

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Triathlon****Triathlon 9-10 Division Girls**

	Points	200	SP	HJ

1 Huether, Frankie		30.59	5.18m	1.23m
Turbo Track Club		NWI	17-00	4-00.5
	1002	(442)	(220)	(340)

2 Grover, Madison		DNF	ND	0.80m
I-Run				2-07.5
	16	(0)	(0)	(16)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex
Results - Outdoor Pentathlon****Outdoor Pentathlon 11-12 Division Girls**

	Points	80H	SP	HJ	LJ	800
1 McNaughton, Holly 40-Unattached	1637	18.44 NWI (325)	6.71m 22-00.25 (316)	1.20m 3-11.25 (312)	4.15m NWI (343)	3:02.59 (341)
2 Fisher, Laila Mvp Track & Field Club	1622	17.37 NWI (430)	6.31m 20-08.5 (291)	1.20m 3-11.25 (312)	3.40m NWI (180)	2:55.41 (409)
3 Mottet, Sammie 40-Unattached	1336	16.71 NWI (502)	5.09m 16-08.5 (214)	1.15m 3-09.25 (266)	3.51m NWI (202)	3:27.53 (152)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex
Results - Outdoor Pentathlon****Outdoor Pentathlon 13-14 Division Girls**

	Points	100H	SP	HJ	LJ	800
1 Johnson, Arriana		16.89	7.53m	1.31m	4.29m	2:57.07
Central Iowa Excaliburs T		NWI 24-08.5	4-03.5	NWI		
	2166	(609)	(369)	(419)	(376)	(393)
2 Gonzalez, Kaiya		18.88	8.95m	1.26m	3.75m	3:08.42
Central Iowa Excaliburs T		NWI 29-04.5	4-01.5	NWI		
	1775	(402)	(461)	(369)	(252)	(291)
3 Ragins, Gabriella		24.78	10.14m	1.21m	3.38m	3:18.99
Mississippi Valley Track		NWI 33-03.25	3-11.5	NWI		
	1275	(30)	(539)	(321)	(176)	(209)
4 Williams, Olivia		22.08	4.37m	1.31m	2.97m	3:15.37
40-Unattached		NWI 14-04	4-03.5	NWI		
	1079	(153)	(169)	(419)	(102)	(236)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Heptathlon****Heptathlon 15-16 Division Girls**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Pacha, Kelsey		15.95	1.52m	9.26m	27.94		4.84m	21.22m	2:34.90
Iowa Speed Track &		NWI	4-11.75	30-04.75	NWI		NWI	69-07	
	3942	(720)	(644)	(481)	(636)	2481	(516)	(312)	(633)
2 Williams, Lillia		19.71	1.31m	6.14m	28.35		4.52m	19.48m	3:04.26
40-Unattached		NWI	4-03.5	20-01.75	NWI		NWI	63-11	
	2669	(327)	(419)	(280)	(604)	1630	(433)	(279)	(327)
3 Albright, Paige		19.81	1.34m	7.01m	29.53		4.13m	19.25m	2:55.89
Iowa Speed Track &		NWI	4-04.75	23-00	NWI		NWI	63-02	
	2635	(318)	(449)	(336)	(515)	1618	(338)	(275)	(404)
4 Reakes, Abby		21.86	1.55m	7.71m	29.07		4.13m	22.98m	3:26.10
Mississippi Valley		NWI	5-01	25-03.5	NWI		NWI	75-05	
	2617	(166)	(678)	(381)	(549)	1774	(338)	(344)	(161)
5 McNaughton, Lillian		17.92	1.31m	8.02m	29.33		ND	22.16m	2:58.87
40-Unattached		NWI	4-03.5	26-03.75	NWI			72-08	
	2552	(497)	(419)	(401)	(530)	1847	(0)	(329)	(376)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Heptathlon****Heptathlon 17-18 Division Women**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Moore, Mya		15.70	1.46m	7.27m	27.54		4.46m	19.42m	2:43.50
Central Iowa Excali		NWI	4-09.5	23-10.25	NWI		NWI	63-08	
	3577	(751)	(577)	(352)	(668)	2348	(418)	(278)	(533)
2 Smith, Rachel		17.83	1.40m	9.32m	29.33		4.66m	22.78m	3:01.60
40-Unattached		NWI	4-07	30-07	NWI		NWI	74-09	
	3193	(506)	(512)	(485)	(530)	2033	(469)	(341)	(350)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Triathlon****Triathlon 9-10 Division Boys**

	Points	400	SP	HJ

1 Bergkamp, Josh		1:12.01	6.03m	1.14m
Central Iowa Excaliburs Trac			19-09.5	3-08.75
	503	(99)	(251)	(153)

2 McNaughton, Chase		1:16.76	5.32m	1.29m
40-Unattached			17-05.5	4-02.75
	483	(30)	(209)	(244)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Outdoor Pentathlon****Outdoor Pentathlon 11-12 Division Boys**

		Points	80H	SP	HJ	LJ	1500

1	Minear, Jaxson		13.88	8.54m	1.32m	3.94m	5:51.56
	Central Iowa Excaliburs T		NWI 28-00.25	4-04	NWI		
		1926	(769)	(398)	(263)	(196)	(300)

2019 USATF Iowa Association Junior Olympic Track & Field Championship - 6/15/**Cyclone Sports Complex****Results - Outdoor Pentathlon****Outdoor Pentathlon 13-14 Division Boys**

		Points	100H	SP	HJ	LJ	1500

1	Folkerts, Drew		19.47	6.26m	1.37m	4.14m	5:23.39
	Des Moines Area Youth TC		NWI	20-06.5	4-06	NWI	
		1615	(392)	(264)	(297)	(229)	(433)

Results - Decathlon

Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
	12.18	5.37m	8.53m	1.46m	58.10	21.77	24.73m	2.45m	36.54m	5:06.92
	NWI	NWI	28-00	4-09.5		NWI	81-02	8-00.5	119-10	
4038	(616)	(455)	(398)	(360)	(480) 2309	(223)	(362)	(231)	(392)	(521)

Decathlon 17-18 Division Men

		Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Heitz, Lucas		12.07	5.57m	10.45m	1.61m	56.00		15.60	23.73m	2.55m	25.79m	5:07.31
40-Unattached		NWI	NWI	34-03.5	5-03.25			NWI	77-10	8-04.25	84-07	
		4809	(637)	(496)	(513)	(472)	(559) 2677	(778)	(343)	(253)	(240)	(518)
2 Minear, Chantz		12.29	5.38m	8.70m	1.55m	55.77		15.59	ND	2.85m	24.27m	5:17.60
Central Iowa Excaliburs Trac		NWI	NWI	28-06.5	5-01			NWI		9-04.25	79-07	
		4237	(595)	(457)	(408)	(426)	(568) 2454	(780)	(0)	(321)	(219)	(463)
3 Paskach, Lucas		12.22	5.86m	9.76m	1.70m	55.54		DNF	ND	NH	ND	DNF
Central Iowa Excaliburs Trac		NWI	NWI	32-00.25	5-07							
		2756	(608)	(556)	(471)	(544)	(577) 2756	(0)	(0)	(0)	(0)	(0)
4 Thompson Jr, Edward		DNF	2.25m	ND	NH	DNF		DNF	ND	NH	ND	DNF
Central Iowa Excaliburs Trac			NWI									
		1	(0)	(1)	(0)	(0)	(0) 1	(0)	(0)	(0)	(0)	(0)