumacher	Unattached	14:33.64
12	Kenzie Craven	Johnston Running Club	14:36.65
13	Sydney Wass	Tigers TC	14:18.60
14	Evelyn Biehn	Ames TC	15:16.10
15	Siena Evans	Unattached	15:31.18
16	Abby Drosieko	Ankeny TC	15:33
17	Emma Semrow	Ankeny TC	15:44
18	Mia Curry	Johnston Running Club	15:45.04
19	Kate Truman	Iowa Speed TC	15:55.45
20	Zoe Brock	Ames TC	16:42.66
21	Avryana Williams	Ankeny TC	17:36

9 -10 Boys 3000 M Run

1	Jaden Merrick	Iowa Speed TC	10:38.00
2	Ethan Truman	Iowa Speed TC	11:36.52
3	Jacob Madsen	Iowa Speed TC	11:54.01
4	Kellen Tuyls	Westside TC	11:59
5	Zachary Lankaitis	Ames TC	12:01
6	Cade Miller	Westside TC	12:02
7	Brandon McLaughlin	Westside TC	12:09
8	Siray Zhu	Ames TC	12:12
9	Carter Hoskins	Westside TC	12:12
10	Brett Postel	Johnston Running Club	12:14
11	Brant Kron	Westside TC	12:35
12	Joseph McLaughlin	Westside TC	12:39
13	Kaden Gatton	Johnston Running Club	12:51
14	Andrew Reaman	Ankeny TC	12:55.30
15	Ariel Castillo	Ames TC	13:03
16	Owen Bell	Tigers TC	13:05.07
17	Owen barber	Johnston Running Club	13:07
18	Levi Foster	Ankeny TC	13:10.77
19	Harrison Laug	Unattached	13:15.00
20	Chasen Caskey	Iowa Speed TC	13:20.42
21	Samuel Sadow	Ames TC	13:21
22	Nathan Wardell	Webster City Lynx TC	13:47.66
23	Skyler Wade	Ames TC	14:02
24	Erik Anderson	Ames TC	14:12
25	Sam Hostetter	Ames TC	14:12
26	Jacob Foudree	Westside TC	14:19
27	Adam Wey	Johnston Running Club	14:25
28	Luke Blake	Webster City Lynx TC	15:00.97
29	James Xing	Ames TC	15:07
30	Buck Pattinson	Johnston Running Club	15:12
31	Zane Goodpaster	Webster City Lynx TC	15:38.12
32	Logan Williams	Johnston Running Club	15:48
33	Jude Jones	Ames TC	16:11
34	TJ Barbier	Ames TC	16:11
35	Spencer Carleton	Ankeny TC	16:52.00
36	Nicholas Smith	Ankeny TC	16:54.65
37	Jacob Helfer	Ames TC	17:26
38	Ethan Stein	Ames TC	17:35

11 -14 Girls 3000 M Run

1	Taylor Kvale	Tigers TC	11:05.00
2	Taylor Judas	Unattached	11:21.05
3	Claire Helmers	Ames TC	11:51.09
4	Samantha Craven	Johnston Running Club	12:13
5	Olivia Verde	Johnston Running Club	12:17
6	Brooklyn Francis	Tigers TC	12:21.38
7	Cohen Kooker	Westside TC	12:35.82
8	Jasmine Ortega	Iowa Speed TC	12:40.28
9	Kiera Hess	Iowa Speed TC	12:43.66
10	Marley Turk	Ames TC	12:45.11
11	Asta Hildebrand	Iowa Speed TC	12:48.71
12	Asabelle Arce	Unattached	12:50.59
13	Addi Carter	Unattached	12:51.88
14	Anja Peck	Ankeny TC	12:56
15	Ava Thornton	Johnston Running Club	13:12
16	Kate Rastetter	Johnston Running Club	13:17
17	Camden Hershberger	Ankeny TC	13:18
18	Cali Trygstad	Westside TC	13:18.38
19	Ava Lensch	Ankeny TC	13:20
20	Sydney Turk	Ames TC	13:22.96
21	Ava Rounds	Ankeny TC	13:28
22	Tatum Bremner	Johnston Running Club	13:30
23	Ashley Schipper	Tigers TC	14:34.43
24	Caraline Hertz	Ames TC	14:45.95
25	Jhalle Ouellette	Ankeny TC	14:52
26	Claire Miner	Johnston Running Club	14:54
27	Abbi Brown	Ankeny TC	15:28

11 -14 Boys 3000 M Run

1	Logan Grover	Indianola	11:20.00
2	Jack Bergman	Westside TC	11:26
3	Mason Back	Unattached	11:38
4	Jacques Attinger	Ames TC	11:44
5	Charley Bennett	Unattached	11:48.21
6	Jonathan Owen	Westside TC	11:49
7	Ty Rounds	Ankeny TC	11:51
8	Adrian Brown	Johnston Running Club	11:59
9	London Hershberger	Ankeny TC	11:59
10	Weston Koch	Iowa Speed TC	12:00.90
11	Isaac Biehn	Ames TC	12:02
12	Collin Houg	Johnston Running Club	12:05
13	Luke Hayes	Westside TC	12:09
14	Brayden Vander Wilt	Ankeny TC	12:15
15	Levi Hill	Ankeny TC	12:33
16	Will Reaman	Ankeny TC	12:34
17	Owen Patterson	Webster City Lynx TC	12:41.00
18	Alexander Baker	Westside TC	12:45
19	JJ McLaughlin	Johnston Running Club	12:50
20	Liam Hostetter	Unattached	12:50.99
21	Bennett Blakeslee	Ankeny TC	12:54
22	Tiago Colton	Ames TC	13:00
23	Elias Thompson	Ames TC	13:01
24	Jack Meyer	Johnston Running Club	13:10
25	Sam O'Hair	Tigers TC	13:20.50
26	Vibu Gantalamohini	Ankeny TC	13:27
27	Ben Tokheim	Johnston Running Club	13:40
28	Ben Barber	Johnston Running Club	13:42
29	Spencer Hostetter	Ames TC	13:45
30	Orman Levi	Westside TC	13:52
31	Corbin Kleis	Johnston Running Club	13:53
32	Rex Smith	Tigers TC	14:01.34
33	Brayden Moore	Webster City Lynx TC	14:06.55
34	Alex Buch	Ankeny TC	14:07
35	Trevor Felgate	Westside TC	14:16
36	Will Geisler	Ames TC	14:46
37	Neil Hoenicke	Ankeny TC	14:48
38	Eric Zmolek	Ames TC	14:49
39	Elijah Schumacher	Unattached	15:12.16
40	Alex Gatiba	Ames TC	15:42
41	Kiki Young	Westside TC	15:50
42	Sully Enfield	Ames TC	16:11
43	Andrew Kaprich	Ankeny TC	17:40