

SUNDAY, JUNE 15**TRACK EVENTS - 9:00 AM**

3000 Meter Walk	
4 X 800 Meter Relay	(Finals)
800 Meter Run	
Hurdles - 80 Meters (8 - 30")	(Finals)
100 Meters (10 - 30")	(Finals)
100 Meters (10 - 36")	(Trials)
100 Meters (10 - 33")	(Trials)
110 Meters (10 - 39")	(Trials)

Open and Masters Hurdles will be mixed in at appropriate distance/height and will run before youth respectively

100 Meter Dash	
100 Meter Dash	(Finals)
3000 Meter Run	
200 Meter Hurdles (5 - 30")	(Finals)
300 Meter Hurdles	
400 Meter Hurdles	
Hurdles - 400 Meter (10 - 30")	(Finals)
400 Meter (10 - 36")	(Finals)
200 Meter Dash	
200 Meter Dash	(Finals)

ELIGIBLE PARTICIPANTS:

Masters
11-12, 13-14, 15-16, 17-18 (Girls & Boys)
Open/Masters
11-12 (Girls & Boys)
13-14 (Girls)
13-14 (Boys)
15-16, 17-18 (Girls)
15-16, 17-18 (Boys)
Open/Masters
All (Girls & Boys)
Open/Masters
13-14 (Girls & Boys)
Open/Masters
Open/Masters
15-16, 17-18 (Girls)
15-16, 17-18 (Boys)
Open/Masters
All (Girls & Boys)

OFFICIAL BREAK - FUN RUN

400 Meter Dash		Open/Masters
400 Meter Dash	(Finals)	All (Girls & Boys)
1500 Meter Run		Open/Masters
1500 Meter Run	(Finals)	All (Girls & Boys)
4 X 400 Meter Relay	(Finals)	All (Girls & Boys)
2000 Steeplechase		Open/Masters

FIELD EVENTS

Long Jump	8:30 AM
Pole Vault	9:30 AM
High Jump	9:00 AM
**Triple Jump (after Long Jump)	

ORDER OF COMPETITION:

15-16, 17-18 (Girls), 15-16, 17-18 (Boys), Open/Masters
13-14, 15-16, 17-18, open/Masters (Female, Male – all together)
Open/Masters
13-14, 15-16, 17-18 (Girls), 13-14, 15-16, 17-18 (Boys), Open/Masters

Throws – Open Masters

Javelin	9:00 AM
Shot Put	(follows Javelin)
Discus	(follows Shot Put)
Hammer Throw	(follows Discus)